

Call for papers – JCPP Special Issue on Sleep & Mental Health 2020

Waking Up to the Importance of Sleep for Child & Adolescent Mental Health & Disorders

The *Journal of Child Psychology and Psychiatry* invites manuscripts for a special issue entitled “**Waking Up to the Importance of Sleep for Child & Adolescent Mental Health and Disorder**” to be edited by Professors Alice Gregory, Goldsmiths, University of London; Michael Gradisar, Flinders University and Liat Tikotzky, Ben-Gurion University of the Negev; due for publication in **September 2020**.

Historically, the role of sleep in relation to developmental psychopathology has been rather neglected. Over the past decade or so, however, there has been an attitude shift as it has become abundantly clear that sleep (e.g. its quality, timing, length and consistency) is important for child and adolescent wellbeing - so much so that it is being targeted as a way of treating mental health conditions such as depression.

This special issue aims to showcase the very best recent research on all aspects of **sleep** - its direct relevance to **child and adolescent mental health and developmental psychopathology**.

We encourage submissions of high-quality papers from different nations/regions which include (but are not limited to) clinically relevant research focusing on sleep in relation to child psychology and psychiatry, and which focus on:

- Epidemiology
- Development /longitudinal change
- International/cross cultural perspectives
- Multiple method approaches (subjective and objective)
- Genetics, biomarkers and other biological processes
- Experimental work (e.g. napping)
- Interventions/ treatments (e.g. RCTs)
- Systematic reviews/ meta-analyses
- Policy, strategy, resources available, concerns within the field

Interested authors should submit a letter of intent as a Word file to the JCPP editorial office (Prabha.Choubina@acamh.org) with ‘Sleep Special Issue’ in the subject line by **31st May, 2019**.

The letter should include the following: a tentative title; a brief description of the proposed submission (up to 500 words) including a clear statement of the methods and findings; a brief explanation of the unique contribution made by the proposed manuscript (under 100 words); names and affiliation of all anticipated authors; and contact information for the corresponding author.

The editors will review all letters and invite a select few to be submitted as full manuscripts. The editors will contact the selected authors, no later than **27th June 2019**. Manuscript submission will be due no later than, **29th Nov 2019**.