



The Association
for Child and Adolescent
Mental Health

ASD Masterclass

ASD Masterclass

Engineers House, The Promenade,
Clifton Down, Avon, Bristol BS8 3NB

Tuesday 10 September - **EARLY BIRD UNTIL 31 JULY**

Mental health problems commonly co-occur with ASD, yet these problems often go untreated. This Masterclass offers both clinicians and researchers the opportunity to update their knowledge of the evidence-base and its implications for best-practice. This is a unique opportunity to learn from the best-of-the-best in the field of ASD and mental health.

This full-day training is the equivalent of 6 hours CPD, and is suitable for those who have an advanced knowledge of the treatment and management of children and young people with an ASD diagnosis.

www.acamh.org/event/asd-bristol

Learning Outcomes

- Update your understanding of the prevalence and phenomenology of mental health problems in ASD
- Improve your knowledge of evidence-based interventions for mental health problems in ASD
- Learn the most recent RCT-evidence relating to CBT-based approaches

About the day

Mental health problems commonly co-occur with Autism Spectrum Disorder (ASD), and yet these problems often go untreated. This can be due to a number of factors including diagnostic overshadowing and difficulty recognising and assessing these problems. There is now good research evidence demonstrating the high prevalence rates – and sometimes atypical phenomenology – of mental health problems in ASD, and in recent years a number of randomised controlled trials have been published, primarily using a cognitive-behavioural treatment packages, with promising results.

The day will focus on identification and treatment of the mental health problems associated with ASD. As a part of this, we will discuss theoretical knowledge about autistic thinking and processing styles that can pre-dispose young people with ASD to problems of anxiety or depression, and think about how this knowledge can inform interventions.

The emphasis of this Masterclass will be on interactive learning using group exercises, and numbers are kept low to encourage discussion and sharing of experience and ideas.

From a previous ASD Masterclass
our delegates said...

Overall value - 100% rated good or very good

Knowledge gained can be used in an impactful way - 100% rated good or very good

Quality of speakers 100% - rated very good

Prices

Early Bird offer until 31 July, save 20%

Amongst our aims is the dissemination of information to bridge the gap between rigorous research and best practice in relation to child and adolescent mental health. One of the ways in which we do this is through our events, and we try to make these as accessible and affordable as is reasonably possible. The events we organise are not profit-making, many are subsidised through our other commercial activities, without which they would not be able to run. As a charity, any surplus that we make is invested back into the business to benefit our Members and the sector. Members get a discounted rate and we hope you consider joining.

Digital & Publications Members:

£74.00 (10 spaces are available at this rate)

Platinum Members:

Early Bird **£135.00** until 31 July,

£147.00 thereafter

Gold Members:

Early Bird **£135.00** until 31 July,

£168.00 thereafter

Silver & Bronze Members:

Early Bird **£151.00** until 31 July,

£189.00 thereafter

Non-Members:

Early Bird **£168.00** until 31 July,

£210.00 thereafter

Who should attend

This day would be beneficial to those who work in a clinical or research setting with an advanced understanding of ASD in children and young people, who are looking to update their skills and knowledge specifically around mental health problems in those with an ASD diagnosis. In particular; consultants, clinical leads, speciality doctors, nurse practitioners, educational psychologists, senior researchers, and those that work with children affected with mental health issues.

The ‘Masterclass Series’

This CPD training day is part of ACAMH’s ‘Masterclass Series’. The ‘Masterclass Series’ delivers advanced, evidence-based training for those working in CYP mental health, to build upon their skills, knowledge and experience. They are interactive sessions, consisting of a series of lectures delivered by world-renowned experts in the field who focus on the latest research, and the implications for best-practice.

About the speakers

Dr Ann Ozsivadjian

Principal Clinical Psychologist at Evelina London Children’s Hospital, Guy’s and Thomas’ NHS Foundation Trust

Ann trained in clinical psychology at Oxford and has worked in the Complex Paediatric Neurodevelopmental Disability Service at the Children’s Neurosciences Centre, Evelina Children’s Hospital (Guy’s and St Thomas’ NHS Foundation Trust) for 14 years since qualification. Her clinical and research interests include assessment and treatment of mental health difficulties in ASD, and cognitive pathways to anxiety in ASD.

What the delegates said

“Excellent Masterclass! Very informative with clear practical tips, with clear articulate speakers.”

Previous delegate

“Excellent speakers, very interesting, thoroughly evidence-based and engaging”

Previous delegate

Programme

8.15 = 10.00 \ 00 VKNW[

9.30 Mental health problems in ASD: prevalence, presentation and pathways

10.45 Break

11.00 Assessment and formulation

11.30 Group exercise: formulating a case

12.30 Lunch

13.15 Adapting CBT and other intervention approaches, including working alongside medication

14.30 Working with minimally verbal clients

15.00 Tea and group exercise: intervention

15.45 Working with schools

16.15 Video and final discussions

16.30/17.00 Close



Autism Masterclass

Tuesday 10 September / 09.00 – 16.00 / Engineers House, The Promenade, Clifton Down,
Avon, Bristol BS8 3NB

TO BOOK YOUR PLACE, PLEASE COMPLETE AND RETURN THIS FORM TO:

REF: 862

ACAMH Conferences
St Saviour's House
39–41 Union Street
London SE1 1SD, UK

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F +44 (0)20 7403 7081
events@acamh.org

Fees include conference materials,
lunch and refreshments. Please note
that ACAMH may record at this
event.

To read more about this
and future events visit
www.acamh.org/events

Booking form

PERSON ATTENDING

Title
Job title
Name
Dietary requirements
Organisation

PERSON MAKING THE BOOKING (IF DIFFERENT FROM PERSON ATTENDING)

Title
Job title
Name
Organisation
Contact Number

CONTACT DETAILS OF PERSON ATTENDING

Address type	WORK	HOME
Address		
Postcode		
Email		
Telephone		

PAYMENT

PLATINUM MEMBER Early Bird £135 until 31 July, then £147 Cheque I enclose a cheque made payable to ACAMH	GOLD MEMBER Early Bird £135 until 31 July, then £168 Invoice payment Invoice can only be issued on receipt of an official purchase order, clearly indicating purchase order number and paying body. Invoice requests without relevant documentation will be returned.	SILVER/BRONZE MEMBER Early Bird £151 until 31 July, then £189	£74 PUBLICATIONS/DIGITAL MEMBER Non-Member Early Bird £168 until 31 July, then £210			
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If you prefer, for security purposes, not to fill in your card details, and post or email, then we can contact you by phone for these.						
Name on card			Card number			
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Cardholder's signature			Date			

Closing date: 8 September 2019

Confirmation will be emailed to all delegates, if you have not received confirmation at least one week before the event please contact the office on 020 7403 7458. Please do not turn up on the day without having received confirmation by email.

Cancellation policy: cancellations received 6 weeks in advance of the event will be refunded in full less a £10 administration charge; cancellations received after this date will receive no refund.

Data Protection: By signing this application you are entering into a contract with ACAMH to attend the above event. ACAMH will use the information provided to communicate details with you about the event. As part of the contract the email address provided will be added to our weekly newsletter, with details about CYP mental health topics, you can unsubscribe from this at any time.