

Childhood Adversity: Recovery, Resilience and Prevention Seminars

Online

Thursdays 5, 12, 19, and 26 May 2022

Each delegates receive a full set of the 9 nine practitioner guides and associated licences from Hope for Children and Families.

The seminars

There will be four seminars. Each seminar will be recorded and will be made available to any participant who cannot attend a particular session.

1: *Making a holistic assessment, and establishing a profile for intervention*

The core intervention guide for this seminar is:

- *Engagement and goal setting.*

This seminar will focus on situations when children and young people have presented across children's services and been identified as having been exposed or likely to be exposed to significant adversity.

Utilising video case material, a seven-stage assessment, analysis and intervention approach will be introduced to make a holistic assessment of risk and protective factors, the profile of harm to the child, and/or the risk of future harm to the child, and prospects for intervention, a profile for intervention.

Steps will be set out to engage children and their family, to promote a sense of hopefulness about what can be achieved through working with the practitioners, and setting collaborative goals

2: *Early Intervention when children are exposed to significant adversity*

The core intervention guides for this seminar are:

- *Working with children and young people: Addressing emotional and traumatic responses* (generic modules); and
- *Modifying abusive and neglectful parenting.*

This seminar will be based on the broad agreement that exposure to childhood adversity is a powerful risk factor for psychopathology, e.g., children and young people born to parents who have mental health difficulties, are alcohol or substance abuse users, where there is evidence of domestic violence, or family disruption.

Promoting resilience will be addressed utilising generic modules from the guide *Working with children and young people: Addressing emotional and traumatic responses*. These modules aim to provide the child with a toolkit of skills to help them manage feelings, thoughts and behaviours associated with the core neurodevelopmental responses to adversity,

and to address evidence of emerging psychopathology. They are also useful to the practitioner in building relationships with children and young people and helping engage them.

Work with parents to address sources of stress associated with mental health, substance abuse, conflict and family disruption will be addressed utilising modules from *Modifying abusive and neglectful parenting*.

3: Interventions to address overlapping mental health responses to adversity – traumatic responses, anxiety, depression, disruptive behaviour, and sexually harmful behaviour

The core intervention guides for this seminar are:

- *Working with children and young people: Addressing emotional and traumatic responses* (problem specific modules);
- *Working with children and young people: Addressing disruptive behaviour*; and,
- *Working with child sexual abuse*.

This seminar will focus on promoting recovery for children and young people who are displaying overlapping mental health responses as a result of being exposed to significant adversity. Utilising video case material participants will be introduced to planning which modules to use and the steps which result in a positive outcome.

It is helpful for children and young people to be introduced to the set of generic modules (seminar 2) before embarking on problem specific interventions. The key guide will be the problem specific modules of the guide *Working with children and young people: Addressing emotional and traumatic responses*. Modules from this guide address the profile of symptoms associated with exposure to adversity. There is a potential to re-design an intervention if the presenting problems change e.g., a child or young person whose presenting problem is associated with traumatic symptoms may respond with a concerning mood response.

Modules from associated guides *Working with children and young people: Addressing disruptive behaviour* and *Working with Sexual Abuse* will be introduced to address disruptive and sexually harmful behaviour. When these responses are presenting it may be appropriate to address these responses initially, but it is likely generic and problem specific modules will need to be included, as challenging behaviour is often associated with traumatic and mood responses.

4: Prevention: Work with parents and the family to address adversity, promote positive parenting, create a positive family environment of care, promote good quality care and development, and secure attachments and emotional responsiveness

The core intervention guides for this seminar are:

- *Promoting Positive Parenting*; and associated guides,
- *Working with Families*
- *Promoting children and young people's health, development and wellbeing*;
- *Promoting attachment, attuned responsiveness, and positive emotional relationships* and
- *Working with Child Sexual Abuse*.

The goal of this seminar is to work with parents and the family to address sources of current adversity and to prevent future adversity, develop positive parenting, promote development, and improve family relationships, emotional responsiveness and secure attachments.

Core goals working to reduce the harmful impact of exposure to childhood adversity are to identify the presence of harmful parenting, to protect children and young people from harm, promote recovery and resilience; and help parents address abusive and neglectful responses.

To achieve a successful outcome, it is essential for parents to be able to provide positive parenting, improve the quality of family relationships, promote the care and development of children and young people, develop secure attachments and emotional responsiveness, and protect children who have been abused sexually and those displaying sexually harmful behaviour.

Although the focus of this seminar is the family and parenting, the modules often include children and young people so that work can be directed at the interactions in the home, and to work to improve responses in the here and now, and to initiate future work using associated guides, working with the family, promoting development and secure attachments.

Pricing and booking

- **Members £175**
- **Non-members £195**

Prices also include exclusive access to all lectures for up to 28 days. Plus all delegates receive an electronic CPD certificate.

To book simply [click on this link](#) or the button at the top of the page and fill in the details. ACAMH Members should sign in first to ensure that they get their discount.

If you are not an ACAMH Member now is a great time to join and make a saving on this event. Take a look at the different levels of membership on offer.

Remember ACAMH is a charity and any surplus made is reinvested back to the benefit of our members and the industry as a whole.

*** These guides have a RRP of £225, meaning ACAMH Members save £50, non-members save £30, PLUS you get over 10 hours our online training plus access to these sessions for a full 28 days after the event. Added to all of this all delegates will receive 4 CPD certificate via email for each of the sessions.**