



The Association
for Child and Adolescent
Mental Health

Southern Branch Research Conference

BOOKING ESSENTIAL

ACAMH Members: **£10**

Non-Members: **£15**

Southern Branch Research Conference

Thursday 4 April 2019 / 09.00 – 15.30 / Southampton

At our annual research day, national and local research projects are discussed, as we look to bridge the gap between rigorous research and best practice. It is an essential learning opportunity for CAMHS professionals, clinical practitioners, and those whose work concerns the mental health of children and young people such as educational psychologist, teachers, social workers, mental health nurses, and the like. Be part of the advancement of child and adolescent mental health, as you network and discuss issues with like-minded peers from the Southern area.

Learning points and key takeaways

- Re-audit on the use of Antipsychotics in a CAMHS service
- ADHD and suicidal spectrum behaviors
- The use of Lurasidone in children and Adolescents
- Patient and practitioner experience of mindfulness as taught in DBT
- A forthcoming Trial (OPTIMA) of the New Forest Parenting Programme online version. (NF-ol)
- Co-constructing meaning of ADHD with children/young people and families; combined approach of NFPP/ Systemic therapy

[@acamh](http://www.acamh.org/events/sbrd)

Programme

09:00 Arrival

9:30 Dr Sam Cortese ADHD and suicidal spectrum behaviors

10:30 Professor Margaret Thompson and Dr Catherine Thompson on a forthcoming Trial (OPTIMA) of the New Forest Parenting Programme online version. (NF-ol)

11:15 Coffee

11:30 Dr Uma Padmanabhi Re-Audit on safe prescribing and monitoring of antipsychotic medication

12:15 Lunch

13:00 Dr Jonathan Channing on the use of Lurasidone in children and Adolescents

13:45 Jennie Eeles on patient and practitioner experience of mindfulness as taught in DBT

14:30 Cathy Laver-Bradbury and Dr Monica Roman-Morales on co-constructing meaning of ADHD with children/ young people and families; combined approach of NFPP/ Systemic therapy

15:15 End

Speakers



Dr Jonathan Channing

Jonathan trained at Southampton University and spent several years working as a paediatrician before commencing psychiatry training. Dr Channing published a case report and systematic review on the use of Lurasidone following successfully using this medication with a young person in an inpatient setting where other antipsychotics had either not been tolerated or not been effective. He now works as Consultant in the Paediatric Liaison team at Southampton General Hospital.

Jennie Eeles

Jennie is a Senior Clinical Nurse Specialist with Sussex Partnership NHS Trust. Jennie completed her Nurse training in 2001 and has since trained in DBT. Jennie has been researching the experience of patients and practitioners with regards to the mindfulness element of DBT as the basis of a PhD in Health Sciences at the University of Southampton.



Professor Margaret Thompson

Margaret is a retired consultant child psychiatrist, who is still involved with research into ADHD. She is an Honorary Consultant at Solent NHS Trust and an Honorary Professor at the Department of Psychology, University of Southampton. She is a co-developer of the New Forest Parenting Programme and an online version of the NFPP.

Dr Catherine Thompson

Catherine trained as a Paediatrician and a psychologist. She works with the NFPP development group at the University of Southampton and has developed the online version of the NFPP.

Dr Uma Rani Padmanabhi

Uma has been working as a specialty doctor in Solent Trust for over 5 years now of which 2 yrs has been in CAMHS-East. She is also a clinical supervisor for Portsmouth HUB BM4 medical students from Southampton University. Uma is the nurse prescribers' supervisor in CAMHS-East as well as the DMP (designated medical practitioner) for non-medical prescribers in training. Plus she is the deputy chair of Audit & Research for C&F services & medical lead for Audit and research team for CAMHS-East.



Dr Samuele Cortese

Samuele Cortese, MD, PhD, is a child psychiatrist, trained in Italy, France, and in the United States. He is currently an Associate Professor at the University of Southampton and Honorary Consultant with Solent NHS Trust, UK. He is also Adjunct Associate Professor with the New York University (NYU). Dr Cortese's main research interests are around the epidemiology, neurobiology and treatment of neurodevelopmental disorders, in particular ADHD. He has a particular interest in evidence synthesis. Dr Cortese has published more than 150 peer-reviewed papers. He is Deputy Editor for the Journal of the American Academy of Child and Adolescent Psychiatry (JAACAP) and sits on the editorial board of other 5 international psychiatric journals, including JCPP. Dr Cortese is a member of the European ADHD Guidelines Group (EAGG), as well as of the child and adolescent psychiatry faculty of the European Collegium of Neuropsychopharmacology (ECNP) and of the British Association of Psychopharmacology (BAP).



Cathy Laver-Bradbury

Cathy is a Consultant Nurse specialising in ADHD at Solent NHS Trust. She is a co-developer of the New Forest Parent Training Programme designed to help parents parent a young person with ADHD. Her recent focus with her colleague Monica Roman Morales has been to develop a systemic approach to helping families where they have a child with a neurodevelopmental disorder.

Dr Monica Roman-Morales

Monica is a Systemic Psychotherapist at Solent NHS Trust. She is also a visiting Lecturer at for the MSc in Systemic Psychotherapy at the Tavistock Clinic in London and for the Psychology Doctorate at the University of Southampton. She has a special interest in the impact of neurodevelopmental disorders and its impact on the family and other social systems whilst working with families for the last 20 years. She has been co-working with Ms Cathy Laver-Bradbury researching in this area for the two last years.



Southern Branch Research Conference

Thursday 4 April 2019 / 09.00 – 15.15 / Southampton

Highpoint Centre, Bursledon Road, Southampton, SO19 8BR

TO BOOK YOUR PLACE, PLEASE COMPLETE AND RETURN THIS FORM TO:

REF: 850

ACAMH Conferences
St Saviour's House
39-41 Union Street
London SE1 1SD, UK

T +44 (0)20 7403 7458
F +44 (0)20 7403 7081
events@acamh.org

Fees include conference materials, lunch and refreshments. Please note that ACAMH may record at this event.

To read more about this and future events visit www.acamh.org/events

Booking form

PERSON ATTENDING

Title
Job title
Name
Dietary requirements
Organisation

PERSON MAKING THE BOOKING (IF DIFFERENT FROM PERSON ATTENDING)

Title
Job title
Name
Organisation
Contact Number

CONTACT DETAILS OF PERSON ATTENDING

Address type	WORK	HOME
Address		
Postcode		
Email		
Telephone		

PAYMENT

£10 ACAMH MEMBER	£15 NON-MEMBER
Cheque I enclose a cheque made payable to ACAMH	Invoice payment Invoice can only be issued on receipt of an official purchase order, clearly indicating purchase order number and paying body. Invoice requests without relevant documentation will be returned.
Card Payment	VISA MASTERCARD EUROCARD MAESTRO ELECTRON AMEX
If you prefer, for security purposes, not to fill in your card details, and post or email, then we can contact you by phone for these.	
Name on card	Card number
Expiry date	Issue No (if Maestro)
Billing address	CCV (last three digits on back of card or four on front for AMEX)
Cardholder's signature	Date

Closing date: Monday 4 April 2019

Confirmation will be emailed to all delegates, if you have not received confirmation at least one week before the event please contact the office on 020 7403 7458. Please do not turn up on the day without having received confirmation by email.

Cancellation policy: cancellations received 6 weeks in advance of the event will be refunded in full less a £10 administration charge; cancellations received after this date will receive no refund.

Data Protection: By signing this application you are entering into a contract with ACAMH to attend the above event. ACAMH will use the information provided to communicate details with you about the event. As part of the contract the email address provided will be added to our weekly newsletter, with details about CYP mental health topics, you can unsubscribe from this at any time.