



The Association  
for Child and Adolescent  
Mental Health

Innovation and  
Quality Improvement  
in Service Day

## **Innovation and Quality Improvement in Service Day conference – ‘*Different Models of Mental Health Service Provision – Celebrations and Challenges*’**

Wednesday 1 April / 09.30 – 16.00

Colbury Memorial Hall, Main Road, Colbury, Hampshire, SO40 7EL

An annual research day where national and local research projects/innovative practice will be showcased and delegates will have the opportunity to hear from experts/speakers about their focussed area of work and get updates on. This conference promises to bring together different professionals mainly within CAMHS and present their experience of setting up new models of care and treatment.

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## Key takeaways

- Updates on New Care models
- Details of the THRIVE framework for system change
- Local initiatives to help education staff to recognise and support students with mental health difficulties and facilitate multiagency professionals problem solving approach
- The stages of setting up an independent, specialist, multi-disciplinary outpatient service in the New Forest and the successes and pitfalls to date.

## About the day

This event is open to all clinicians working in Child and Adolescent Mental Health and other groups with special interest in the topics. This is a day-long event which aims to present novel and innovative approaches to address the needs of CAMHS population locally and nationally. It would provide an opportunity to learn about the challenges and the success of such approaches, exchange ideas on key topics between clinicians/other professionals who have shared interests and facilitate a space to get together/socialise.

## Who should attend

This day would be particularly beneficial to those who work in a clinical and research setting. In particular; Directors of research, Professors, Senior researchers, Principal investigators, Associate Professors, Researchers or Investigators, Assistant researchers, Post-doctoral fellow, PhD students, Junior researchers, Child and Adolescent Psychiatrists and Psychologists, Speciality Doctors, Clinical leads, Nurse Practitioners, Educational Psychologists, Social Workers, and those that work with children and young people affected with mental health issues.

# About the speakers

## Dr Richard Sankar

Dr Richard Sankar is a Consultant in Child and Adolescent Mental Health and Clinical Director of the Wessex and Dorset Tier 4 CAMHs provider collaborative. He has worked in the National Health Service for 26 years, as both a nurse and doctor. His latest role includes the development and implementation of a local provider collaborative, clinically and financially responsible for the patient population in their geography. Essentially, this takes the CAMHs inpatient function from NHSE specialised commissioning and transfers it to a partnership of local health providers. This system change will drive investment in strategies for families and young people to improve whole pathway care and reduce reliance on the most specialised, and restrictive, services.

## Dr Rachel James

Dr Rachel James is the Programme and Clinical Lead for the National i-THRIVE Programme and is responsible for supporting the national implementation of the THRIVE Framework. Rachel leads on the i-THRIVE Academy.

Rachel is a Consultant Clinical Psychologist and has over 25 years' experience working with children, young people and their families across the health, social care, education and voluntary sectors, and she has led community, specialist and multi-agency child and adolescent mental health teams within the UK. She is currently the Clinical Director of the Child, Young Adult and Family Directorate at the Tavistock and Portman NHS Foundation Trust. Rachel is a co-author of the THRIVE Framework for system change (Wolpert et al., 2019) and the Clinical and Programme Director for the National i-THRIVE Programme.

Rachel is committed to developing and delivering high-quality services that are evidence-informed, prevent and promote emotional health and wellbeing, and empower children, young people and their families to be actively involved in decisions about their care through shared decision making. Rachel integrates her learning from an UCL Partners Improvement Fellowship into developing ways to embed quality improvement within everyday practice to effect meaningful and sustainable change across systems.

## Deborah Gill

Deborah Gill has been an Educational Psychologist employed by Local Authorities or schools for 25 years. She is currently a Senior Educational Psychologist with Dorset Council. Dorset Educational Psychology Service has developed a range of innovative and effective group supervision approaches for professionals supporting children and young people.

## Victoria Ware

Victoria Ware has been an Occupational Therapist for 25 years working in the areas of Adult Mental Health, Acquired Brain Injury Rehabilitation and for the last 14 years with children with an intellectual disability in a specialist CAMHS/ID service in Dorset. Victoria is a Sensory Integration Practitioner and has developed an interest in attachment. Victoria also provides Independent Consultation for Barnardo's and is a health service volunteer at the annual Glastonbury music festival.

## Dr Laura Giffen

Dr. Laura Giffen is a Clinical Psychologist and is based within the Intellectual Disability CAMHS in Dorset. Laura trained in Argentina, qualified in 2006 and then moved to the UK. Since then, she has worked in the field of learning disabilities and neurodevelopmental disorders with adults and children both in the public and private sector; she also worked as a therapy services manager during her placement across independent specialist schools across Dorset and Hampshire. Laura's background is in "Psychodynamic Psychotherapy" and she gained further training in cognitive analytical therapy and systemic therapy in the United Kingdom. Laura is interested in the areas of systemic thinking and neuropsychology. She likes to "Zoom in and Zoom out" in order to understand and support individuals in their complex systems and stories. Laura has a little daughter who keeps her very busy. She likes to read and travel. Laura enjoys surfing, snow and paddle boarding and any sport that involves a board!

# Prices and booking

The events we organise are not profit-making, many are subsidised through our other commercial activities, without which they would not be able to run. As a charity, any surplus that we make is invested back into the business to benefit our Members and the sector. Members get a discounted rate and we hope you consider joining.

**Member: £25**

**Non-members £30**

All delegates will receive a CPD certificate for 5 hours, emailed after the event. Prices include tea/coffee and pastries on arrival, lunch with dietary options provided, and refreshments throughout the day.

# Programme

09:20	Registration, Tea/Coffee
09:50	Introduction and plan for the day
10:00	Provider Collaboratives: Right care, right place, right time? Dr. Richard Sankar, Consultant in Child & Adolescent Mental Health , Southampton
11:00	The THRIVE Framework for system change: An integrated approach to service transformation' – Dr. Rachel James, Consultant Clinical Psychologist, Tavistock and Portman Clinic
12:00	Lunch
12:45	TBC
13:30	Multi-agency Planning & Problem Solving (MAPPS) Groups: developing shared reflective practice across agencies – Victoria Ware, Senior Occupational Therapist, Dorset Healthcare University NHS Foundation Trust and Deborah Gill, Senior Educational Psychologist, Dorset Council
14:15	Tea/Coffee
14:45	Supporting Mental Health and Wellbeing in Schools: A priority for all – Dr. Laura Giffen, Clinical Psychologist, Dorset Healthcare
15:30	Final comments, discussion, close



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TO BOOK YOUR PLACE, PLEASE COMPLETE AND RETURN THIS FORM TO:

REF:883

ACAMH Conferences  
St Saviour's House  
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Fees include conference materials,  
lunch and refreshments. Please note  
that ACAMH may record at this  
event.

To read more about this  
and future events visit  
[www.acamh.org/events](http://www.acamh.org/events)

## Booking form

### PERSON ATTENDING

Title
Job title
Name
Dietary requirements
Organisation

### PERSON MAKING THE BOOKING (IF DIFFERENT FROM PERSON ATTENDING)

Title
Job title
Name
Organisation
Contact Number

### CONTACT DETAILS OF PERSON ATTENDING

Address type	WORK	HOME
Address		
		Postcode
Email		Telephone

### PAYMENT

£25 ACAMH MEMBER	£30 NON MEMBER
<b>Cheque</b> I enclose a cheque made payable to ACAMH	<b>Invoice payment</b> Invoice can only be issued on receipt of an official purchase order, clearly indicating purchase order number and paying body. Invoice requests without relevant documentation will be returned.
<b>Card Payment</b>	VISA    MASTERCARD    EUROCARD    MAESTRO    ELECTRON    AMEX
<b>If you prefer, for security purposes, not to fill in your card details, and post or email, then we can contact you by phone for these.</b>	
Name on card	Card number
Expiry date	Issue No (if Maestro)
Billing address	CCV (last three digits on back of card or four on front for AMEX)
Cardholder's signature	Date

**Closing date:** 30 March 2020

Confirmation will be emailed to all delegates, if you have not received confirmation at least one week before the event please contact the office on 020 7403 7458. Please do not turn up on the day without having received confirmation by email.

**Cancellation policy:** cancellations received 6 weeks in advance of the event will be refunded in full less a £10 administration charge; cancellations received after this date will receive no refund.

**Data Protection:** By signing this application you are entering into a contract with ACAMH to attend the above event. ACAMH will use the information provided to communicate details with you about the event. As part of the contract the email address provided will be added to our weekly newsletter, with details about CYP mental health topics, you can unsubscribe from this at any time.