



## **THE ASSOCIATION FOR CHILD AND ADOLESCENT MENTAL HEALTH**

formerly known as The Association for Child Psychology and Psychiatry



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*...celebrating 50 years of advancing the study of child and adolescent mental health*

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[www.acamh.org.uk](http://www.acamh.org.uk)

'The coming into being of the Association for Child Psychology and Psychiatry and their allied disciplines was prompted by the desire of many to study the various ways in which the life of the child was influenced, indeed to make clear the many dimensions or co-ordinates by which the growing human organism was caught or could be defined.'

Emanuel Miller, Chair, 1956

'Over the last 50 years, the Association has successfully consolidated and strengthened its reputation for drawing together individuals from a wide range of professional backgrounds and for achieving a balance between academic scientific research and evidence-based clinical practice. The same governing principles and commitment to advancing the study of child and adolescent mental health that inspired Emanuel Miller continue today, reflected in national and local conference topics, the Association's journals, its selection of Occasional Papers and its continually developing initiatives.

We thank those - too many to mention! - who have contributed to making the Association such a success, who have dedicated their time, and who continue to make the Association relevant to those working within the disciplines that it embraces. Chairs, treasurers and secretaries, council members, honorary officers working at branch level and our members of staff have all given valuable hours, expertise and commitment. The 50th anniversary celebrations are to acknowledge all the work they have done and continue to do'.

Patricia Howlin, Chair, 2006

### Welcome...

... to the Association's special anniversary report, celebrating 50 years of advancing child and adolescent mental health. Over this half century the Association's development has reflected the historical milestones which have taken place within the disciplines, its policies and practices have accommodated the fluctuating external environment and its publications and conferences chart the changing theories, approaches and treatments prevalent at given moments in the past.

The nucleus for the Association was conceived at the 1954 International Congress of Child Psychiatry and Allied Disciplines when one of its delegates, Emanuel Miller, was so impressed with the multi-disciplinary network, that he was inspired to replicate this in Britain also - a network which would bring together the different types of professionals engaged in this field, encourage the reporting of research findings and present clinical experiences springing from different disciplines and different points of view. Conceived in terms of the members of the child guidance team for which Emanuel Miller was so well known, the resulting Association for Child Psychology and Psychiatry adopted wider aims, including the fundamental study of the child and family.

Once established, the Association quickly attracted leading professionals from across the disciplines - Betty Irvine, a social worker; John Bowlby, a psychoanalyst and child psychiatrist; Donald Winnicott, a paediatrician and psychoanalyst; Lionel Hersov, a child psychiatrist,

Jack Tizard, a psychologist, and so forth. Over the years, the Association has maintained the tradition of multi-disciplinary membership and has continued to attract the clinicians and academics whose work reflects the key developments which took place within child and adolescent mental health over the years; theories and practices which are still of relevance to today's membership. This includes child psychotherapy and family therapy which emerged in the 50s and 60s; the rapid growth of general and developmental psychology, the progress in family psychopathology in its social setting and the emergence of child psychiatry and clinical child psychology as major research-based disciplines; the epidemiological study on the Isle of Wight in the late 60s; the role of cognition in socio-emotional behavioural functioning; an increasing emphasis on service development, the empirical study of psychosocial factors and the impact of psychopharmacology; the advance in clinical practice and the emphasis on evidence-based interventions. The last two decades in particular

have seen an unprecedented increase in policy initiatives and the government's involvement in issues concerning children's and especially CAMH services. The most recent reforms within the National Health Service, the Quality Protects programme and the Children's National Service Framework (to name just a few) all emphasize the importance of integrated working across agencies and the development of high quality, effective, evidence-based and needs-led services.

Whilst the impetus for the changes down the years was externally driven, the Association facilitated the discussions and reported on the developments and emerging trends through its publications, scientific study days and strong academic programme. The Journal of Child Psychology and Psychiatry, first appearing in January 1960, found almost immediate respect as a vehicle for clinical experience and research material. Fifty years later, it has maintained its strong position and international reputation for excellence. The Association's sister journal, Child and Adolescent Mental Health although initially established as a communication tool for members, developed its clinical focus in response to the changes within CAMHS and more recently, the series of Occasional Papers (launched in 1989) has established its reputation for focusing on current issues and developments. Complementing the Association's publications is its annual academic programme of good quality conferences and meetings which attract eminent speakers and appeal to a varied audience.

At the core of the Association lie its members - this multi-disciplinary network which inspired the formation of the Association in 1956. From the initial twelve founding members, the Association now has a professionally diverse membership of 2500, concentrated in the UK but drawn increasingly from around the world.

The Association remains committed to supporting its members, to providing them with a range of benefits and opportunities and to fostering an exchange between academic and research findings, clinical experience and new innovative developments in relevant fields. Increasingly, professionals engaged within child and adolescent mental health are working as a multi-disciplinary team, dealing with a wide range of problems including child abuse, issues in adoption and fostering and the problems that arise in settings complicated by parental psychiatric illness and social and economic disadvantage. How the Association responds to the needs of the membership and the wider academic, research and professional readership has been and will continue to be an important consideration in the development of the strategic plans of the Association. It is certainly one that influenced the Association to change its name in 2005 to the Association for Child and Adolescent Mental Health in order to more closely reflect the interdisciplinary nature of the membership and ensure the Association remains relevant to those working across all associated disciplines for the next fifty years.

## The ACPP a long time ago ... By Richard Lansdown (Honorary Secretary 1973-1978 and Chair 1992-1993)

It was just over 33 years ago that I became Honorary Secretary of what was then called the ACPP (why, I wondered from time to time, was it called the Association for Child Psychology and Psychiatry and not, in alphabetical order, Psychiatry and Psychology?).

It was a different world. We had 1000 members and the secretariat was simple: there was only one paid officer, Sheila Dainow, who worked for a few hours a week from home, for £1.20 per hour. She kept all the records and I put in as much time as was necessary, again not more

than a few hours a week. Alongside this modest set up was the secretariat of the Journal of Child Psychology and Psychiatry, separate but no more lavish. Edited by Lionel Hersov, who became a life long friend, and Rodney Malphart who was later replaced by Mike Berger, the JCPP ran to four issues a year (an increase on the previous two issues) and its sales were a witness to its academic excellence.

Outgoings were not great: the Emanuel Miller Lecture for my first year cost £94.20. A major expenditure was a new typewriter for Sheila,

for which up to £300 was allowed. We were able to keep the subscription to £3.50 (£3.15 if paid by banker's order) for the whole five years of my office. Students paid £1.50. For this, members received the Journal, along with free attendance at central and branch meetings other than the annual day conference.

We had been given a kickstart by the profit of some £4,000 accruing from an international conference which we had hosted in Edinburgh in 1966 and the longer I held office the more I realised that whatever stars rule money were

well positioned when the ACPP was founded. That £4,000 plus the income from the Journal (in the early 1970s we received around £2,000 from each volume) set us up well. So

well, in fact, that we had discussions in Committee on what to do with our money. We had to spend some of the Charities Commission would have started asking questions.



**Nucleus for the Association**  
was conceived at the IACP (IACAPAP) conference in Toronto and propagated in London!

A letter from Betty Irvine inviting Ronald MacKeith to attend the preliminary meeting, referred to this taking place on '22 November at 8pm at 11 Chandos Street'

### ACPP Founding Committee:

Dr Emanuel Miller (chairman), Dr Kenneth Soddy (Deputy Chairman); Dr Lois Munro (Treasurer), Mr Peter Hildebrand (Secretary); other committee members were Dr Tom Ratcliffe, Dr Susannah Davidson, Dr Colin Hindley, Dr Augusta Bonnard, Dr Ronald MacKeith, Mrs Yana Popper, Mrs Elizabeth Irvine, Mrs Molly Harrington and Miss Theodora Alcock

**Formation of Welsh Branch**, originally the South Wales Regional Group

### First constituted committee meeting

of the Association for Child Psychology and Psychiatry held at the Tavistock Clinic on 17 January. After all outstanding liabilities had been settled, the Association had £97.4s.1d in hand; its membership stood at 152; it had appointed three journal editors: Emanuel Miller, Betty Irvine and Colin Hindley. Subscription fee: 2 guineas which would rise in 1960 to 3 guineas to cover the cost of the journal

### Association becomes affiliated

to the International Association for Child Psychiatry and Allied Disciplines (now IACAPAP)

**Total membership:** 152

### Establishment of first Study Group

- Piaget group - designed to discuss ideas and support research. Over the years, study groups continued to further a range of disciplines (eg child care and the handicapped, CFS, child abuse, psychological trauma). Succeeded by Special Interest Groups

**First appearance of abbreviation to ACPP**

**Financial position:** £451 in cash (with sixty subscriptions still outstanding) of which £300 had been invested in shares

**Launch of the Journal of Child Psychology and Psychiatry** and Allied Disciplines ("allied disciplines" dropped in 2004), as a scientific journal conveying all aspects of child study

1956

1957

1958

1959

1960

# 1956-2006: celebrating 50 years of advancing child and adolescent mental health

The branches were already subsidised and did not need more. Financing members to go on study tours was discussed but we could not agree on the selection process. A similar dilemma existed on supporting members on sabbatical terms at a university. We finally agreed that we would subsidise members' attendance at the Day Conferences but still, by September 1975, we had £25,000 in the bank. The Day Conference for that year had lost only £78 despite the subsidies. In 1976 we managed to increase our expenditure by 94% but still we had a surplus for the year of

just over £3,000 and by 1975 we had £40,000 to invest.

One of the reasons for this financial comfort was the supreme skill of David Shaffer, Honorary Treasurer from 1974 to 1977. I don't know whether it is true, but a story circulating was that his first words on coming round from an anaesthetic were "Where is the Financial Times?"

This was a period when the stock market was in decline but our investments stayed solid. I became accustomed to David phoning me,

usually late at night, honourably seeking my agreement to shift funds from one investment to another: "Richard, I'm thinking of putting £5,000 in such and such for a couple of weeks, is that OK?" Sure enough, a couple of weeks later that £5,000 had become £5,500. David was made an Honorary Member of the Association in 1977 when he took up a chair in the United States.

This happy state of affairs allowed us to grow. In 1973 we had five branches, by 1978 we had nine. They were, and are, a strength but there

was enormous variation in the nature of their activities. The minutes for March 1977 contained the note that "The situation of some branches is very confused." I well remember a meeting in London to which all branch secretaries were invited to try to reduce some of the confusion. One person there referred rather contemptuously to the Association Committee as "the London branch".

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**Scottish Regional Branch founded** - ran until 1982 when it was disbanded due to lack of support; reinvigorated again four years later and now offers a quality annual programme of 5 or 6 day conferences and twilight meetings. The services of a part-time administrator were engaged in 1988 (the same administrator still supports the branch today!). Over the years speakers have been flown in from around the world to benefit local audiences and the branch membership now stands at 259. This transformation from being one of the most moribund branches in the 1980s to become one of the liveliest today is very much due to the expertise and dedication of the multidisciplinary branch committee.

**Association formally agrees** to concern itself with research; a central long-term aim was to increase the status and prestige of child psychology and psychiatry, with eventual establishment of university departments!

**Scientific sub-committee formed** to plan the scientific programme

**Branches receive £5 petty cash per annum** and the Association agrees to meet branch expenses of up to £40 per year

**Summer School** held on Research Methods

**Formation of Irish Branch** (though some of the officers elected were not members of the Association and non-members had voted for their election!) The branch is unique in that it straddles two jurisdictions with different health and social services structures and legislative frameworks. Most of its past vigour was due to the annual rotation of the chair around the country; much of its present vigour is due to the dedication of its committee.

**Appointment of first member of staff:** Mrs Holden employed on 26 October as part-time paid secretary to the Honorary Secretary and Honorary Treasurer

**Introduction of life member category**, for those who had retired from active professional life and had been members of the Association for at least five years

## Comparison 1965 -2005

1965	2005
<b>Annual programme</b> for Scientific Meeting printed: £5 for 500. One day conference on Treatment and Re-education: fee for non-members 7/6d.	<b>Annual programme</b> continues to be printed: £188 for 500. One day conference on National Service Framework: fee for non-members £115.

1961

1962

1963

1964

1965



## 1956-2006: celebrating 50 years of advancing child and adolescent mental health

### continued...

As well as the branch meetings and the Day Conference, the other consistent scientific activity was the series of more or less monthly meetings organised by whoever was in the chair for the year. Held in London, they attracted audiences of up to almost 200 for the most popular speakers. The best attended, in my time, was a talk by Bill Yule entitled: "Whither Dyslexia? or "Why put it in Greek

when the children can't read English?" Names of other speakers give a glimpse of the quality: Arnon Bentovim, Basil Bernstein, George Brown, Neville Butler, Kevin Connolly, Leon Eisenberg, John Newson, James and Joyce Robertson, Lee Robins, Michael Rutter.

They were civilised evenings; starting with sherry they gave a chance for chat before the talks and there was always plenty of time allowed for discussion.

One of the pleasures of being Secretary was the opportunity to work with and to get to know five chairs: Joan Court, Desmond Pond, Michael Rutter, Barbara Tizard and Kingsley Whitmore. Peter Hildebrand, the first Honorary Secretary of the Association said once that he had gained so much from psychology.

I feel the same, not just about psychology but in particular about the people I have been

fortunate enough to work with. Philip Graham and so many colleagues at Great Ormond Street come invariably to mind, and when I look back to the ACPP I remember with gratitude not only those already mentioned but others with whom I worked as Secretary and later as Chair of the Association. I think in particular of Carol Garnier and Pat Nicholson, of John Richer and Issy Kolvin.

#### ACPP hosts IACP (now IACAPAP)

**Congress** in Edinburgh on the theme of adolescence and puberty; three-year lead in time! Dr John Bowlby nominated as the Association's candidate for the office of President, Dr Emanuel Miller as Vice-President and Dr Fred Stone as Secretary General. Attended by over 1000 delegates, the Conference realised just under £6000 surplus, with £2250 paid back to IACP

#### The professional disciplines of the members who joined the Association:

**In 1968: 74;** Students (7), GPs (2), Psychiatrists (13), Education (22), Paediatrician (1), Res Officer (1), Psychologists (13), Registrars (8), Therapists (2), Home Office Tutor (1), Session MO (1), Research Fellow (1), Counselling Officer (1), Psychometrist (1).

**In 1998: 268;** Students (1), Psychiatrists (77), Education (29), Paediatricians (13), Psychologists (95), Therapists (11), Nurses (15), Social Workers (21), Others (6)

**Community Children report** of a Working Party drawn jointly from the ACPP and National Bureau enters second edition

#### Formation of North East Branch

under the chairmanship of Dr Issy Kolvin. It was the first region in which the Annual Conference was sited and continues to be a thriving branch with well attended meetings

**Current membership** - 693. New members - 132, the highest then to date

**Association applies for membership** of the National Bureau for Co-operation of Child Care (now NCB); Bill Yule nominated as first representative

**Secretary's salary increases** to 3/- per hour

**Death of Emanuel Miller** (1893-1970)  
£1000 left to the Association with the object of establishing a lecture. ACPP matches Dr Miller's £1000 with its own £1000 invested in Treasury Bonds at 8.25% to give an annual income for speaker's fee of £50 plus expenses

**ACPP registers as a charity** on 9 August

**Possibility of libel action:** journal being sued for publishing case material

1966

1967

1968

1969

1970

## Bridging the Years ... By Philip Graham (Chair 1982-1983; 2001-2003)

I'm honoured and delighted to be asked to contribute to this account of the history of the Association. The invitation came about because I was Chair of the Association at two points in time, once in 1982 and then again 20 years later and so am well placed to describe the transformations between these two dates.

In 1982 the ACPH as it was then, was a wonderful, multi-disciplinary organisation putting on excellent meetings and publishing a top of the market research journal, the JCPP. In 1982 Michael Rutter was already a towering figure in the field and, by 2001, he was still in this pre-eminent position, only by now he had been honoured with

a knighthood and an FRS. The finances of the ACPH have nearly always been in good shape; there was a minor downward blip in 2001, but fortunately this proved to be short-lived.

ACAMH as it is now called, has maintained its excellent performance over the intervening years. There have, of course been some important changes; the purchase of St Saviour's House in 1996 which gave the Association a splendid home and a comfortable financial cushion; the development of the clinical journal Child and Adolescent Mental Health which has proved a great success and the Association's evolving structure which has seen the appointment of

successive executives, the establishment of a regional office in Glasgow and a professionalism in approach. Today's team of staff, capably led by Ingrid King our current Executive Director, combines the experience and expertise of the longer serving members of staff with the creativity and resourcefulness of the newer members, and provides wonderful support to the Association's various activities.

I would like to say how fortunate the United Kingdom (as well as the Republic of Ireland whose Branch is fully integrated) is to have the Association. There is certainly nothing comparable to it in adult mental health in the UK.

I've travelled a bit and I can assure my readership there is nothing quite like it either elsewhere in the world. This society of professionals from different disciplines, psychiatry, psychology, psychotherapy, nursing, teaching, paediatrics and many others, dedicated to advancing knowledge and improving the quality of the mental health of children and adolescents is unique or almost unique and is to be treasured. You, who are responsible for it in the future, do take good care of it!



**Profits to ACPH** from volume 9 of the journal: £2651

Journal: annual subscriptions by individuals and libraries had risen from 3 guineas to £6 and from £6 to £12.30 respectively, whereas the Association's membership subscription had not altered from £1.75

**Subscriptions reviewed:** some students who had finished training were still paying concessional subscription!

104 full members were one year overdue with payment and 23 were two years overdue!

**Annual Surplus of £8000**, prompting lengthy discussions on how to use this.

**First Emanuel Miller Memorial Lecture** delivered by Professor Fortes. A fee of £50 plus reasonable expenses paid to the speaker. No tea or reception for attending members and guests, but the speaker taken out to dinner by the chairman and some members of the committee before the meeting.

**Most recent Emanuel Miller Memorial Lecture** Honorarium £500 plus reasonable expense and pre-conference dinner. Lunch and refreshments for all delegates

**Overall profits** from volume 10 of the Journal were £13500 and the Association's 25% share amounted to £3375

**Secretary salary increases** to 85p per hour. Committee members paid 5p per mile

**Subscriptions for members** paying by Banker's Order: £3.15; for those paying by cheque: £3.50

**Abstracts first published** in Journal, initially as an experimental project

**Journal circulation** in excess of 3000; library subscriptions accounted for about 60% of this figure, an annual increase of 10%  
Size of the journal increased to 350 pages in 1974 without any increase in cost

**Constitution of committee:** Chair Elect, General Secretary, Treasurer; two members from each of the following disciplines: child psychiatry, child psychology, social work, child & family psychotherapy, one from education and two members from other disciplines

**Formation of Northern Branch** (now covered by the Sheffield & Yorkshire branches)

### Comparison 1975 -2005

Associations annual income: £9,000; Total annual expenditure £4,000. Number of members - 1135	Associations annual income: £947,929; Total annual expenditure £797,444. Number of members - 2500
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**Formation of Midlands Branch**

1971

1972

1973

1974

1975

## The Life and Times of the Journal of Child Psychology and Psychiatry...

It was Dr Emanuel Miller, founder of the ACP, who carried out the negotiations with the Chairman of Pergamon Press who agreed to publish and distribute the Journal using its worldwide circulation resources. The arrangement was the foundation of the Association's financial strength and provided a stable source of income which continues to this day, in spite of several changes of publisher. Blackwell Publishers Ltd are now the publisher and there are excellent working relationships with their production team and worldwide distribution network.

The aims of the Journal at that time were clearly stated by the late Colin Hindley, one of

the three original Editors: "In the absence of a unified body of generally accepted fact and theory, the Journal aims to bring together contributions of high quality, from different points of view in order to promote an essential integration". Papers would be welcomed from related fields such as animal behaviour, anthropology, education, family studies, paediatrics, physiology and sociology. The range of topics reflected on Dr Miller's academic background, clinical experience, wide range of interests and knowledge and remains the aim and scope of the Journal today, with different emphases reflecting the great changes in knowledge and quality in the last 50 years.

The first issue of the Journal in 1960 featured papers by the luminaries of the day: Dr Miller as first Chairman, Leo Kanner, Alan and Ann Clarke, Mia Kellmer-Pringle, Donald Winnicott, James Anthony and Nathan Isaacs. The Editorial Board consisted of notable psychiatrists and psychologists and other disciplines from Europe and the United States, as did the Advisory Board, a tradition that remains.

The journal appeared twice annually in the early days, was under 100 pages, and could be purchased independently of membership of the Association at an annual fee of £5.5s for individuals. Libraries and institutions were

charged £7 per volume. In those days too, the Journal was included in the membership fee, which was £3.3s. By the end of the first decade, the Association was receiving c£2,500 profit per volume and discussions were taking place - which still take place today - on how to best utilise the surplus and whether the publishers' annual subscriptions were set too high. Over the years Editors have changed. In 1963 when Dr Miller retired as Senior Editor, Lionel Hersov was greatly honoured to join Colin Hindley as an Editor, remaining until



### From a chat to a launch ....

A conversation between two consultants in Plymouth, Dr Geoff Perham and Dr de Wet Vorster, led to the founding of the Southwest Branch (re-formed in 1992 as the Devon and Cornwall Branch) to give their colleagues easier access to national and international research studies. The branch now has a membership of 53 and, following recent re-activation, held two events over the last 12 months and is planning its future annual academic programme

**Agreement** that the Association compile and publish a Directory of Child Psychiatric Services

**First monograph** published: Aggression and Anti-social Behaviour in Childhood and Adolescence (118 copies sold to Association members in first 6 months)

**Annual balance** to each branch: £500

**Launch** of Oxford Branch

**First Newsletter** published under the editorship of Dr Ann Gath, as a response to members request for more communication

**Death of Jack Tizard** (1919-1979). Agreement to organise Memorial Lecture to tie in with the AGM. £3500 made available, to be invested to provide annual income of £300 to cover lecture and travel

**First JCPP Book Supplement** published

**Officers Meeting** introduced - Chairman, Treasurer, Secretary and Joint Editor - to discuss the long term developments and review budget allocation. Succeeded by the Executive Committee in 1982

**ACPP Annual Conference** in 1979 in Dublin; £10 travel grant to all members attending from outside Ireland

**Welsh Branch** experimenting with video recordings of meetings

**Lease of first office** at 4 Southampton Row; open from 9.30am-2.00pm. Brings together admin and publications for the first time, where previously work had been undertaken from home

**Inaugural meeting** of the new Executive Committee

**Annual subscription** increased from £3.50 to £5.00 (£6.00 for those not paying in sterling)

**Stephen Dornier** had collected the required 30 signatures to set up the Southern Branch

**Inaugural meeting** of the JCPP Editorial Board

1976

1977

1978

1979

1980



## ...By Lionel Hersov (Editor 1963 - 1983) and Mike Berger (Editor 1975 - 1989)

December 1983. During this time the Journal went through the maturing phases of development; initial experiments with abstracts, increases in the number of pages, combined with lean periods when it was difficult to put an issue together. In 1971 a third Editor, Rodney Maliphant joined, and submissions gradually began to increase as did circulation - by 1974 the circulation was in excess of 3000 (membership of the association was 1029) and by 1978, 4000 copies were being published; in 1981 annual article submissions had reached 145 and by 1990 they were 180.

It was during these developments that the first glimmerings of a Publications Department, if

you could call it that, began. Pat Nicholson was appointed as Secretary to the Editors and Mike Berger took over responsibility for book reviews. Pat's disciplined approach kept us in order; she dealt with overworked Editors, delinquent peer reviewers and demanding contributors with grace and humour and provided nourishment at the after-work Editorial meetings which often went long into the night. She remained a wonderful colleague, overseeing the growth of the department and eventually becoming Head of Publications until her retirement in 2002, when she was succeeded by Carole Sutherland.

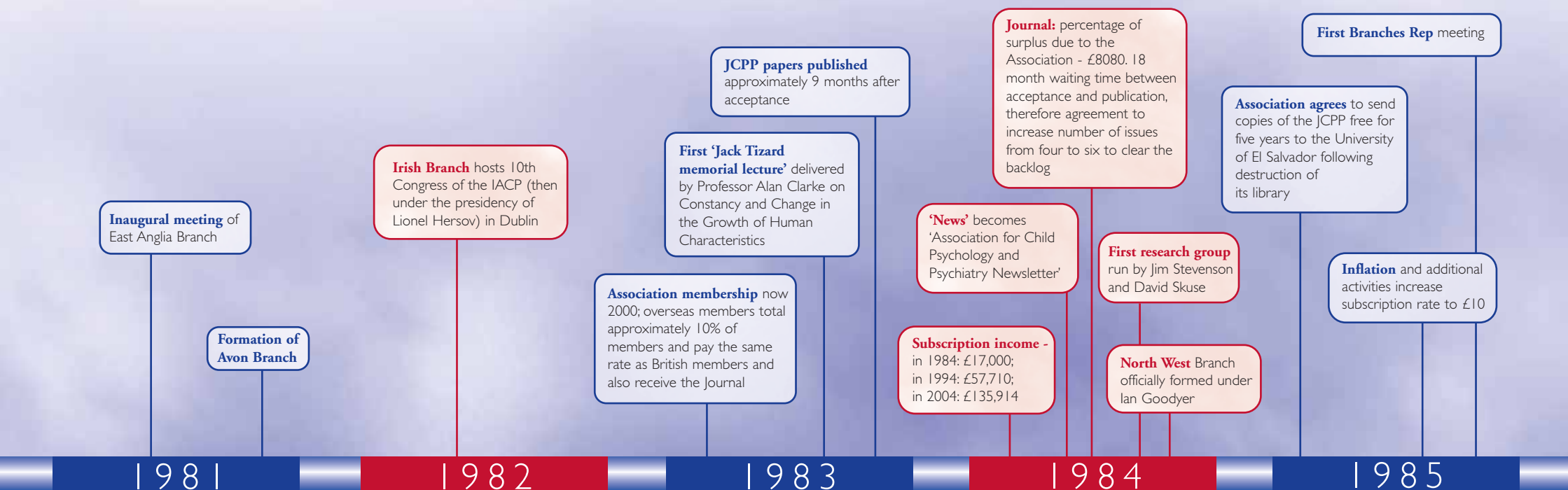
There were important innovations in later years. Philip Graham took on responsibility for the "Annotations" which were clinical accounts to complement the contents to research studies. In 1998 Mike Berger introduced Practitioner Reviews which provided further clinical input; the Annual Research Review was launched, as were book supplements and a change of cover was introduced. Frequency of publication was increased to six issues per year in 1985 (12 issues per year since 2005) and the "and allied disciplines" was dropped from the title in 2004.

There has also been a succession of editors following the principle that when the "senior"

editor retires, a new appointee joins, eventually becoming the lead, a productive formula mimicking development - continuity plus change. Mike Berger joined when Rod Maliphant left and the orderly succession continued with Eric Taylor, Dorothy Bishop, David Skuse and Jim Stevenson. In recent years the editorial team structure has had to change and expand to accommodate the increased frequency of publication. The editorial team is now led by an "Editor in Chief" (Frank Verhulst),



...continued overleaf



## 1956-2006: celebrating 50 years of advancing child and adolescent mental health

### continued...

with seven editors, four associate editors and the all-important production team at ACAMH. Supporting the Journal is an Editorial Board of 27 and an advisory Board of 35, both comprising of individuals recognised as outstanding contributors to research and practise in child mental health, reflecting as well the Journal's ongoing commitment to multidisciplinary and multinational representation.

The Journal has gone from strength to strength from its inception and, during the 1980s, was described as the leading journal of its kind in the world. Still is! Institutional circulation of the

Journal now stands at 5280, its impact factor is 3.927 and its ranking on the SSCI index is 3rd in the developmental psychology category and 7th in the psychiatry category; annual submissions are 350 (and growing), issues are monthly and articles are available online early through the Blackwell Synergy link via the ACAMH website.

Several new journals devoted to aspects of developmental psychology and child psychiatry have emerged but the JCPP has remained among those in the forefront and is set to maintain this position.

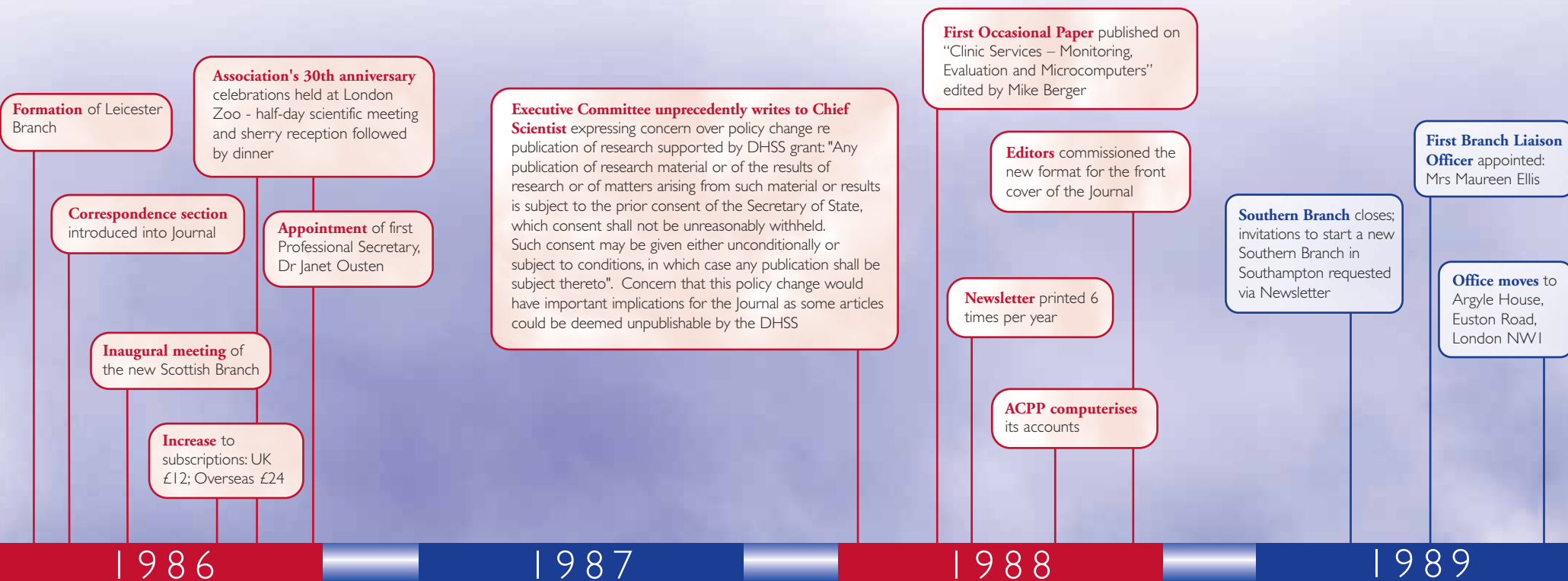
## Child and Adolescent Mental Health...

The Association's clinical journal, CAMH, has a long developmental history. It began life in about 1977 as an informal publication - the News - before metamorphosing into the Newsletter (1984), the Newsletter and Review (1993), the Child Psychology and Psychiatry Review (CPPR) (1996) and finally CAMH (2002). This move from a simple newsletter - offering a space where readers could exchange news and views - to a high quality journal, saw the development of features and columns such

as Journal Monitor and Book Reviews, Personal Profiles, Thoughts from Abroad, Points of Law and Measurement Issues.

Throughout that time, and under a succession of dedicated editors, these changes reflected a desire to meet the demands of the membership for a space where clinically relevant material could be published.

However, the birth of a stand-alone clinical journal began when, with great skill and energy, Jonathan



## ...from newsletter to journal by Linda Dowdney (Editor 1993 - 1999)

Hill and Barbara Maughan launched the Newsletter and Review, with the aim of eventually founding a clinical journal.

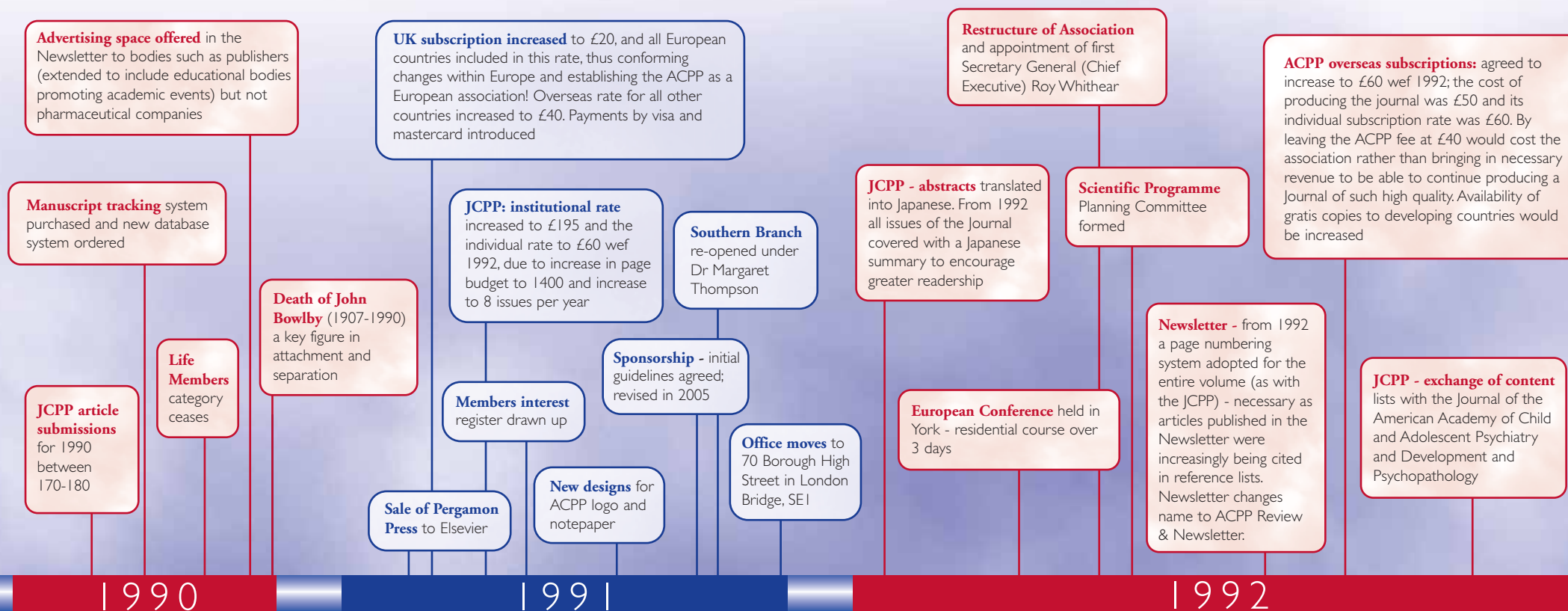
Over the next three years, Jonathan, Barbara, and then myself, worked to raise the quality of submissions until the CPPR was launched in 1996. Stephen Scott and I had the honour to be its first editors. Meantime, The Bridge, first edited by Margaret Robson, became the Association's replacement newsletter.

It is perhaps difficult for readers today to imagine what a daring idea it was to launch a purely clinical journal at a time when academic journals dominated the market in this country, and when the Association was known for its highly scholarly and academic journal, the JCPP. But, the success of the CPPR (which subsequently became CAMH in order to reflect the increasingly diverse practitioner base of the Association), has justified this move. CAMH neatly bridges the academic and practitioner

divide, publishing clear, accessible and scholarly papers from national and international contributors. It has entered the Internet age with enthusiasm, and can now boast a total of 69,000 articles being downloaded in 2005.

Future developments will include new sections detailing innovations in practice and reviews of web-based sites and materials.

That today the Association can congratulate itself on publishing the leading journal promoting evidence based practice in the UK testifies to all those editors and section/feature editors who have been involved in the conception, development and editing of this publication over nearly thirty years. Their names read like a roll call of 'Who's Who' in clinical practice and research.



## Academic Programme ... Orlee Udwin (Academic Secretary 2003-present)

The scientific and academic programme of events has always been integral to the Association's activities, and has developed to reflect external developments within child and adolescent mental health and the changing needs of the membership. From its inception, the Association has promoted best practice and provided training and opportunities for continuing professional development in a multi-disciplinary context for everyone working with children, young people and their families. The first reference to a scientific meeting was 17 January 1958: Dr Bonnard was invited to deliver

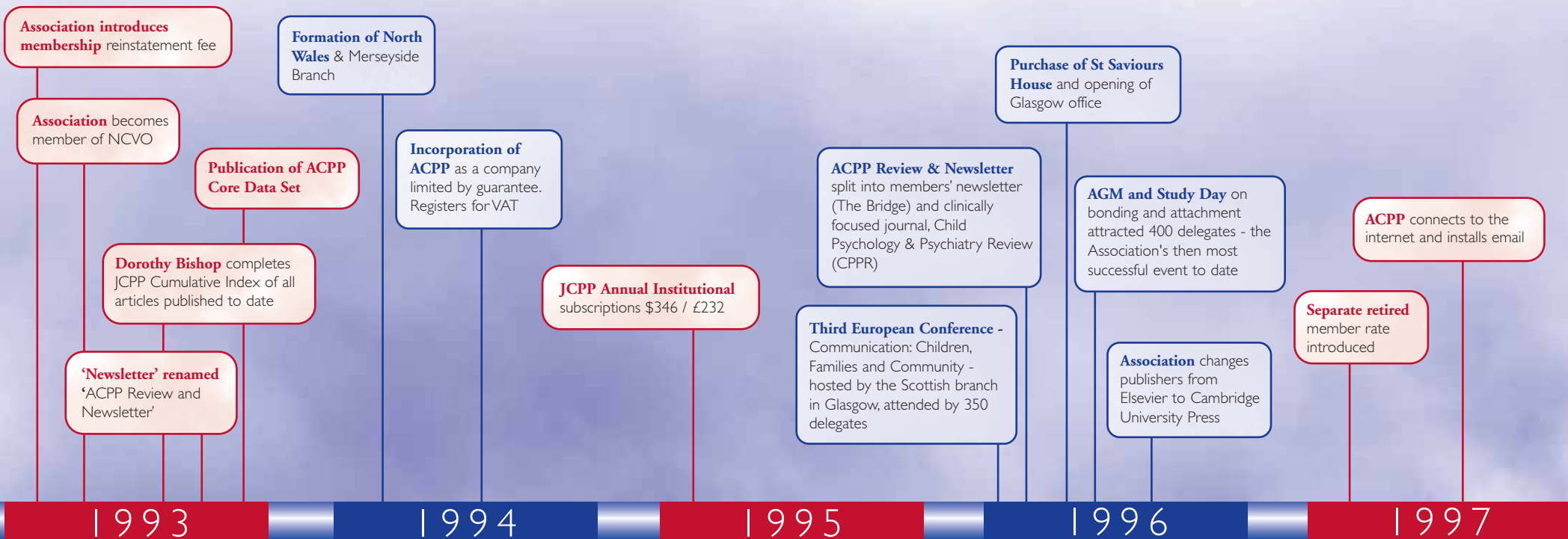
a paper on five year follow-up research and Mr James Robertson to present his new film "A two-year old goes to hospital". These topics were very advanced for the time and this has been one of the great strengths of the Association - a forward-thinking and flexible approach to training and education.

The focus of the academic programme traditionally reflects new developments, approaches and policies in research and statute; the increasing emphasis on service provision, evidence-based practice and developmental psychopathology have all been represented in

conferences and the Association is committed to undertake new initiatives such as the CBT survey and series of master classes, in response to these changing requirements.

Conferences and events take place both nationally as well as at local level, and branches have contributed significantly over the years in achieving the Association's objective of advancing child and adolescent mental health in an environment that promotes best practice and encourages the highest level of probity and transparency.

ACAMH hosts two national annual conferences which feature keynote lectures in honour of members who have made a significant contribution to the development of the Association: the Emanuel Miller Memorial Lecture, which is of a scientific academic content, and the Jack Tizard Memorial Lecture, which is of more clinical relevance.





## The Association's Annual Memorial Lectures

### Emanuel Miller (1893-1970)

A prime mover in the formation of the ACP, founding editor of the journal, founder of Britain's first child guidance clinic; a man of vision.

"Dr Miller did not found any new school of psychiatry, of psychotherapy or of psychology. Probably he was too balanced a man to entertain the hope of solving all human problems, or even of understanding them, by one particular approach. Rather, he saw as perhaps the key problem that of integrating the knowledge which came from different disciplines and different methods.

He did not achieve any cut-and-dried integration himself, nor would it have been his wish to do so, as he was too well aware of the relativity of all human knowledge. He saw integration as an on-going and never-ending process, in which each new aspect of relevant knowledge demanded a fresh look at old suppositions and previously known relationships".

*The late Colin Hindley, Chair 1967-68, Editor 1960-1971*

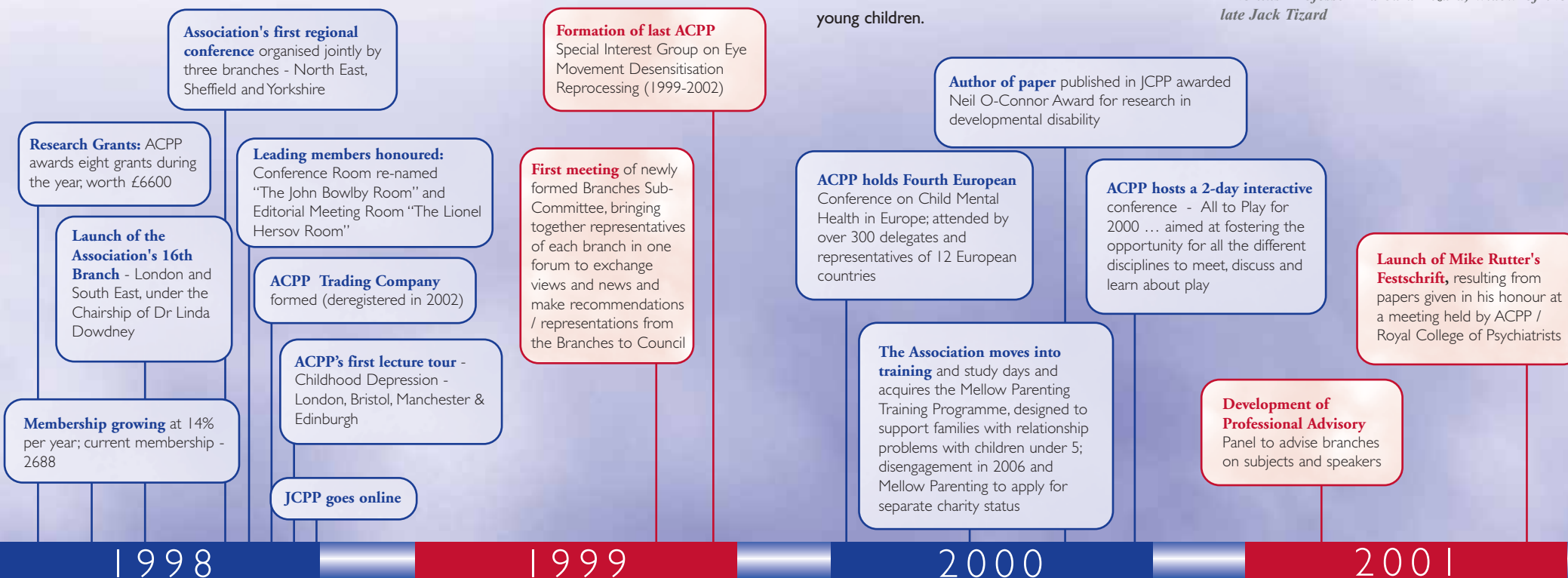


### Jack Tizard (1919-1979)

Jack, a New Zealander, graduated in psychology and philosophy (taught by Karl Popper); arriving in London after the war, he spent the next 16 years doing research with people with intellectual disabilities. He was committed to the idea that science should work for human betterment; his approach was interventionist, usually involving demonstration projects and quasi experiments. He aimed to reform or abolish the then appalling institutions, and improve service provision by basing it on epidemiological studies of need. In 1964 he set up the Thomas Coram Research Unit, concentrating most of his research efforts on services for children in care, and families with young children.

Jack was fiercely opposed to the trend towards accountability, efficiency and customer led research. He argued that science develops best when good scientists are allowed to follow their own ideas; he rejected sharp distinctions between basic and applied research, arguing: 'it is through proper consideration of practical issues that social science is likely to make theoretical advances.' His ideas remain groundbreaking and thought provoking today.

*Emeritus Professor Barbara Tizard, widow of the late Jack Tizard*



## Future Plans

ACAMH's vision is to be the leading multi-disciplinary membership organization committed to advancing standards and disseminating knowledge of child and adolescent mental health and enhancing clinical practice to best meet the psychological needs of children, young people and all those involved in their care and development.

In achieving this vision ACAMH has fifty years of experience and expertise to draw on, in addition to a strong network of committed honorary officers at both national and branch level, a visionary board of trustees spanning the disciplines and a dedicated team of professional staff, without all of whom the Association would not be celebrating the wonderful achievements and successes it is today.

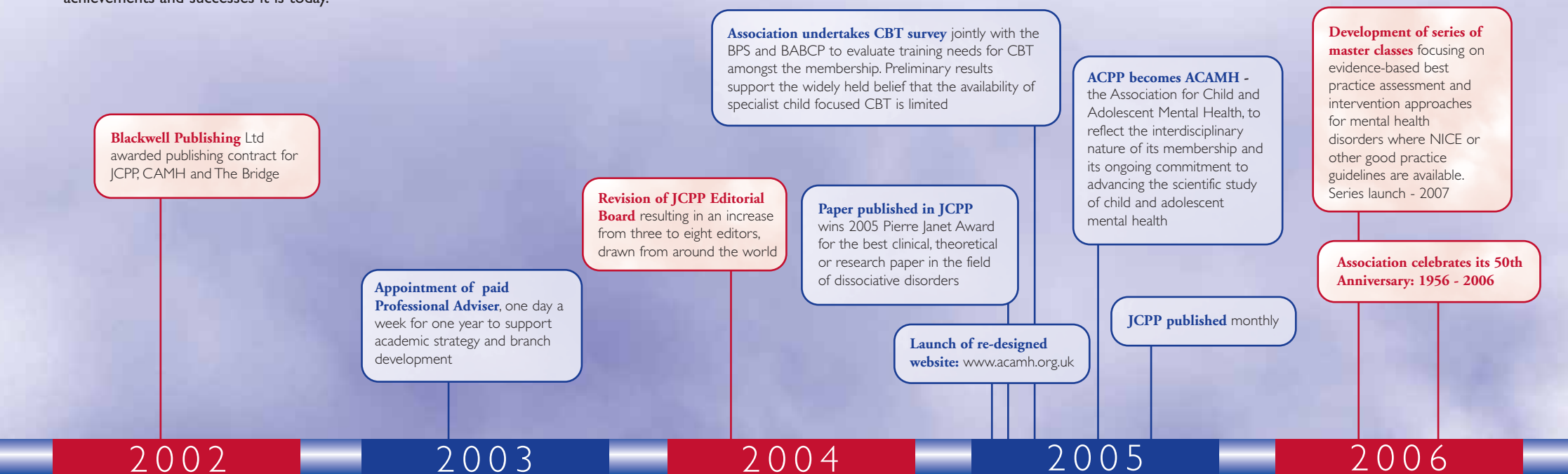
The future development of the Association will necessarily be determined by the external environment; the last couple of years in particular have seen a number of changes which have impacted both on ACAMH as a charity and membership organisation, as well as on the nature of its activities - the recent shift in emphasis to regulation and accreditation; the increased demand on our honorary officers' time; the Charity Commission's focus on governance; the financial restrictions within the clinical and academic worlds and the potential impact of open access initiatives on publication revenue. Against this shifting backdrop, the Association's commitment to supporting its multi-disciplinary membership, advancing child

and adolescent mental health and promoting research and best practice remains as strong in 2006 as in 1956 and continues to be reflected in its long-term priorities:

- hosting strong national and regional academic programmes of activities which encourage excellence, inclusiveness and, wherever practical, an evidence-based approach
- developing ACAMH's family of publications and consolidating their reputation as setting the highest standards in advancing child and adolescent mental health
- consulting with members to ensure the Association continues to respond to the

needs of the wider professions and harnesses local expertise to inform new initiatives at national level

- strengthening relationships with external bodies within the UK and abroad to ensure cross-fertilisation of information on new developments
- promoting and disseminating research and practice in child and adolescent mental health related issues of relevance to the membership through e-communication and online functionality



## **Chairs of the Association**

Emanuel Miller, Keith Soddy, John Bowlby, Ronald MacKeith, Elizabeth Irvine, Jack Tizard, Mia Kellmer-Pringle, Donald Winnicott, Colin Hindley, Edna Oakeshott, Lionel Hersov, Neville Butler, Mary Brueton, Ronald Davie, Michael Rutter, Kingsley Whitmore, Joan Court, Barbara Tizard, Desmond Pond, Martin Bax, Anne Jones, Gill Gorrell-Barnes, Kevin Connolly, Philip Graham, Roy Meadow, Peter Mortimore, Judy Treseder, Rudolph Schaffer, Sula Wolff, David Morris, Maurice Chazan, Ann Gath, Sandra Ramsden, Richard Lansdown, Issy Kolvin, William Yule, David Galloway, Philip Graham, Ann Le Couteur, Patricia Howlin

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## **Main Editors of the Journal for Child Psychology and Psychiatry**

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## **Main Editors of Child and Adolescent Mental Health**

Ann Gath, Patricia Howlin, Graham Upton, Ian Goodyer, Barbara Maughan, Jonathan Hill, Linda Dowdney, Stephen Scott, Orlee Udwin, Panos Vostanis, Paul Stallard, Jacqueline Barnes

**ACAMH Head Office, St Saviour's House, 39-41 Union Street, London SE1 1SD Phone: 020 7403 7458, Fax: 020 7403 7081, Email: [acamh@acamh.org.uk](mailto:acamh@acamh.org.uk)**

**ACAMH Glasgow Office, Phone: 0141 445 4340, Fax: 0141 445 6051**

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