



The Association  
for Child and Adolescent  
Mental Health



Early bird  
tickets from  
**€60**

# Addictions in Adolescents Conference

Friday 13 October 2017 / 08.00 - 17.00 / Malta

Xara Lodge, Rabat, Malta

Addiction is characterised by the compulsive engagement in rewarding stimuli, despite adverse consequences. It can involve a person ingesting a substance (e.g., alcohol, cocaine, nicotine) or engaging in an activity (e.g., gambling, sex, shopping) that can be pleasurable but becomes compulsive and interferes with normal functioning, such as work, relationships, or health. People who have developed an addiction may not be aware that their behaviour is out of control and causing problems for themselves and others.

Addiction is a complex brain condition that, in most cases, originates in adolescence. Adolescent substance use is a public health problem and other addictive behaviours are also of concern for future mental health functioning. The risk factors for adolescent substance use and addiction include genetics, family history, psychological factors and environmental factors. The media's glamorisation of smoking, drinking and other drug use—normalises adolescent substance use and ultimately undermines the health and future of adolescents.

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## Key takeaways

- Trends in alcohol and drug use in young people
- Exploring the harms and benefits of alcohol to young people
- Exploring the evidence base for alcohol screening and brief interventions
- Discussing responses in setting up young people addictions services
- Conceptualizing problematic internet use
- Discussing the use and effects of synthetic cannabis
- Showcasing innovative approaches in engaging young people in carrying out research

## About the Speakers

### Professor Eilish Gilvarry

Consultant Psychiatrist in Addictions at Newcastle Addictions Service, and Professor of Addiction Psychiatry at the University of Newcastle upon Tyne, UK

### Professor Dorothy Newbury-Birch

Professor of Alcohol and Public Health Research at the Health and Social Care Institute at Teesside University, UK

### Dr Paul McArdle

Lead Consultant for CAMHS in Northumberland, and Honorary Senior Lecturer in Newcastle University

### Professor Marilyn Clark

Associate Professor at the Department of Psychology, Faculty for Social Wellbeing, University of Malta, and Co-ordinator for the Master of psychology in Forensic Psychology

### Professor Andrew Azzopardi

Dean of the Faculty for Social Wellbeing, University of Malta, and Head of the Department for Youth & Community Studies

# CONFERENCE PROGRAMME

**08.00 REGISTRATION AND WELCOME COFFEE**

**08:45 ADDRESS BY CHAIR**

*Dr. Nigel Camilleri, ACAMH Malta*

**08.55 QUESTIONS THAT WE NEED TO ASK AND ACT UPON**

*Hon. Evarist Barolo MP, Minister for Education and Employment*

**09.05 THE DETERMINANTS OF YOUTH WELLBEING**

*Prof. Andrew Azzopardi, Dean of the Faculty for Social Wellbeing, University of Malta*

**09.20 PROBLEMATIC INTERNET USE**

*Prof. Marilyn Clark, Associate Professor, Psychology, Faculty for Social Wellbeing, University of Malta*

**09.50 OPIATE USE AND PHARMACOTHERAPY IN ADOLESCENTS**

*Prof. Eilish Gilvarry, Clinical director for addiction services Northumberland Tyne and Wear Foundation Trust, UK*

**10.30 QUESTIONS FROM THE AUDIENCE**

**10.35 COFFEE BREAK**

**11.05 THE HARMS AND BENEFITS OF ALCOHOL TO YOUNG PEOPLE**

*Prof. Dorothy Newbury Birch, Lead for the alcohol, obesity and public health research team at Teesside University, UK*

**11.45 QUESTIONS FROM THE AUDIENCE**

**11.50 SCHOOL EXCLUSION AND SUBSTANCE USE IN ADOLESCENTS**

*Dr. Rachel Taylor East, Consultant Psychiatrist, Mental Health, Malta*

**12.10 DETOURS IN BRAIN DEVELOPMENT: THE POTENTIAL EFFECTS OF EARLY EXPOSURE TO CANNABIS AND ITS SYNTHETIC ANALOGUES**

*Dr. Aloisia Camilleri, Resident specialist in psychiatry, Mental Health, Malta*

**12.30 ATTENTION DEFICIT HYPERACTIVITY DISORDER AND VULNERABILITY TO SUBSTANCE MISUSE: MECHANISMS AND INTERVENTION**

*Dr. Paul McArdle, Lead consultant for CAMHS in Northumberland, Honorary senior lecturer in Newcastle University, UK*

**13.10 QUESTIONS FROM THE AUDIENCE**

**13.15 LUNCH BREAK**

# CONFERENCE PROGRAMME

## 14.15 SYMPOSIUMS

*Participants will be asked to choose between Symposium A, B and C.*

### SYMPOSIUM A

#### THE SETTING AND RUNNING UP OF A SERVICE FOR ADOLESCENTS WITH OPIATE DEPENDENCE

*Prof. Eilish Gilvarry, Clinical director for addiction services Northumberland Tyne and Wear foundation Trust, UK*

### SYMPOSIUM B

#### HOW DO WE WORK BETTER WITH YOUNG PEOPLE TO DEVELOP AND CARRY OUT RESEARCH?

*Prof. Dorothy Newbury Birch, Lead for the alcohol, obesity and public health research team at Teeside University, UK*

### SYMPOSIUM C

#### ADHD and substance misuse in context – a persuasive case for investment?"

*Dr. Paul McArdle, Lead consultant for CAMHS in Northumberland, Honorary senior lecturer in Newcastle University, UK*

## 15.15 COFFEE BREAK

### 15.45 A NATIONAL SNAPSHOT OF SUBSTANCE MISUSE AMONG CHILD AND ADOLESCENT PSYCHIATRIC INPATIENTS IN MALTA

*Dr. Anton Grech, Consultant Psychiatrist. Chairman of Mental Health Services Malta and of Fondazzjoni Kenngħal Saħħtek*

### 16.05 SYNTHETIC CANNABINOID USERS: ADDRESSING A LACUNA IN SERVICES THROUGH THE STIMULANTS CLINIC

*Mr. Mike Orland, Stimulants Clinic, Sedqa, Malta*

### 16.25 OPIOID USE DISORDER INDIVIDUALS ON METHADONE MAINTENANCE TREATMENT VERSUS THOSE NOT ON METHADONE TREATMENT: A NATURALISTIC CROSS-SECTIONAL COMPARATIVE STUDY OF COGNITIVE PERFORMANCE.

*Dr. Kristian Sant, Mental Health, Malta*

### 16.35 THE APPRAISAL OF THE NEEDS OF SUBSTANCE-ABUSING YOUNG PEOPLE IN MALTA

*Mr. Damian Spiteri, Senior Lecturer, Mental Health and Social Care, MCAST, Malta*

## 16.45 QUESTIONS FROM THE AUDIENCE AND CONCLUDING SPEECH

### THE FOLLOWING POSTER PRESENTATIONS WILL BE EXHIBITED DURING THE CONFERENCE: IS THERE A WAY TO FIND GENETIC PREDISPOSITION IN SYNTHETIC CANNABINOID USE?

*Dr. Sarah Catania, Dr. Catherine Dimech, Dr. Joseph Cassar*

### DRINK DRIVING BEHAVIOUR AND PERCEPTIONS AMONG MALTESE YOUTHS

*Dr. Kurt Apap, Mr. Gerd Xuereb, Dr. Malcolm Falzon*

## Pricing

### Early Bird (valid until 8th September)

- Members/Students: **€60**  
(if student, please attach proof with booking form)
- Non-Member: **€70**

### Normal rate (valid until 6th October)

- Members/Students: **€70**  
(if student, please attach proof with booking form)
- Non-Member: **€80**
- Speakers by abstract submission: **€40**
- Late booking fee: **If tickets are available on the day these will be charged at a premium €95**

Application forms and payments by cheque payable to **Marion Saliba A/C ACAMH Malta** are to be sent to **31, Triq ir-Ruzell, Attard. ATD 1502**

Kindly contact us by sending an email to [malta@acamh.org](mailto:malta@acamh.org) should you be unable to send payment by cheque.

Enquiries: [malta@acamh.org](mailto:malta@acamh.org)

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TO BOOK YOUR PLACE, PLEASE COMPLETE AND RETURN THIS FORM TO:

REF:789

Application forms and payments by cheque payable to Marion Saliba A/C ACAMH Malta are to be sent to 31, Triq ir-Ruzell, Attard. ATD 1502

Fees include conference materials, lunch and refreshments.

To read more about this and future events visit [www.acamh.org/events](http://www.acamh.org/events)

## Booking form

### PERSON ATTENDING

Title	PROFESSOR	DR	MR	MRS	MS	MISS
Job title						
Name						
Dietary requirements						
Organisation						

### PERSON MAKING THE BOOKING (IF DIFFERENT FROM PERSON ATTENDING)

Title
Job title
Name
Organisation
Contact Number

### CONTACT DETAILS OF PERSON ATTENDING

Address type	WORK	HOME
Address		
Postcode		
Email	Telephone	

### PAYMENT

<u>Early Bird (valid until 8th September)</u>		<u>Normal rate (valid until 6th October)</u>		
<input type="checkbox"/> €60 MEMBER/STUDENT	€70 NON-MEMBER	€70 MEMBER/STUDENT	€80 NON-MEMBER	€40 SPEAKER BY ABSTRACT SUBMISSION
Cheque I enclose a cheque made payable to Marion Saliba A/C ACAMH Malta		Invoice payment Invoice can only be issued on receipt of an official purchase order, clearly indicating purchase order number and paying body. Invoice requests without relevant documentation will be returned.		
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Payments can be made to our HQ in London please call +44 (0)20 7458 745. This option closes on Tuesday 10 October.				
For your own security please do not send any credit card details via email.				
Name on card		Card number		
Expiry date	Issue No (if Maestro)	CCV (last three digits on back of card)		
Billing address				
Cardholder's signature		Date		

Closing date: 11 October 2017. Early application is advised. Confirmation will be mailed out to all delegates who enclose their fee/invoice order. If you have not received confirmation at least one week before the event please contact the Conference Department. Do not turn up on the day without having received confirmation.

Cancellation policy: cancellations received a month in advance of the event will be refunded in full less a €10 administration charge; cancellations received after this date will receive no refund. Data Protection Act: by signing this application, I agree to ACAMH keeping data about me for the administration of training courses and conferences. All data held by ACAMH is not revealed to any individual or organisation other than that required by statute.