



The Association
for Child and Adolescent
Mental Health

Attachment & early intervention: *Improving emotional wellbeing and relationships in the family, and at school*

Emanuel Miller Memorial Lecture & National Conference

Friday 8 March 2019, 09.00 – 17.00
Royal College of Physicians, London

Discussions and takeaways include

- Opportunities and costs arising from government Green Paper - *what you must know*
- Designing early parental interventions that work
- Parental attachment style affects parenting and children's attachments - *essential insights*
- Revisiting the Nature of Nurture in a Digital World
- Breaking the vicious cycle of early harsh and insensitive parenting

Confirmed speakers



Keynote Speaker

Professor David Olds

Ph.D., Professor of Pediatrics and Director, Prevention Research Center for Family and Child Health, University of Colorado Department of Pediatrics



Professor Tamsin Ford

Professor of Child and Adolescent Psychiatry, University of Exeter Medical School



Professor Gordon Harold

Andrew and Virginia Rudd Professor of Psychology, Director, Rudd Centre for Adoption Research and Practice and Director, Research Partnerships and Impact (University), School of Psychology, University of Sussex



Professor Marinus H. van IJzendoorn

Professor of Human Development, Department of Psychology, Education and Child Studies, Erasmus University Rotterdam, The Netherlands, Wellcome Trust Visiting Professor, Primary Care Unit, School of Clinical Medicine, University of Cambridge, UK



Professor Pasco Fearon

Professor of Developmental Psychopathology, Joint-Director, UCL Clinical Psychology Doctoral Programme, Research Department of Clinical, Educational and Health Psychology, University College London



The most important evidence-based conference in 2019 on attachment and early intervention.

Professor Stephen Scott

CBE FRCPsych FMedSci, Chair of ACAMH

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About the discussions

Professor David Olds, *'Using Randomized Clinical Trials of the Family-Nurse Partnership to Inform Policy, Practice, and Developmental Science'*

I will use our experience in developing, testing, and replicating the Nurse-Family Partnership to address the following questions:

- How can we design early parental interventions to maximize their likelihood of working?
- How can we design research to build a strong evidence-base for early-intervention?
- How can we scale evidence-based early interventions to maximize their societal impact?

Professor Tamsin Ford, *'The incredible years teacher programme – update on recent trials'*

- Why schools are such an important setting to consider in relation to child mental health
- Insights from the STARS trial of teacher classroom management – very early intervention
- Opportunities and costs that may arise from the government Green paper

Professor Marinus H. van IJzendoorn, *'The vicious cycle of early harsh and insensitive parenting: how much is inherited, how does it affect the brain, and how can we break it?'*

- New insights from twin and family-tree studies into the heritability of harsh and insensitive parenting
- How parenting is embedded in the brain, and why this does not prevent us from supporting parents to realize their potential
- What attachment-inspired parenting support programs can contribute to parenting, and who are most susceptible to interventions

Professor Gordon Harold, *'Revisiting the Nature of Nurture: Promoting Children's Positive Mental Health in a Digital World'*

- Focus on early family and school environment influences on children
- Emphasis on vulnerable populations, family/school interventions, relevance of digital world (risks and opportunities) and practice orientated implications/recommendations

Professor Pasco Fearon, *'Myth-busting around attachment theory'*

- Understanding the complex mix of factors, including maltreatment, involved in the development of disorganized attachment.
- Understanding the complex relationships between insecurity of attachment and children's mental health.
- Understanding whether and how parental attachment style affects parenting and children's attachments

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Closing date: 6 March 2019

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Cancellation policy: cancellations received 6 weeks in advance of the event will be refunded in full less a £10 administration charge; cancellations received after this date will receive no refund.

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