SPOT – School Professionals Online Training

https://elearn.beateatingdisorders.org.uk/

What is SPOT?

SPOT (School Professionals Online Training) is Beat’s e-Learning platform designed for School Professionals
SPOT is fully funded in UK for Primary and Secondary Schools
It is available for **ANYONE** who works within a school capacity
This includes:
• Teachers, Designated Safeguarding Leads, lunchtime staff, school librarians
Roles which work on a 121 or group basis within schools
• School nurses, school counsellors, BOSO’s (Behaviour Outreach Support Officers), EMHP’s (Education Mental Health Practitioners), Safeguarding Officers

Who can access SPOT?

What does SPOT have to offer?

SPOT offers access to a plethora of resources including:
• **e-Learning modules** about different eating disorders, as well as PSHE resources
• **Forums and chatrooms** to discuss with our CAT’s (Clinical Associate Trainers) or Lived Experience Trainer
• **Workspaces** where you can discuss with likeminded professionals about your experiences

Learn through our e-Learning modules what eating disorders are, facts and misconceptions, spotting signs, supporting pupils in primary and secondary, and lots more.

There are PSHE resources, lesson plans, toolkits and handouts to help support you better in the classroom.

Support

- Through “Chat with the Experts” you will have the opportunity to speak with our clinicians in real time, where they can offer advice or support.
- Other means of contact are our Forums and Chatrooms where you can discuss with our clinicians as well as your peers.
Engage

On SPOT you will also have access to Workspaces which you will be automatically allocated upon completion of the pre-evaluation survey.

Once we have the appropriate information you will be enrolled into a Workspace with other professionals who have the same or a similar role to you.

From here you can discuss experiences, post useful resources, seek advice from fellow professionals or offer support and guidance.

SPOT Demo
POD

POD – Peer support and Online Development

• POD is our e-Learning platform designed for parents and carers of those suffering with ED’s, providing them with a place to find community and share experiences.

• Access to events such as:
  • Interactive workshops to help carers utilise POD to its full potential
  • Carer skills workshops – Developing Dolphins, Raising Resilience and Solace

Any questions?

Contact: elearn@beateatingdisorders.org.uk
Website: https://www.beateatingdisorders.org.uk/
Sign up for POD or SPOT: https://elearn.beateatingdisorders.org.uk/