



The Association  
for Child and Adolescent  
Mental Health

# Creating Therapeutic Physical Environments



## Creating Therapeutic Physical Environments

23rd January 2020 / 6pm / Twilight Meeting  
Mecure Glasgow City Hotel, 201 Ingram St, Glasgow G1 1DQ

The physical space that a child interacts with can play a significant role in their mental health, increasing connectedness and relationships. Creating positive therapeutic physical environments can be achieved with any existing space, even on the smallest of budgets, right through to those who are designing a new space.

- How can the interior and exterior of a care home help children feel calmer, happier, healthier?
- Does the design of a school classroom increase wellbeing, and maybe therefore learning?
- How can a CAMHS waiting room or clinic room make visiting CAMHS feel more supportive, welcoming and relaxing?

Just three of the questions that will be answered at this Twilight event hosted by our Scottish Branch.

[www.acamh.org](http://www.acamh.org)

# Key takeaways

- An understanding of what the theory says about how to create therapeutic environments
- Knowing what the latest evidence says is effective in making space and environment therapeutic
- Taking practical examples and ideas of how this can be done in 'real-world' settings.

# Who should attend

The event for child and youth care carers, education staff, inpatient staff, anyone that works within a physical environment with children: from the care home to the classroom to the clinic!

# Prices and Booking

This event is £10 for ACAMH Members, £10 for Students, and £25 for Non-Members.

Ways to book;

1. Online
2. Call the office **Mon-Fri 08.30-17.00** on **020 7403 7458**.

# About the speakers



## Valerie Carr

Valerie is a Project Director with Snook. Her core focus is on co-designing person-centred services: involving those seeking, accessing and providing services in improving service delivery and experiences. She has a PhD in Healthcare Service Design and is motivated by creatively addressing the challenges associated with engaging diverse groups of stakeholders in co-producing services across complex service ecosystems. Her motivation is to make services more efficient, effective and equitable, with a specific interest in the role that digital can play in extending access to services. She has worked on a range of projects for Scottish Government, Department of Health, Department of Work and Pensions, Department for Education, NHS24 and various local authorities and third sector groups.



## Diarmaid Lawlor

Diarmaid is Director of Place at Architecture and Design Scotland. He is a designer with over 20 years experience of crafting stories, services and spaces to support stronger communities. Diarmaid is a facilitator, designer, educator and communicator. He speaks and writes on creative approaches to making better places.



# Creating Therapeutic Physical Environments Twilight

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TO BOOK YOUR PLACE, PLEASE COMPLETE AND RETURN THIS FORM TO:

REF: 877

ACAMH Conferences  
St Saviour's House  
39-41 Union Street  
London SE1 1SD, UK

T +44 (0)20 7403 7458  
F +44 (0)20 7403 7081  
events@acamh.org

Fees include conference materials, lunch and refreshments. Please note that ACAMH may record at this event.

To read more about this and future events visit [www.acamh.org/events](http://www.acamh.org/events)

## Booking form

### PERSON ATTENDING

Title
Job title
Name
Dietary requirements
Organisation

### PERSON MAKING THE BOOKING (IF DIFFERENT FROM PERSON ATTENDING)

Title
Job title
Name
Organisation
Contact Number

### CONTACT DETAILS OF PERSON ATTENDING

Address type	WORK	HOME
Address		
Postcode		
Email		
Telephone		

### PAYMENT

MEMBER £10	STUDENT £10	NON-MEMBER £25
Cheque I enclose a cheque made payable to ACAMH	Invoice payment Invoice can only be issued on receipt of an official purchase order, clearly indicating purchase order number and paying body. Invoice requests without relevant documentation will be returned.	
Card Payment	VISA	MASTERCARD
	EUROCARD	MAESTRO
	ELECTRON	AMEX
<b>If you prefer, for security purposes, not to fill in your card details, and post or email, then we can contact you by phone for these.</b>		
Name on card	Card number	
Expiry date	Issue No (if Maestro)	CCV (last three digits on back of card or four on front for AMEX)
Billing address		
Cardholder's signature	Date	

**Closing date:** 20 January 2020

Confirmation will be emailed to all delegates, if you have not received confirmation at least one week before the event please contact the office on 020 7403 7458. Please do not turn up on the day without having received confirmation by email.

**Cancellation policy:** cancellations received 6 weeks in advance of the event will be refunded in full less a £10 administration charge; cancellations received after this date will receive no refund.

**Data Protection:** By signing this application you are entering into a contract with ACAMH to attend the above event. ACAMH will use the information provided to communicate details with you about the event. As part of the contract the email address provided will be added to our weekly newsletter, with details about CYP mental health topics, you can unsubscribe from this at any time.