



The Association  
for Child and Adolescent  
Mental Health

# Self-harm Masterclass

Therapeutic Assessment for adolescents with self-harm

November 2018, 09.00 – 17.00

London



Learn from  
the best

Evidence-based  
knowledge

## About the day

Therapeutic Assessment is a brief intervention for young people presenting with self-harm in emergency. It consists of identifying the vicious cycle of self-harm in the form of a diagram, followed by a collaborative development of an “exit”, a way of breaking the cycle and moving forward. TA is linked with improved engagement compared with usual assessment.

## Learning Outcomes

- Create a TA diagram depicting the vicious cycle of self-harm
- Develop an “exit” from the cycle
- Critically evaluate the evidence base of TA

## Who should attend

Consultants, clinical leads, speciality doctors, nurse practitioners, educational psychologists, senior researchers, and those that work with children and young people affected with mental health issues.

## The ‘Masterclass Series’

5hrs of CPD that is part of ACAMH’s ‘Masterclass Series’ delivering advanced, evidence-based training for those working in CYP mental health, to build on skills, knowledge and experience. These interactive sessions, of lectures and workshops, from world-renowned experts, focus on the latest research, and the implications for best-practice.

## Speakers

**Dr Dennis Ougrin**, Consultant Child & Adolescent Psychiatrist. *“I am the chief investigator of a randomised controlled trial of ‘Supported Discharge Service vs Treatment as Usual’ in adolescents admitted for in-patient care, and a principal investigator of a randomised controlled trial comparing intensive mental health intervention vs usual social care in Looked After Children.”*

**Dr Toby Zundel**, Consultant Child & Adolescent Psychiatrist. *“I co-developed, and published, Therapeutic Assessment for Self-Harm in adolescents as a new approach to improving engagement in young people who present with self-harm”.*

**BOOK NOW ONLINE**

[acamh.org/event/self-harm-mc](http://acamh.org/event/self-harm-mc)  
or telephone - 020 7403 7458

**More details email**  
[events@acamh.org](mailto:events@acamh.org)



# Self-harm Masterclass

## Therapeutic Assessment for adolescents with self-harm

Friday 23 November / 09.00 - 17.00 / CIWEM, 106-109, Saffron Hill, London EC1N 8QS

TO BOOK YOUR PLACE, PLEASE COMPLETE AND RETURN THIS FORM TO:

REF: 834

ACAMH Conferences  
St Saviour's House  
39-41 Union Street  
London SE1 1SD, UK

T +44 (0)20 7403 7458  
F +44 (0)20 7403 7081  
events@acamh.org

Fees include conference materials, lunch and refreshments. Please note that ACAMH may record at this event.

To read more about this and future events visit  
[www.acamh.org/events](http://www.acamh.org/events)

### Booking form

#### PERSON ATTENDING

Title
Job title
Name
Dietary requirements
Organisation

#### PERSON MAKING THE BOOKING (IF DIFFERENT FROM PERSON ATTENDING)

Title
Job title
Name
Organisation
Contact Number

#### CONTACT DETAILS OF PERSON ATTENDING

Address type	WORK	HOME
Address		
		Postcode
Email		Telephone

#### PAYMENT

£147 PLATINUM MEMBER	£168 GOLD MEMBER	£189 SILVER/BRONZE MEMBER	£74 PUBLICATIONS/DIGITAL MEMBER
			£210 NON-MEMBER
Cheque I enclose a cheque made payable to ACAMH		Invoice payment Invoice can only be issued on receipt of an official purchase order, clearly indicating purchase order number and paying body. Invoice requests without relevant documentation will be returned.	
Card Payment	VISA	MASTERCARD	EUROCARD
		MAESTRO	ELECTRON
			AMEX
For your own security please do not send any credit card details via email.			
Name on card		Card number	
Expiry date		Issue No (if Maestro)	CCV (last three digits on back of card or four on front for AMEX)
Billing address			
Cardholder's signature			Date

**Closing date:** 21 November 2018.

Confirmation will be emailed to all delegates, if you have not received confirmation at least one week before the event please contact the office on 020 7403 7458. Please do not turn up on the day without having received confirmation by email.

**Cancellation policy:** cancellations received 6 weeks in advance of the event will be refunded in full less a £10 administration charge; cancellations received after this date will receive no refund.

**Data Protection:** By signing this application you are entering into a contract with ACAMH to attend the above event. ACAMH will use the information provided to communicate details with you about the event. As part of the contract the email address provided will be added to our weekly newsletter, with details about CYP mental health topics, you can unsubscribe from this at any time.