



The Association
for Child and Adolescent
Mental Health

Fetal Alcohol Spectrum Disorders

Fetal Alcohol Spectrum Disorders

The Alex Hotel, 41-47 Fenian St, Dublin, D02 H678

Thursday 3 October

FASD is the most common cause of neurodisability in the Western world. This is an absolutely essential conference that will raise awareness and understanding of FASD and provide an overview of how individuals and families affected by FASD can be supported.

This conference will be of interest to mental health professionals, those working in fostering and adoption, anyone parenting, caring for, or working with a child with FASD, social workers, medical advisers, and teachers.

@acamh

www.acamh.org/event/fasd-dublin/

Key takeaways

- To raise awareness of the prevalence, key features and outcomes of individuals affected by FASD
- Understand the key components of an FASD assessment, take alcohol history, develop strengths/difficulties profile
- Gain an overview of what interventions and approaches can benefit individuals and families affected by FASD
- Understand about the lived experience from those affected
- Consider wider implications from prevention to intervention, a whole system approach to FASD

Prices

- **Digital & Publications Members: €52.50**
- **Platinum Members: €110**
- **Gold Members: €126**
- **Silver & Bronze Members: €142**
- **Non-Members: €158**

Speakers

Dr. Jennifer Shields

Principal Clinical Psychologist for the Scottish Government Fetal Alcohol Advisory and Support Team (FAAST) based in NHS Ayrshire and Arran.

Principal Educator for Autism (NHS Education Scotland) Following two years working for the West Dunbartonshire Acquired Brain Injury Service, Dr Shields completed her Doctorate in Clinical Psychology at the University of Glasgow. Alongside her clinical post within the Child & Adolescent Mental Health Service in North Ayrshire, she also completed a Post Graduate Diploma in Paediatric Clinical Neuropsychology at University College London. Dr Shields has a longstanding interest in neurodevelopmental conditions and acquired brain injury. She was a member of the working group for the SIGN Guideline for Autism (145) and is currently a member of the working group for the SIGN Guideline for FASD.

Dr. Sarah Brown

Consultant Paediatrician, Rainbow House Child Development Centre, NHS Ayrshire & Arran

Dr Brown has longstanding interests in advocating for the needs of Looked After and Accommodated Children and is the Lead Paediatrician for LAAC Health within Ayrshire. Dr Brown is the Lead Clinician for the Scottish Government Fetal Alcohol Advisory and Support Team and is committed to supporting the nationwide development of FASD services and improving clinician confidence in the diagnosis of FASD. She regularly teaches and presents at conferences on Fetal Alcohol Spectrum Disorders and is a member of the FASD SIGN Guideline Group.

Cynthia Silva

Senior Educational Psychologist, retired from HSE, an Early Intervention Disability Team, in County, Mayo.

An experienced facilitator for the past 30 years in the areas of FASD, Intellectual Disabilities, Specific Learning Disabilities, Dyslexia, Sexuality, Cooperative Discipline and Behaviour Management. Associate Lecturer in NUIG Doctoral Program in Psychology in areas of Disability, FASD, Assessment, and Sexuality.

Rachael Nielsen

Project Manager for the Greater Manchester Alcohol Exposed Pregnancies Programme

This 'proof of concept' programme aims to reduce alcohol exposed pregnancies with the ambition to eliminate new cases of Foetal Alcohol Spectrum Disorder. Before joining Greater Manchester Health and Social Care Partnership, Rachael worked in NHS drug and alcohol treatment services for 19 years in both practitioner and managerial roles. During that time Rachael led both clinical and children and families services. Rachael is committed to the hidden harm agenda and throughout her career has strived to implement and improve practices to reduce drug and alcohol related harm.

Prof. Moira Plant

Emeritus Professor of Alcohol Studies at the University of West of England in Bristol UK and Adjunct Professor at Curtin University Perth Australia

Moira's main interests include women, alcohol and mental health, drinking in pregnancy and Fetal Alcohol Spectrum Disorders. She has published on these and related subjects in peer reviewed journals and books. Moira is the UK lead on the Gender Alcohol and Culture: An International Project (GENACIS) which includes over 40 countries worldwide. She has acted as consultant to the World Health Organisation, the UK and other governments, the Centre for Addiction Research & Education Scotland (CARES) and is a UK consultant to the US Collaborative Initiative on Fetal Alcohol Spectrum Disorders (CIFASD). Moira is a psychotherapist and trains and supervises counsellors.

Róisín Reynolds

Róisín has worked in the drug and alcohol field since the early 90s in both clinical and managerial roles. During this time she also worked as a reviewer for the Health Care Commission and has delivered the RCGP Part 1 and 2 – Working with Drug Users in primary care in venues across the North West. Róisín has also facilitated workshops at several national conferences. Her current role as Senior Advisor for Alcohol Exposed Pregnancies at the Greater Manchester Health & Social Care Partnership, is to lead on an initial 2 year 'proof of concept' programme to reduce alcohol exposed pregnancies and progress towards and ambition of ending new cases of Foetal Alcohol Spectrum Disorder.

Rachel Burn

FASD/Maternal Health Public Health Officer

Rachel is currently a Public Health Officer within NHS Ayrshire and Arran and throughout her career she has had a keen interest in raising awareness of the risks associated with drinking alcohol during pregnancy and FASD. Some of this work includes delivery of training to midwives on discussing alcohol use in pregnancy and how to deliver effective alcohol brief interventions. Rachel is also a member of the Scottish Government funded Fetal Alcohol Advisory and Support Team and is committed to raising awareness and delivering FASD prevention activities at a local and national level. Rachel has been instrumental in the development and design of a multi-disciplinary training programme which focuses on improving awareness and knowledge of FASD for professionals across health and social care, education and the third sector. Rachel also contributed to the production of a parent and carer guide which provides information and advice for families following diagnosis and is currently in the process of writing a FASD resource for educators.

Dr. Barry Coughlan

Barry is Director of the Clinical Psychology Doctoral Programme at the University of Limerick, Ireland. Barry qualified as a Clinical Psychologist in 2003 and has worked in a number of health services across the Mid-West region of Ireland, most recently in adult disability services. He has a special interest in the emotional wellbeing and mental health of young people and adults with developmental disability and complex need. Barry holds an honours degree in Applied Psychology from University College Cork, a PhD from University College Cork and a Doctorate in Clinical Psychology, from University College Dublin, and has supervised over 60 PhD's to completion, covering a wide range of applied clinical topics. He has a particular interest in continued professional development for multi-disciplinary staff specifically in the area of FASD, and in 2015 secured funding from the Irish Research Council to host an international conference entitled: FASD – Interdisciplinary Understanding. Barry also provides ongoing training to Tusla and the HSE on this topic.

Dr. Mary T O'Mahony MB, MPH, FFPHMI, DCH

Specialist in Public Health Medicine and former Director of Public Health for HSE - South

Mary qualified as a medical doctor from University College Cork in 1982. She is registry leader for EUROCAT Registry 49 covering birth defects in children born to mothers' resident in counties Cork and Kerry. She provides public health input to the National Perinatal Epidemiology Centre Governance Committee; and to the HSE's Disability Service Transformation Working Group 1 for health service improvement. She has an on call commitment for infectious disease prevention and control. The surveillance of Foetal Alcohol Syndrome has been proposed at EUROCAT Registry Leader meetings in the past. Mary is the national clinical lead for the prevention of FASD working with the HSE Alcohol Priority Programme.

Programme

09.00 - Registration

09.30 - Welcome from ACAMH Ireland

09.35 - Prof. Moira Plant, Conference Chair, **Introduction to the Day**

9.40 - Opening Address – Dr Mary O'Mahoney

10.00 - Dr. Sarah Brown, **FASD: Culture, Context and the Need for Collaboration**

10.35 - Dr. Patricia Jackson OBE & Dr. Raja Mukherjee – **A Time for Action: Guidelines and Goals**

11.00 - Break

11.20 - Rachel Burn, **Discussing Alcohol Use in Pregnancy**

11.40 - Roisin Reynolds – **Preventing Alcohol Exposed Pregnancies: The Greater Manchester Approach**

12.00 - Lunch

12.45 - Dr. Jennifer Shields **Multidisciplinary Assessment & Interventions for FASD**

13.30 Keynote: Professor Moira Plant **Nothing About Us without Us – The Physical and Behavioural Implications of FASD**

14.10 - Break

14.30 - **ENDpae: A Self-help group navigating FASD support**

15.00 - Dr. Barry Coughlan **Foetal Alcohol Spectrum Disorder: Continued professional development & knowledge exchange for professionals working with complex cases**

15.30 - Keynote; Dr. Raja Mukherjee, **Attachment, Comorbidities & Neurodevelopment**

16.10 - Prof. Moira Plant, Chair of **Q&A Panel**

16.25 - Dr. Mary O'Mahony, **FASD: Next Steps for Ireland**

16.40 - Prof Moira Plant – **Round up of the Day**

16.40 - Close



Fetal Alcohol Spectrum Disorders

Thursday 4 October / 09.00 – 16.00 / The Alex Hotel, 41-47 Fenian St, Dublin, D02 H678

TO BOOK YOUR PLACE, PLEASE COMPLETE AND RETURN THIS FORM TO:

REF: 863

ACAMH Conferences
St Saviour's House
39-41 Union Street
London SE1 1SD, UK

T +44 (0)20 7403 7458
F +44 (0)20 7403 7081
events@acamh.org

Fees include conference materials, lunch and refreshments. Please note that ACAMH may record at this event.

To read more about this and future events visit www.acamh.org/events

Booking form

PERSON ATTENDING

Title
Job title
Name
Dietary requirements
Organisation

PERSON MAKING THE BOOKING (IF DIFFERENT FROM PERSON ATTENDING)

Title
Job title
Name
Organisation
Contact Number

CONTACT DETAILS OF PERSON ATTENDING

Address type	WORK	HOME
Address		
		Postcode
Email		Telephone

PAYMENT

PLATINUM MEMBER €110	GOLD MEMBER €126	SILVER/BRONZE MEMBER €142	PUBLICATIONS/DIGITAL MEMBER €52.50
			Non-Member Early Bird €158
Cheque I enclose a cheque made payable to ACAMH	Invoice payment Invoice can only be issued on receipt of an official purchase order, clearly indicating purchase order number and paying body. Invoice requests without relevant documentation will be returned.		
Card Payment	VISA	MASTERCARD	EUROCARD MAESTRO ELECTRON AMEX
If you prefer, for security purposes, not to fill in your card details, and post or email, then we can contact you by phone for these.			
Name on card	Card number		
Expiry date	Issue No (if Maestro)	CCV (last three digits on back of card or four on front for AMEX)	
Billing address			
Cardholder's signature	Date		

Closing date: 1 October 2019

Confirmation will be emailed to all delegates, if you have not received confirmation at least one week before the event please contact the office on 020 7403 7458. Please do not turn up on the day without having received confirmation by email.

Cancellation policy: cancellations received 6 weeks in advance of the event will be refunded in full less a £10 administration charge; cancellations received after this date will receive no refund.

Data Protection: By signing this application you are entering into a contract with ACAMH to attend the above event. ACAMH will use the information provided to communicate details with you about the event. As part of the contract the email address provided will be added to our weekly newsletter, with details about CYP mental health topics, you can unsubscribe from this at any time.