



The Association  
for Child and Adolescent  
Mental Health



**£135**  
ACAMH members  
**£185**  
Non-members

## Intellectual Disabilities Masterclass: Key Issues for practitioners in Autism and Intellectual Disability

Tuesday 26 September 2017 / 09.00 - 17.00 / London

Montague on the Gardens, 15 Montague St, Bloomsbury, London WC1B 5BJ

This masterclass will address, through presentation, case studies, and workshops in small groups, key issues for health practitioners who work with children and young people with intellectual disability (ID).

ACAMH  
Membership  
available from  
**22p a day!**

[www.acamh.org](http://www.acamh.org)

Approximately one in seven children with an impairing mental health disorder has intellectual disability (ID). Despite the ubiquity of ID, many clinicians are less confident in the assessment and management of mental disorders in youth with ID. There is a very limited evidence base specific to mental health interventions for children with ID and NICE guidelines generally recommend the same interventions identified for typically developing children.

Key to determining how to modify assessment and management is a good understanding of the child's developmental level and communication ability. Medication should be selected carefully with a view to co-existing conditions, drug interactions and the greater sensitivity to adverse effects of children with ID.

The high prevalence of ID amongst youth with mental health problems suggests that all mental health professionals should have competence in working with youth with milder levels of ID.

## About the day

Whilst it will primarily focus on practice issues that concern mental health practitioners (CAMH workers of all disciplines) it is likely to be useful for health alliance professionals in community and specialist child health services. The range of topics addressed will cover from identification of ID and associated mental disorders/ challenging behaviours to assessment and intervention issues, working with families and service related issues.

The speakers will provide a resource pack of relevant materials. The attendees will have the opportunity to discuss with the speakers and other participants complex cases in their practice. They will be encouraged to bring case studies with them to facilitate the group-based workshops on the day.

Topics of the talks will focus on:

- Specialist skills and adaptations required in the assessment and management of highly prevalent mental disorders in children with ID
- Behavioural modification and effective treatment of comorbidity being the first choice for addressing behaviours that challenge. Polypharmacy should be avoided as more sensitivity to side effects in ID.
- CAMHS practitioners should develop competence in managing those with mild ID whereas early access to more specialist CAMHS for the more severe and complex cases is recommended.

## Programme

09.30 - 10.00

Registration and introduction

10.00 - 10.30

Identification of intellectual disability in young people who present to CAMHS

10.30 - 11.00

Assessment of mental disorders in children/ YP with ID with or without ASD

11.00 - 11.15

Coffee break

11.15 - 12.30

Assessment workshop – please bring along clinical cases with ID with or without autism from your clinical practice

12.30 - 13.30

Lunch

13.30 - 14.15

Interventions for behaviours that challenge. Working with parents, carers and teachers

14.15 - 15.00

Pharmacological treatments of psychiatric disorders and problem behaviours

15.00 - 15.15

Coffee break

15.15 - 16.00

Intervention workshop – please bring along clinical cases with ID with or without autism from your practice

16.00 - 16.30

Concluding comments and discussion of wider service issues

## Networking

ACAMH conferences present a fantastic opportunity to network with your peers over lunch and coffee and start networking before the event.



@acamh



/acamh



/acamh

## About the speakers

**Professor Emily Simonoff MD, FRCPsych**  
**Professor of Child and Adolescent Psychiatrist**

Emily is Professor of Child and Adolescent Psychiatry at the Institute of Psychiatry, King's College London, and also is Head of the Department. She studied Psychology and Social Relations and then Medicine at Harvard University. After qualifying she moved to train at the Maudsley Hospital and MRC Child Psychiatry Unit at the Institute of Psychiatry, London, where she trained in general and child psychiatry.

Following a Wellcome Clinical Training Fellowship in child psychiatry and genetics, she became MRC Senior Scientists in child psychiatry and genetics at the Institute of Psychiatry. She was appointed Professor of Child and Adolescent Psychiatry at Guy's King's and St Thomas' Hospital Medical school, King's College London in 1998 and Professor of Child and Adolescent Psychiatry at the Institute of Psychiatry in 2002.

Her current role includes that of academic lead for the Child Mental Disorders Clinical Academic Group in King's Health Partners, the academic health sciences centre for King's College London.

Her clinical interests are neurodevelopmental disorders and psychiatric disorders in children with intellectual disability. She co-leads a clinic with referrals across the UK assessing and treating children and adolescents with complex neurodevelopmental disorders including autism, ADHD and intellectual disability. She has served as panel member for the National Institute of Health and Clinical Excellence (NICE) on both childhood autism guideline groups.

Her research interests focus on the interface among neurodevelopmental disorders, especially autism, ADHD and intellectual disability. She leads and is involved with studies of both epidemiological and clinical populations that include from research involving underlying disease mechanisms, longitudinal developmental cohorts and clinical trials.

**Dr Iris Rathwell MD, MRCPsych**  
**Consultant Child & Adolescent Psychiatrist**

Dr Rathwell currently works with the national and specialist service for complex autism and neuro developmental disorders. She has been a consultant child and adolescent psychiatrist since 2004 having worked for most of her consultant career with the Maudsley Hospital. Together with Professor Simonoff, she leads a team that focuses on specialist assessments and management of challenging behaviours and complex presentations of autism, ADHD, learning disability and other brain related disorders.

She has accumulated expertise in specialist assessments of complex autism particularly when this is associated with additional neuropsychiatric or other mental disorders. She has also developed expertise in pharmacological management of psychiatric disorders and/or problem behaviours when they occur in the presence of autism, ADHD or other neuro developmental disorder.

Dr Rathwell has collaborated in a number of research projects carried out by the Institute of Psychiatry primarily in the area of autism. She is an established trainer of psychiatrist trainees and teaches on a number of graduate and postgraduate programmes including Master Degree courses at Kings College.

Dr Rathwell is a clinical and academic tutor for the MSc postgraduates in Child and Adolescent Mental Health at the Institute of Psychiatry. Dr Rathwell represents the department in a number of committees and multi-organisational development programmes. She chairs the Medical Advisory Committee and Drugs and Therapeutic Committee.



# Intellectual Disabilities Masterclass: Key Issues for practitioners in Autism and Intellectual Disability

Tuesday 26 September 2017 / 09.00 - 17.00 / London

Montague on the Gardens, 15 Montague St, Bloomsbury, London WC1B 5BJ

TO BOOK YOUR PLACE, PLEASE COMPLETE AND RETURN THIS FORM TO:

REF: 783

ACAMH Conferences  
St Saviour's House  
39-41 Union Street  
London SE1 1SD, UK

T +44 (0)20 7403 7458  
F +44 (0)20 7403 7081  
events@acamh.org

Limited car parking is available  
Fees include conference  
materials, lunch and refreshments.  
Please note that ACAMH will be audio  
recording the speakers at this event.

To read more about this  
and future events visit  
[www.acamh.org/events](http://www.acamh.org/events)

## Booking form

PERSON ATTENDING

PERSON MAKING THE BOOKING (IF DIFFERENT FROM PERSON ATTENDING)

<p>Title <input type="checkbox"/> PROFESSOR <input type="checkbox"/> DR <input type="checkbox"/> MR <input type="checkbox"/> MRS <input type="checkbox"/> MS <input type="checkbox"/> MISS</p> <p>Job title</p> <p>Name</p> <p>Dietary requirements</p> <p>Organisation</p>	<p>Title</p> <p>Job title</p> <p>Name</p> <p>Organisation</p> <p>Contact Number</p>
---	---

CONTACT DETAILS OF PERSON ATTENDING

Address type  WORK  HOME

Address

Postcode

Email

Telephone

PAYMENT

£135 ACAMH MEMBER  £185 NON-MEMBER

Cheque  Invoice payment  
I enclose a cheque made payable to ACAMH  
Invoice can only be issued on receipt of an official purchase order, clearly indicating purchase order number and paying body. Invoice requests without relevant documentation will be returned.

Card Payment  VISA  MASTERCARD  EUROCARD  MAESTRO  ELECTRON  AMEX  
For your own security please do not send any credit card details via email.

Name on card

Card number

Expiry date

Issue No (if Maestro)

CCV (last three digits on back of card)

Billing address

Cardholder's signature

Date

Closing date: 25 September 2017. Early application is advised. Confirmation will be mailed out to all delegates who enclose their fee/invoice order. If you have not received confirmation at least one week before the event please contact the Conference Department. Do not turn up on the day without having received confirmation.

Cancellation policy: cancellations received a month in advance of the event will be refunded in full less a £10 administration charge; cancellations received after this date will receive no refund. Data Protection Act: by signing this application, I agree to ACAMH keeping data about me for the administration of training courses and conferences. All data held by ACAMH is not revealed to any individual or organisation other than that required by statute.