



The Association  
for Child and Adolescent  
Mental Health

# Responding to a digital generation

## Responding to a digital generation

Friday 14 June / 0900 – 1600 / Albany Centre, 44 Ashley St, Glasgow G3 6DS

**Considering the impact of digital media on the mental health of young people, both positive and negative, and how we can support them.**

### Who should attend

This day would be beneficial to mental health professionals who work in a clinical or research setting. In particular; psychologists, psychiatrists, doctors, nurse practitioners, educational psychologists, researchers, social workers, teachers, and those that work with children affected with mental health issues.

### Learning outcomes and key takeaways

- Identify the issues young people face living in today's digital world
- Lived experience of the impact of digital media with children and young people
- Understand the benefits and challenges from different perspectives
- Learn about the supports available.

## Draft Programme

09:30	Coffee and Registration
10:00	Key note speech - Clare Haughey, MSP (Scottish Minister for Mental Health)
10:30	Sarah Doherty - Enurture
11:15	Coffee
11:30	Research speaker
12:30	Lunch
1:15	Workshops round 1
2:00	Workshops round 2
2:45	Coffee
3:00	Dan - Brothers in Arms (Male MH/Suicide/GAMING/Gambling)
3:45	Andrea Mc Millan - CEOP - Online Child protection
4:30	Summary/Close

## Price

The events we organise are not profit-making, many are subsidised through our other commercial activities, without which they would not be able to run. As a charity, any surplus that we make is invested back into the business to benefit our Members and the sector. Members get a discounted rate and we hope you consider joining.

Publications/Digital: **£52.50**

*\* 10 spaces are available at this rate*

Platinum Member: **£110**

Gold Member: **£126**

Silver/Bronze Member: **£142**

Non Member: **£158**

## About the event

Using a strong evidence-base the conference brings together leading figures in clinical practice, academic research, and patient experience. We will discuss the key challenges faced in relation to child and adolescent mental health in the fast paced digital environment. Through a variety of speakers and groups, we will hear about different perspectives, both positive and negative experiences and how we, who support young people, can help them to rise to these new challenges.

Many people lack an awareness of the digital landscape, possibly because they have grown up in a different context with less exposure to communication technology, and as such potentially do not engage with them in the same way that our young people do. This day will help you cut through the moral panics about social media, computer games, and the internet, and using evidence based examples, will explore the challenges, and the benefits, that new technologies can offer in the context of mental health.

# Speakers



## Clare Haughey MSP

Clare is a Scottish politician who is a Scottish National Party member of Scottish Parliament for Rutherglen, elected in the Scottish Parliament election, 2016. Clare trained as a mental health nurse and worked as a clinical nurse manager, and continues to volunteer with the NHS during her spare time. In June 2018 she was appointed as the Scottish Government's Minister for Mental Health.



## Sarah Doherty

Sarah is an apprentice working as a software engineer whilst studying towards a digital and technology solutions degree. Her two greatest passions in life are mental health and technology. She is interested in how technology influences people especially young people, and how it could possibly be used to educate and even help people in regards to their mental health, especially with in the ethnic community. She believes that mental health should be talked about freely in society. She has recently spoken at an event to promote women in STEM to young girls at Nottingham University, School of Computer Science.

## Barbera Patterson

Childrens hearing Systems - Digital issues being uncovered in the Childrens Hearings Systems and practical measures to support people.

## Rena Ali

Rena and a group of young people will be talking about their experiences.



## Trevor Lakey

Originally a biological scientist focused on intracellular signalling mechanisms, with PhD at University of Sheffield then a Post-Doctoral role at University of Glasgow. Undertook a Masters in Public Health in 1988, and have worked since 1990 in health promotion, based in Greater Glasgow & Clyde. Work includes tackling inequalities, mental health, suicide prevention, addictions prevention, youth health, community and urban health, plus technology for wellbeing. Fellow of Royal Society of Arts.



# Responding to a Digital Generation

Friday 14 June / 09.30 – 16.00 / Albany Centre, 44 Ashley St, Glasgow G3 6DS

TO BOOK YOUR PLACE, PLEASE COMPLETE AND RETURN THIS FORM TO:

REF: 856

ACAMH Conferences  
St Saviour's House  
39-41 Union Street  
London SE1 1SD, UK

T +44 (0)20 7403 7458  
F +44 (0)20 7403 7081  
events@acamh.org

Fees include conference materials, lunch and refreshments. Please note that ACAMH may record at this event.

To read more about this and future events visit [www.acamh.org/events](http://www.acamh.org/events)

## Booking form

### PERSON ATTENDING

Title
Job title
Name
Dietary requirements
Organisation

### PERSON MAKING THE BOOKING (IF DIFFERENT FROM PERSON ATTENDING)

Title
Job title
Name
Organisation
Contact Number

### CONTACT DETAILS OF PERSON ATTENDING

Address type	WORK	HOME
Address		
Postcode		
Email		
Telephone		

### PAYMENT

£110 PLATINUM MEMBER	£126 GOLD MEMBER	£142 SILVER/BRONZE MEMBER	£52.50 PUBLICATIONS/DIGITAL MEMBER
			£158 NON-MEMBER
<b>Cheque</b> I enclose a cheque made payable to ACAMH	<b>Invoice payment</b> Invoice can only be issued on receipt of an official purchase order, clearly indicating purchase order number and paying body. Invoice requests without relevant documentation will be returned.		
Card Payment	VISA	MASTERCARD	EUROCARD MAESTRO ELECTRON AMEX
<b>If you prefer, for security purposes, not to fill in your card details, and post or email, then we can contact you by phone for these.</b>			
Name on card	Card number		CCV (last three digits on back of card or four on front for AMEX)
Expiry date	Issue No (if Maestro)		
Billing address			
Cardholder's signature	Date		

**Closing date:** 12 June 2019

Confirmation will be emailed to all delegates, if you have not received confirmation at least one week before the event please contact the office on 020 7403 7458. Please do not turn up on the day without having received confirmation by email.

**Cancellation policy:** cancellations received 6 weeks in advance of the event will be refunded in full less a £10 administration charge; cancellations received after this date will receive no refund.

**Data Protection:** By signing this application you are entering into a contract with ACAMH to attend the above event. ACAMH will use the information provided to communicate details with you about the event. As part of the contract the email address provided will be added to our weekly newsletter, with details about CYP mental health topics, you can unsubscribe from this at any time.