



The Association  
for Child and Adolescent  
Mental Health



## Gender in 2017: Meeting the needs of gender diverse children and young people with mental health difficulties

Thursday 12 October 2017 / 09.00 - 16.30 / Bristol  
Engineers' House, The Promenade, Clifton Down, Bristol BS8 3NB

This topical conference will be exploring the links between mental health and gender diversity. We will be hearing from nationally acclaimed speakers who will be sharing messages from their research and clinical practice about the context of young people exploring gender issues, and ways of meeting their psychological, social and medical needs.

These keynote speeches will be complemented by a range of practical workshops to enable clinicians to explore different aspects of work with this client group, alongside discussing dilemmas from their own clinical practice.

**£100**  
ACAMH members

**£140**  
Non-members

**£50**  
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Memberships  
from  
**11p**  
a day

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## Speakers

### Dr Polly Carmichael

*Consultant Clinical Psychologist - Gender Identity Development Service Director*

*Gender Identity Development Service (GIDS)*

Dr Carmichael joined the GIDS in 2001 and was appointed Director of the service in 2009. Under Dr Carmichael's Directorship the service has grown and developed. The service is committed to equity of access with a second centre established in Leeds and regular outreach around the UK, including Exeter and Bristol.

Dr Carmichael is keen to raise awareness and understanding of the particular issues young people experiencing gender dysphoria face and to this end she regularly takes part in training events around the country, particularly in collaboration with the third sector. Since 1997 Dr Carmichael has also worked at Great Ormond Street Hospital for Children NHS foundation Trust where she is part of a well established multi-disciplinary team specialising in differences of sex development (DSD), otherwise referred to as intersex, conditions.

Dr Carmichael has a particular interest in research with extensive experience in both paediatrics and gender dysphoria. She is an active member of a European network of health specialists collaborating to further research to inform health care provision for young people with gender dysphoria. Other important research activities include evaluation of physical treatments in the early stages of puberty and a recent UK surveillance study looking at the incidence of gender dysphoria in young people.

### Dr Ruth Bevan

*Consultant in Gender Dysphoria in the Northern Region  
Gender Dysphoria*

Ruth is trained as a Psychiatrist in Intellectual Disabilities and has previously worked in Children and Young People's Services. She has a special interest in gender dysphoria in those with an intellectual disability and/or Autism Spectrum Disorder, and is particularly interested in the complex interplay between Autism, identity and gender. Ruth currently researches, teaches and presents on this issue and is member of The Royal College of Psychiatrist's Autism Interest Group.

### Dr Jay Stewart

*Director/Co-founder of Gendered Intelligence;  
Consultant, Trainer, Mentor and Project Leader*

Jay Stewart has been involved in the trans community since 2002 and delivered his first arts-based project for young trans people in 2004. Since then, he's been passionate about improving the lives of trans and gender questioning people, especially young people.

In 2008, he co-founded Gendered Intelligence alongside Dr Catherine McNamara and now acts as its CEO. Gendered Intelligence provides activities, support, training and resources for the trans community and all those who work with or support trans people.

Jay Stewart's PhD was carried out in the department of Visual Cultures at Goldsmiths College. The thesis is entitled "Trans on Telly: Popular Documentary and the Production of Transgender Knowledge" and explores understandings of trans identities through mainstream televisual documentaries. He was awarded an MBE in the 2014 New Year's Honours List for services to the trans community.

## Workshop details: Participants to choose ONE from each group

### Workshop A: 13.45

1. Assessment, treatment and support for gender diverse young people and their families: a local and national perspective.  
Dr Tilly Langton and Garry Richardson
2. Systemic Approaches to working alongside trans, non-binary and gender diverse young people  
Amanda Middleton
3. Physical treatments for gender dysphoria  
Dr Ruth Bevan
4. Working with groups of gender diverse young people, parents and communities  
Dr Jay Stewart and local facilitator

### Workshop B: 15.00

1. Assessment, treatment and support for gender diverse young people and their families: a local and national perspective.  
Dr Tilly Langton and Garry Richardson
2. Systemic Approaches to working alongside trans, non-binary and gender diverse young people  
Amanda Middleton
3. Working from a Psychoanalytic Perspective with Gender Diverse Young People in CAMHS  
Dr Tessa Weir Jeffery - Child and Adolescent Psychotherapist
4. Working with groups of gender diverse young people, parents and communities  
Dr Jay Stewart and local facilitator

## About the workshop presenters

Dr Tilly Langton (Clinical Psychologist) and Garry Richardson, Specialist Social Worker - The Tavistock and Portman NHS Foundation Trust (South West region) GID service

Dr Jay Stewart (Director/Co-founder of Gendered Intelligence) and a member from the Bristol Gender Identity Team

Dr Ruth Bevan, Consultant in Gender Dysphoria in the Northern Region Gender Dysphoria Service based in the North East of England

Amanda Middleton, Associate Relationship Therapist at The Pink Practice, Principal Lecturer in Systemic Practice at The University of Bedfordshire and Clinical Associate and Trainer for Pink Therapy

Dr Tessa Weir Jeffery, Child & Adolescent Psychotherapist – North Bristol Child and Mental Health Service

## Programme

- 09.00 Registration with tea & coffee on arrival
- 09.30 Welcome address by Philippa Beale, Avon ACAMH committee member
- 09.35 What is gender? Young people's film – The Freedom Group, Bristol
- 09.45 Developments and dilemmas: Working with gender diverse children and young people in a rapidly changing context  
Dr Polly Carmichael
- 10.40 Break
- 11.00 Gender Dysphoria, Autism and Intellectual Disability- Exploring the links between the spectra  
Dr Ruth Bevan
- 11.50 Transgender communities and identity  
Dr Jay Stewart
- 12.45 Lunch
- 13.45 Workshop A  
Choose from a selection of 4 workshops detailed opposite
- 14.45 Break
- 15.00 Workshop B  
Choose from a selection of 4 workshops detailed opposite
- 16.00 Question and answer session chaired by Dr Tessa Weir Jeffery
- 16.30 Conference close



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TO BOOK YOUR PLACE, PLEASE COMPLETE AND RETURN THIS FORM TO:

REF: 767

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Limited car parking is available  
Fees include conference materials, lunch and refreshments. Please note that ACAMH will be audio recording the speakers at this event.

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[www.acamh.org/events](http://www.acamh.org/events)

## Booking form

### PERSON ATTENDING

Title  PROFESSOR  DR  MR  MRS  MS  MISS

Job title

Name

Dietary requirements

Organisation

### PERSON MAKING THE BOOKING (IF DIFFERENT FROM PERSON ATTENDING)

Title

Job title

Name

Organisation

Contact Number

### CONTACT DETAILS OF PERSON ATTENDING

Address type  WORK  HOME

Address

Postcode

Email

Telephone

### PAYMENT

£100 ACAMH Member  £140 Non Member  £50 Student/Retired Member  £170 includes event & ACAMH BRONZE Membership

Cheque  
I enclose a cheque made payable to ACAMH

Invoice payment  
Invoice can only be issued on receipt of an official purchase order, clearly indicating purchase order number and paying body. Invoice requests without relevant documentation will be returned.

Card Payment  VISA  MASTERCARD  EUROCARD  MAESTRO  ELECTRON  AMEX  
For your own security please do not send any credit card details via email.

Name on card

Card number

Expiry date

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Billing address

Cardholder's signature

Date

Closing date: 9 October 2017. Early application is advised. Confirmation will be mailed out to all delegates who enclose their fee/invoice order. If you have not received confirmation at least one week before the event please contact the Conference Department. Do not turn up on the day without having received confirmation.

Cancellation policy: cancellations received a month in advance of the event will be refunded in full less a £10 administration charge; cancellations received after this date will receive no refund. Data Protection Act: by signing this application, I agree to ACAMH keeping data about me for the administration of training courses and conferences. All data held by ACAMH is not revealed to any individual or organisation other than that required by statute.



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Physical treatments for gender dysphoria

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Bristol: Working with groups of Gender Diverse young people, parents and Communities

Dr Jay Stewart and local facilitator

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