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Publishers

Catatonia, Shutdown and Breakdown in Autism

A Psycho-Ecological
Approach

Dr Amitta Shah

Foreword by Dr Judith Gould

OUT
NOW!

Catatonia, Shutdown and Breakdown in Autism

A Psycho-Ecological Approach

Dr Amitta Shah

£19.99 | PB | 9781785922497 | Aug 2019

This ground-breaking book provides the first detailed clinical analysis of the various manifestations of catatonia, shutdown and breakdown in autistic individuals, with a new assessment framework (ACE-S) and guidance on intervention and management strategies using a psycho-ecological approach.

Based on Dr Amitta Shah's lifetime of clinical experience in Autism Spectrum Disorders, and her research in collaboration with Dr Lorna Wing, this much needed book will be a valuable resource for professionals, autistic individuals and their families and carers.

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Reviews

'This book has to be the most needed and timely publication. Each chapter in the book not only gives theoretical information, but more importantly gives numerous case studies which bring alive examples of how the condition affects the lives of the person and their family. I highly recommend this book for all professionals working in the field of autism, not only to alert them to the link between autism and catatonia, but in giving practical guidelines on the management and treatment of this fascinating, yet devastating condition.'

- Dr Judith Gould, Consultant Clinical Psychologist, the NAS Lorna Wing Centre for Autism

'This is the first comprehensive book to describe how to evaluate the many expressions of catatonia, and outline an approach to alleviate the debilitating characteristics. Clinicians, families and those who have autism will now have a much clearer idea of what to do.'

- Professor Tony Attwood, Hearts and Minds Clinic, Brisbane, Australia

'This is a wise and compassionate book, informed by clinical experience and a deep commitment to working with autistic individuals affected by catatonia, a perplexing and enigmatic condition.'

- Dr Sarah Lister Brook, Clinical Director, National Autistic Society

'Dr Shah builds on her vast clinical experience of over 30 years to provide a wonderfully clear analysis of these states, including identifying anxiety and stress as potential causal triggers, as well as these states being possible effects of inappropriate medication. Her book will help families, autistic people, and clinicians be alert to such states, and know how to provide effective help and support. This book will be a hugely valuable resource and will reduce the risks of misdiagnosis.'

- Professor Simon-Baron-Cohen, Director, Autism Research Centre, Cambridge University