



The Association
for Child and Adolescent
Mental Health



Compassion Twilight Series

Wednesday 28 March / 18.30 (19.00 start) - 20.30 / Bristol

The Watershed, 1 Canon's Road, Harbourside, Bristol BS1 5TX

The ACAMH Avon Branch invites you to join us at the third and final of our Compassion-focussed Twilight events. The talk title of this event is '**Compassion in Education Settings**'.

Compassion is deeply concerned with valuing human possibilities and human flourishing. As such it has an essential role to play in education, not just as it relates to students' ethical and moral development but as a key underpinning of any meaningful learning experience.

At the level of the individual student, teaching compassion practices can challenge self-criticism and build resilience for learning. At a group level compassion has significance in student-staff relationships, peer groups and learning communities. At an organisational and systemic level, compassion has a role to play in curriculum design; pedagogy and the role of education in society.

Speaker: Zoe Pither

Zoe Pither is Widening Participation Student Support Manager at the University of Bristol and an independent mindfulness and wellbeing practitioner. She has worked in higher education for over 20 years with a focus on schools outreach, educational disadvantage, diversity and inclusion. She is currently studying MSc Mindfulness Based Approaches at Bangor University.

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