



The Association
for Child and Adolescent
Mental Health

Mood Disorders

Mood Disorders

Wednesday 4 December / 09.00 – 15.15 / Chilworth Manor
Hotel, Southampton SO16 7PT

Fluctuations in mood to the extremities of feeling can have a negative effect on your general emotional state. These Mood Disorders can interfere with your ability to effectively function. At times the individual can be disproportionately sad, have feelings of emptiness or irritability, together with times of depression interchanging with periods of extreme happiness or mania.

This day provides the perfect opportunity to update your understanding and skills in the assessing, treatment & management of young people who present with mood disorders.

www.acamh.org

About the day

The format is a balanced mixture of presentations by speakers to offer skills-based learning opportunities. The day will also provide an excellent opportunity for the delegates to network and share their experience and expertise with peers.

All delegates will receive a CPD certificate of 4 hours. This will be emailed after the event.

Key takeaways

- Comprehensive understanding of how mood disorders present in under 18s
- Insights in assessing, treating, and managing those who present with Mood Disorders
- Learn about the latest research and new innovations

Who is it for?

This day would be beneficial to those who work with children and young people who are looking to update their skills and knowledge on this subject. In particular mental health professionals, such as CAMHS professionals, Paediatricians, Occupational Therapists, Speech and Language Therapists, and General Practitioners. Additionally, those that work in the education sector, including; Educational Psychologists, SENCOs, and Hospital School Staff. Plus of course academics and researchers of all levels, people with ASD to problems of anxiety or depression, and think about how this knowledge can inform interventions.

The emphasis of this Masterclass will be on interactive learning using group exercises, and numbers are kept low to encourage discussion and sharing of experience and ideas.

About the speakers

Dr. Ruth Brand Flu

Dr. Ruth Brand Flu is originally from the Northeast of the Amazon where she embarked on her medical studies and graduated in 1989 as a medical doctor. She has worked in the field of Psychiatry for over 30 years and trained in Europe in a system and during times where psychiatry and psychotherapy were completely amalgamated. She also trained and received supervision on severe psychotrauma i.e. dissociative disorders and personality disorders.

Ruth received further specialist psychiatry training in England and is also an EMDR therapist, which is an additional tool box for complex trauma. She also wrote her dissertation in regards to her medical studies on adults with autism. Her original background in the field of psychiatry was generic followed by life span learning disabilities until 2008. Since then, she has worked solely as a Child & Adolescent Psychiatrist and cares for children and young people with and without intellectual disability. Ruth currently works in the North of Scotland.

Ruth's area of expertise also includes diagnostic assessments of autism in children as young as 18 months. She has a degree in an advanced form of sensory integration and is also certified massage therapist (for children with autism). Part of her learning curve stems from her multi agency colleagues and families. Having worked in a compromised part of an inner city, she has obtained a great deal of forensic expertise too. Ruth is committed to differential diagnosis rather than pigeonholing the patient. An additional expertise is combining neurocognitive findings with biopsychosocial formulation for best outcomes in young people.

In her career she has mainly worked as a locum consultant which provides a great deal of scope to integrate certain skills when required at the work place. One of her hobbies as a psychiatrist is to synergise with multiple professionals and to set up clinical focus groups with multi agency staff to address complex cases and issues. She has been involved in setting up several services i.e. in regards to developmental disorders and learning disabilities. She has obtained a Certificate Global mental health leadership.

Dr. Aditya Sharma

Dr. Sharma is a Clinical Senior Lecturer at the Newcastle University and Honorary Consultant in Child and Adolescent Psychiatry. His areas of clinical academic interest are bipolar disorder impacting on children and adolescents and complex neurodevelopmental disorders. His areas of expertise also include co-design and co-production in mental health and use of m-health technologies which has led to the development of C.A.L.M. App which aims to empower and improve the lives of young people (16-25) living with bipolar disorder.

Prof. Philip Asherson

Philip Asherson, MB,BS, MRCPsych, PhD is Professor of Molecular Psychiatry at the MRC Social, Genetic and Developmental Psychiatry (SGDP) Research Centre at the Institute of Psychiatry, King's College London in the United Kingdom.

Philip earned his medical degree from The Royal London Hospital and his doctoral degree from the University of Wales. He was an MRC Clinical Research Fellow in the Department of Psychological Medicine & Institute of Medical Genetics at the University of Wales College of Medicine in Cardiff where he worked on molecular genetic studies of schizophrenia with Profs. Mike Owen and Peter McGuffin.

Prof. Asherson works on clinical, quantitative genetic and molecular genetic studies of ADHD in adults and children; and clinical assessment and treatment of adult ADHD. He has been a senior member of the UK National Adult ADHD Clinic at the Maudsley Hospital since 1998; which was established by Brian Toone and Suzy Young in 1994. He has published several articles on the diagnosis and treatment of ADHD in adults, with a particular focus on approaches that are relevant to clinical services in the UK. He played a key role in the NICE guidelines for ADHD that were published in autumn 2008, with his main contributions being discussions on the validity of the diagnostic construct of ADHD and providing expert guidance on the clinical procedures and services required for the diagnosis and treatment of ADHD in adults. Current research projects include the International Multi-centre ADHD Gene (IMAGE) project (IMAGE) that is using a quantitative trait approach to map genes for ADHD. IMAGE has collected over 1,000 families with one or more individuals with combined type ADHD. He and Jonna Kuntsi work together on family and twin studies that are identifying neuropsychological processes that mediate genetic effects on ADHD. He is the author and co-author of more than 140 articles and book chapters on genetics of psychiatric conditions including schizophrenia, bipolar disorder and ADHD, as well as idiopathic generalized epilepsy (IGE). He is President UK Adult ADHD Network.

Prices

The events we organise are not profit-making, many are subsidised through our other commercial activities, without which they would not be able to run. As a charity, any surplus that we make is invested back into the business to benefit our Members and the sector. Members get a discounted rate and we hope you consider joining.

Prices include coffee and tea on arrival, two-course hot/cold lunch, and refreshments throughout the day, with cakes in the afternoon.

Publications/Digital member rate: £52.50

Platinum member: £110

Gold member: £126

Silver/Bronze member: £142

Non-member: £158

Programme

09:00	Registration
09:30	Introduction
09:45	Dr. Ruth Brand-Flu 'Taming the waters'
10:45	Break
11:00	Speaker TBC
12:00	Lunch
13:00	Dr. Aditya Sharma 'Bipolar in children – research, challenges, and treatment'
14:00	Break
14:15	Prof. Philip Asherson 'Mood dysregulation in adults'
15:15	End



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TO BOOK YOUR PLACE, PLEASE COMPLETE AND RETURN THIS FORM TO:

REF:855

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F +44 (0)20 7403 7081
events@acamh.org

Fees include conference materials, lunch and refreshments. Please note that ACAMH may record at this event.

To read more about this and future events visit www.acamh.org/events

Booking form

PERSON ATTENDING

Title
Job title
Name
Dietary requirements
Organisation

PERSON MAKING THE BOOKING (IF DIFFERENT FROM PERSON ATTENDING)

Title
Job title
Name
Organisation
Contact Number

CONTACT DETAILS OF PERSON ATTENDING

Address type	WORK	HOME
Address		
Postcode		
Email		
Telephone		

PAYMENT

£110 PLATINUM MEMBER	£126 GOLD MEMBER	£142 SILVER/BRONZE MEMBER	£52.50 PUBLICATIONS/DIGITAL MEMBER
			£158 NON-MEMBER
Cheque I enclose a cheque made payable to ACAMH	Invoice payment Invoice can only be issued on receipt of an official purchase order, clearly indicating purchase order number and paying body. Invoice requests without relevant documentation will be returned.		
Card Payment	VISA	MASTERCARD	EUROCARD MAESTRO ELECTRON AMEX
If you prefer, for security purposes, not to fill in your card details, and post or email, then we can contact you by phone for these.			
Name on card	Card number		CCV (last three digits on back of card or four on front for AMEX)
Expiry date	Issue No (if Maestro)		
Billing address			
Cardholder's signature	Date		

Closing date: 2 December 2019

Confirmation will be emailed to all delegates, if you have not received confirmation at least one week before the event please contact the office on 020 7403 7458. Please do not turn up on the day without having received confirmation by email.

Cancellation policy: cancellations received 6 weeks in advance of the event will be refunded in full less a £10 administration charge; cancellations received after this date will receive no refund.

Data Protection: By signing this application you are entering into a contract with ACAMH to attend the above event. ACAMH will use the information provided to communicate details with you about the event. As part of the contract the email address provided will be added to our weekly newsletter, with details about CYP mental health topics, you can unsubscribe from this at any time.