



The Association  
for Child and Adolescent  
Mental Health

# Tony Attwood

## *What you need to know about Autism*

Wednesday 15 May, 09.00 – 17.00

Victoria Hall Methodist Church,  
Sheffield & LIVE STREAM

*“Tony is one of the most inspirational and engaging speakers I have had the privilege of seeing. His insights and practical applications are not to be missed. We are honoured to have him speak and delighted that this is the only live stream in the UK.”*

*Martin Pratt, CEO, ACAMH*

### About the day

The day is split into two sessions (morning & afternoon)

**Making Friends:** *Strategies to improve social understanding and friendship skills*

**Managing Feelings:** *Cognitive Behaviour Therapy to manage anxiety, sadness and anger*

### Who should attend

This event should be of interest to those who support autistic children and young people. In particular;

- Commissioners of health and education services
- Health professionals
- Mental Health professionals
- Parents/Carers of those with autistic children
- Social Care workers and leaders
- Teachers and Support Staff
- Those with an interest in autism and mental health
- Youth-based service workers and leaders



Tickets  
from  
**£74**  
no VAT!

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UK  
LIVE  
STREAM  
**£50<sub>pp</sub>**

NEW  
for  
2019

WORLD'S  
FOREMOST  
AUTISM  
EXPERT

OVER  
ONE  
MILLION  
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*“The most informative and insightful training I have ever had...”*

### About the talks

#### **Making Friends: Strategies to improve social understanding and friendship skills**

The first presentation sees Tony explain the four stages in the development of friendship and strategies to encourage the development of friendship skills and social integration from children as young as three years to young adults. The activities can be applied in the classroom, playground and at home.

*“Fantastic..., would recommend to all professionals and parents”*

#### **Managing Feelings: Cognitive Behaviour Therapy to manage anxiety, sadness and anger**

The afternoon presentation will explain why children, and adults, with ASD-Level 1 (Asperger's syndrome) are more prone to have intense emotions and to develop mood disorders. The presentation also explains strategies that can help moderate and manage emotions.

The Cognitive Behaviour Therapy includes affective education and cognitive restructuring, i.e. improving the understanding of emotions in yourself and others and changing the way the person perceives and responds to emotions. The concept of an emotional toolbox is used to provide a greater range of strategies to manage and repair feelings.



**Essential  
INFO**

**Practical  
TIPS**

**Special  
price for  
parents/carers  
of autistic  
children**

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Sheffield & LIVE STREAM

*“Tony’s talk should be rolled out in every school in the UK”*

### About Tony

- World’s foremost expert on Autism
- International Keynote speaker
- Clinical Psychologist, Ph.D.
- Has his own private practice
- Adjunct Professor, Griffith University, Queensland
- Senior consultant at Minds and Hearts clinic, Brisbane
- Author of scientific papers
- Best selling author
- 1 million+ book sales
- Titles translated in 28 languages
- Written primary textbook on Asperger’s syndrome
- Worked with thousands of individuals with Asperger’s syndrome or an Autism

*“I could listen to him all day”*

**This event WILL SELL OUT,  
do not miss this opportunity  
to see Tony Attwood live.  
Secure your place now!**



**CPD  
certificate**  
(including on  
live stream)

**Q&A  
opportunity**  
(including on  
live stream)

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The Association  
for Child and Adolescent  
Mental Health

Conference

# Tony Attwood

## What everyone needs know about Autism

Wednesday 15 May / 09.00 - 17.00 / Sheffield

Victoria Hall Methodist Church, Norfolk Street, Sheffield, S1 2JB\*

TO BOOK YOUR PLACE, PLEASE COMPLETE AND RETURN THIS FORM TO:

REF: 840

ACAMH Conferences  
St Saviour's House  
39-41 Union Street  
London SE1 1SD, UK

T +44 (0)20 7403 7458  
F +44 (0)20 7403 7081  
events@acamh.org

Fees include conference materials,  
lunch and refreshments. Please note  
that ACAMH will film this event.

*\*NB this venue is a consecrated church*

To read more about this  
and future events visit  
[www.acamh.org/events](http://www.acamh.org/events)

## Booking form

### PERSON ATTENDING

Title
Job title
Name
Dietary requirements
Organisation

### PERSON MAKING THE BOOKING (IF DIFFERENT FROM PERSON ATTENDING)

Title
Job title
Name
Organisation
Contact Number

### CONTACT DETAILS OF PERSON ATTENDING

Address type	WORK	HOME
Address		
		Postcode
Email		Telephone

### PAYMENT

<b>£147 Platinum ACAMH Member</b>	<b>£168 Gold ACAMH Member</b>	<b>£189 Silver / Bronze ACAMH Member</b>	<b>£210 Non-Members of ACAMH</b>
<b>£74 Publications / Digital ACAMH Members. Parents/carers of those with autistic children</b>		<b>£50pp LIVE STREAM</b>	
<b>Cheque</b> I enclose a cheque made payable to ACAMH		<b>Invoice payment</b> Invoice can only be issued on receipt of an official purchase order, clearly indicating purchase order number and paying body. Invoice requests without relevant documentation will be returned.	
<b>Card Payment</b> For your own security please do not send any credit card details via email.	VISA	MASTERCARD	EUROCARD MAESTRO ELECTRON AMEX
Name on card	Card number		
Expiry date	Issue No (if Maestro)	CCV (last three digits on back of card or four on front for AMEX)	
Billing address			
Cardholder's signature	Date		

**Closing date:** Monday 13 May 2019.

Confirmation will be emailed to all delegates, if you have not received confirmation at least one week before the event please contact the office on 020 7403 7458. Please do not turn up on the day without having received confirmation by email.

**Cancellation policy:** cancellations received 6 weeks in advance of the event will be refunded in full less a £10 administration charge; cancellations received after this date will receive no refund.

**Data Protection:** By signing this application you are entering into a contract with ACAMH to attend the above event. ACAMH will use the information provided to communicate details with you about the event. As part of the contract the email address provided will be added to our weekly newsletter, with details about CYP mental health topics, you can unsubscribe from this at any time.