



The Association
for Child and Adolescent
Mental Health



Eating and Feeding Disorders Masterclass

Thursday 18 January 2018 / 09.00 - 17.00 / London

CIWEM venue, Farringdon, London

This one-day Masterclass is aimed at clinicians with a strong background knowledge of eating disorders in young people, to offer an update on knowledge and practice around younger patients. Eating disorders in children are not a new phenomenon but rates in children do appear to be increasing. Studies show that different gene-environment interactions operate prepubertally, and preliminary data suggest that prognosis may be worse in this age group, despite apparent lower overall illness severity. Early and skilled intervention is therefore vital to improve outcome.

This Masterclass will briefly review the epidemiology of childhood onset ED across countries, exploring temporal trends and differences in diagnostic profile; look at risk factors and triggers for onset in children and how these differ from adolescents; discuss the diagnostic process, before moving on to in depth discussion of how to adapt treatment approaches for this age group using clinical case material. The speakers will also review considerations for physical health and wellbeing in children, and discuss existing data on outcome. The Masterclass will offer delegates opportunities for discussion of cases in their own practice.

Masterclass
prices start
from just
£74

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Speakers

Dr Dasha Nicholls

Dr Dasha Nicholls is an expert in feeding and eating disorders. She first started working at Great Ormond Street Hospital in 1995. She is Consultant Child and Adolescent Psychiatrist and Joint Head of the Feeding and Eating Disorders Service and Honorary Senior Lecturer at the Institute of Child Health, University College London. She is currently clinical lead for the Eating Disorders Team.

Cathy Troupp

Cathy Troupp is a Principal Child and Adolescent Psychotherapist, trained at the Tavistock Clinic. She has a particular interest in the theory and practice of mentalization based therapies for families and young people. Cathy works with children with early onset eating disorders, and their families, as an individual and group psychotherapist. She is also conducting a mixed methods research study into the meanings that young people and their parents attribute to the eating disorder, as part of her PhD study in the School of Clinical, Educational and Health Psychology, UCL, supervised by Professor Mary Target.

Networking

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TO BOOK YOUR PLACE, PLEASE COMPLETE AND RETURN THIS FORM TO:

REF: 795

ACAMH Conferences
St Saviour's House
39-41 Union Street
London SE1 1SD, UK

T +44 (0)20 7403 7458
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events@acamh.org

Limited car parking is available
Fees include conference
materials, lunch and refreshments.
Please note that ACAMH will be audio
recording the speakers at this event.

To read more about this
and future events visit
www.acamh.org/events

Booking form

PERSON ATTENDING

Title	PROFESSOR	DR	MR	MRS	MS	MISS
Job title						
Name						
Dietary requirements						
Organisation						

PERSON MAKING THE BOOKING (IF DIFFERENT FROM PERSON ATTENDING)

Title
Job title
Name
Organisation
Contact Number

CONTACT DETAILS OF PERSON ATTENDING

Address type	WORK	HOME
Address		
Postcode		
Email	Telephone	

PAYMENT

<input type="checkbox"/> £147 PLATINUM MEMBER (formerly known as ACAMH Member)	<input type="checkbox"/> £168 GOLD MEMBER	<input type="checkbox"/> £189 SILVER/BRONZE MEMBER £210 NON-MEMBER	<input type="checkbox"/> £74 PUBLICATIONS/DIGITAL MEMBER (formerly known as Student/65+ Member)
Cheque I enclose a cheque made payable to ACAMH		Invoice payment Invoice can only be issued on receipt of an official purchase order, clearly indicating purchase order number and paying body. Invoice requests without relevant documentation will be returned.	
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For your own security please do not send any credit card details via email.			
Name on card		Card number	
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Billing address			
Cardholder's signature		Date	

Closing date: 16 January 2018. Early application is advised. Confirmation will be mailed out to all delegates who enclose their fee/invoice order. If you have not received confirmation at least one week before the event please contact the Conference Department. Do not turn up on the day without having received confirmation.

Cancellation policy: cancellations received a month in advance of the event will be refunded in full less a £10 administration charge; cancellations received after this date will receive no refund. Data Protection Act: by signing this application, I agree to ACAMH keeping data about me for the administration of training courses and conferences. All data held by ACAMH is not revealed to any individual or organisation other than that required by statute.