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# The Hope for Children and Families Intervention Resources

Building on strengths and overcoming difficulties



Series Editors: Arnon Bentovim and Jenny Gray



# What are the Hope for Children and Families Intervention Resources (HfCF)?

They are a set of resources for practitioners who work with children, young people and their families to support and enhance the quality of their direct work.

The nine intervention guides for practitioners have been designed to meet the common patterns of parenting stresses or difficulties, including abusive and neglectful parenting, and the associated impairment of children and young people's health and development.

The resources are underpinned by a broad review of the literature on specialist treatment protocols (e.g. systemic, cognitive behavioural and dynamic). The 'common practice' elements that characterise each approach were identified: The main steps of each approach are set out in the relevant HfCF intervention guide together with guidance on how to carry them out.

Each guide focuses on a relevant theme. It includes briefing modules, a step-by-step guide to delivering an evidence-based intervention, scripts, guidance notes, activities, handouts for parents and worksheets. Practitioners can choose approaches that fit the specific needs of the children and families with whom they are working.

The HfCF approach equips practitioners to work with a range of child, adolescent, parent and family situations at different levels of complexity and across all service settings (health, social care, education and youth justice).

#### Purchase and licence information

The guides can be purchased from the Child and Family Training on-line shop, please visit: http://www.childandfamilytraining.org.uk/126/Shop

Individual purchasers are licensed to use the intervention resources in their work with children and families.

Agency licences are required to enable multiple users to access and use the content of the intervention resources. These are available upon application and vary with the number of users per agency.

### Training information

Child and Family Training offer a range of courses on the use of the intervention resources. Specific courses are designed in collaboration with organisations so that they are relevant to their service users and context.

### For further information contact Anne Guerri

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The Hope for Children and Families Programme: promoting children's health and development, building on strengths and overcoming difficulties using evidence-based approaches

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