



KCSIE 2020 definition of safeguarding now includes preventing impairment to children's health or development

# SAFEGUARDING RESPONSIBILITY

RAISING ASPIRATIONS ACHIEVING EXCELLENCE

# RISK AND PROTECTIVE FACTORS

- Personality factors, such as optimism, ability to delay gratification, resilience and emotional regulation
- Learning and development
- Physical health
- Substance use
- Poverty or socio-economic status/opportunities
- Support, belonging
- Agency over own life
- Online life
- Personal safety



Community

- Mental and physical health
- Parental consistency and support
- Finances



**Family** 

- Influence of peers
- Academic and exam pressures
- Opportunity for exercise, health, behaviour
- Sense of connectedness
- Respect for others in school

Preventing
damage
to mental or
physical health or
development

Enabling the best outcomes

Protecting from maltreatment

Ensuring safe and effective care

## INDICATORS AT SCHOOL AND AT HOME

PARENTAL CONTACT

Changes in behaviour,

Changes in behaviour, emotions or school performance

KARA GROUP/ RESTORATIVE PEERS

Physical signs

MY CONCERN

Less interest in things they usually enjoy

Increased social isolation

PASTORAL HUDDLE

Not developing as well as they were previously

CAUSE FOR CONCERN

Low mood, or tearfulness

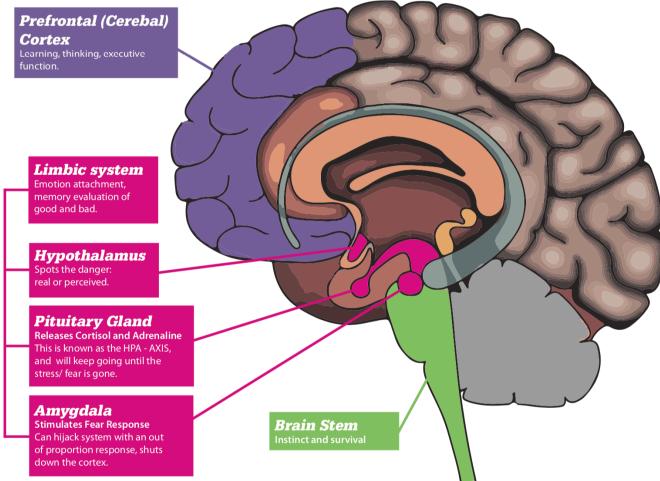
PASTORAL BULLETIN

3



## HUMPHRY DAVY TRAINING DAY: POWERFUL RELATIONSHIPS

## **Brain Architecture and the Limbic System (simplified)**



# 'The Smarts', 'The Upstairs Brain'

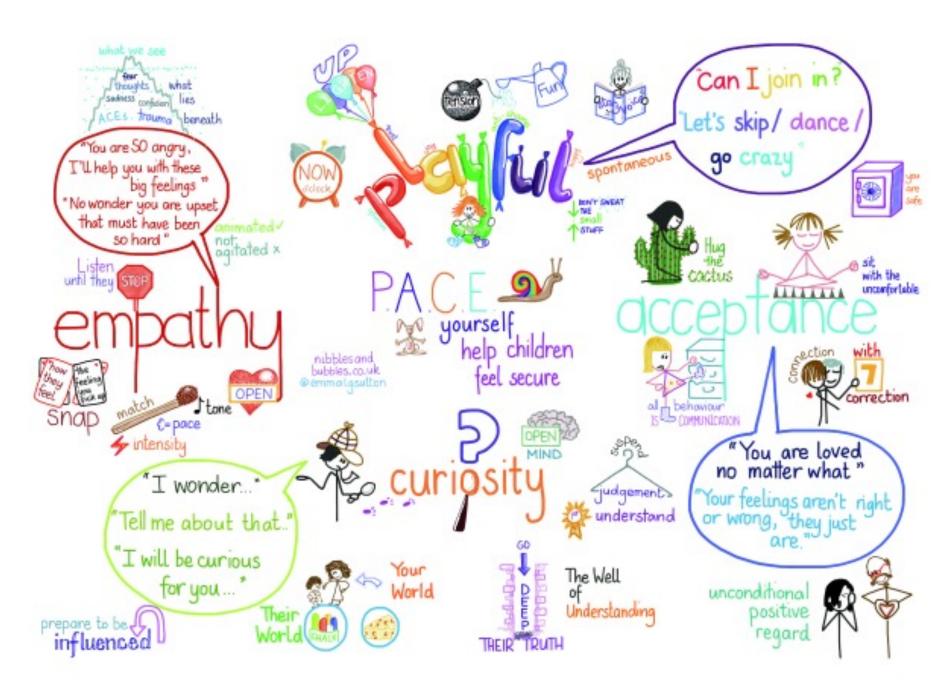
Ability to learn,
Ability to
concentrate, Good
Impulse control,
Emotional
regulation, Empathy,
Ability to reflect,
Emotional and
social intelligence.

'The Reptilian
Brain', 'The
Security Guard',
'The Downstairs
Brain'
Flight / Fight /
Freeze. The alarm
system on line (e.g.
amygdala)









	Resilience Fra	mework (Children & Young People	e) Oct 2012 – adapted	from Hart & Blincow v	vith Thomas 2007
	BASICS	BELONGING	LEARNING	COPING	CORE SELF
	Good enough housing	Find somewhere for the child/YP to belong	Make school/college life	Understanding boundaries and keeping within them	Instil a sense of hope
		Help child/YP understand their place in the world	work as well as possible	Being brave	Institute Serise of Hope
	Enough money to live	Tap into good influences	Engage mentors for	being brave	Support the child/YP to
	Being safe	Keep relationships going	children/YP	Solving problems	understand other people's feelings
HES		The more healthy relationships the better	Map out career or life	Putting on rose-tinted glasses	Help the child/YP to know
SPECIFIC APPROACHES	Access & transport	Take what you can from relationships where there is some hope	plan	Fostering their interests	her/himself
ICAP	Healthy diet	Get together people the child/YP can count on	Help the child/YP to	Calming down & self-	Help the child/YP take responsibility for
ECII		Responsibilities & obligations	organise her/himself	soothing	her/himself
SP	Exercise and fresh air	Focus on good times and places		Remember tomorrow is another day	
	Enough sleep	Make sense of where child/YP has come from	Highlight achievements	Lean on others when	Foster their talents
	Play & leisure Being free	Predict a good experience of someone or something new		necessary	There are tried and tested
	from prejudice & discrimination	Make friends and mix with other children/YPs	Develop life skills	Have a laugh	treatments for specific problems, use them
		NO	BLE TRUTHS		
	ACCEPTING	CONSERVING	COMMITN	MENT	ENLISTING



## **ASSEMBLIES MENTOR MAP SPRING 1 2023**

All resources can be found on the Mentor Slide Links and also here: \\HDS-NAS-01\SecureStaffShare\House & Year Teams\2021-2022\AA MENTOR TIME

### Assemblies

02.01.23 House Lead Assemblies. New start

09.01.23 Safeguarding (TG), Rights, Responsibilities & Privileges (KO)

16.01.23 Safeguarding (TG), Rights, Responsibilities & Privileges (KO)

23.01.23 House Leads. Holocaust memorial/Stude Forum Feedback

30.01.23 Churches Together

06.02.23 House Leads. Mental Health Awareness

Recommendation for frequency (\*) Weekly, (\*\* fortnightly) (\*\*\* every half term)

\* HDI Valentines events -Slides 4-6

### **A** Routine Mentor 1:1 and small group **COACHING** and RIPPLE

(Record on SIMs \*\*\*)

### STUDENT FORUM

feedback and debate new topics/assembly themes

**READING** buddies

FORM TIME - Topical Stories and Subject **Brain Teasers** 

WELLBEING **WEDNESDAY** resources

### PROJECT EVOLVE (\*\*)

330 statements from Uk Council for Internet Safety's (UKCIS) framework "Education for a Connected World"

### NUMERACY in MENTOR

Fun Friday quizzes Peer to peer buddie:

### **B SMSC British** Values (\*\*)

### 1. HOLOCAUST MEMORIAL DAY

27.01.22 Q: Look at and discuss the Holocaust Memorial Cards/ website and reflect on what we must learn from this event https:// www.hmd.org.uk/learn about-the-holocaust-

### and- genocides/the-2. SEXISM AND SEXIST LANGUAGE

holocaust/

What phrases/ language choices are derogatory and why?

### 2. BRITISH VALUES

- Reminder of what these are.
- Why we look at them?
- How they relate to ou own HDS values and

### C Careers and PiXL

### Careers Booklet (\*\*\*):

Y7 students reflect on their 'world of work' workshops from before Christmas and the 'I love my job' assemblies that are currently taking

Y8 and Y9 reflect on the assemblies about different qualifications post-16 and apprenticeships from before Christmas. Y10 reflect on their preparation for work experience (and it would be great if mentors would now start to have regular conversations with their Y10 mentees about work experience Y11 on their careers interviews with Helen / completion of application forms / any open events they have attended during evenings/ weekends / college interviews (where they have happened so far).

### 04.01.23 - Y8 - 'Decision Making' 11.01.23 - Y7 - 'I Love my Job'

18.01.23 - Y7 - 'I Love my Job' 25.01.23 - Y7 - 'I Love my Job' 01.02.23 - Y7 - 'I Love my Job' 08.02.23 - Y8 - 'Intro to careers'

### PiXL Edge (\*\*\*)

Log in and complete some more evidence recording to demonstrate of you are: Apprentice/Graduate or Master in - LORIC

- L Leadership
- O Organisation R - Resilience I - Initiative C - Communication

## 20.09 - International Peace Day

21.09 World Gratitude Day 27.09 Yom Kippur 01.10 Black History Month 04.10 - World Space Week 05.10 - World Teachers Day 18.10 Anti Slavery Day 31.10 Halloween 11.11 Armistice Day 13.11 World Kindness Day 14.11 Anti Bullying Week 18.11 Children in Need 20.11 World Children's Day 26.11 Thanksaiving (USA) 30.11 St Andrews Day 10.12 Hanukkah begins 25.12 Christmas 22.01 Chinese New Year 27.01 Holocaust Memorial Day 04.02 World Cancer Day 14.02 Valentines Day 17.02 Random Acts of Kindness Day

22.02 Lent Begins 01.03 St Davids Day 03.03 World Book Day 08.03 International Women's Day 14.03 Pi Day 17.03 St Patricks Day 19.03 Mothers Day

22.03 Ramadan Begins 02.04 SEN Awarenes 22.04 Earth Day /Stephen Lawrence 09.04 Easter Day 10.04 Siblings Day

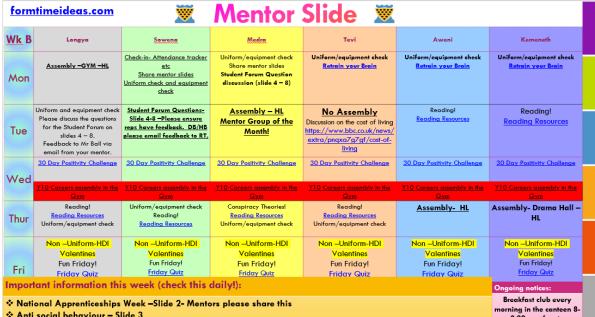
21.04 Ramadan End 23.04 St George's Day 01.05 Ramadan Ends/Mental Health Awareness Month 08.05 VF Day 13.05 Mental Health Awareness

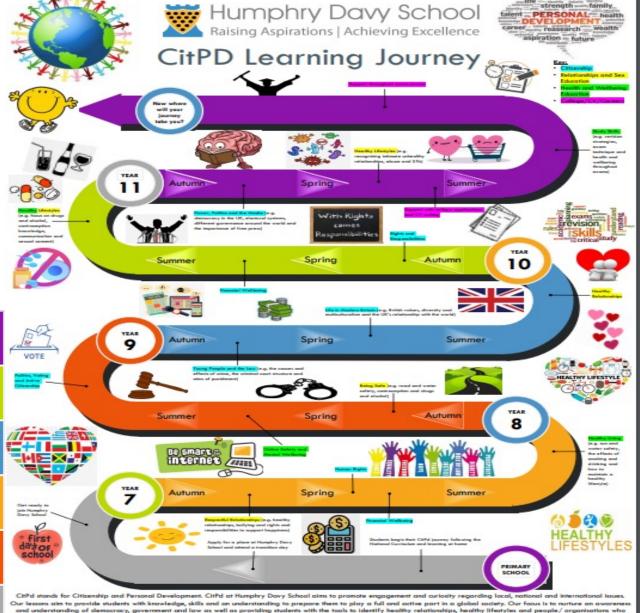
01.06 Pride Month 06.06 D Day 18.06 Fathers Day 14.07 Bastille Day 20.07 Refugee Day 21.07 Make Music Day 22.07 Windrush Day

8:30 am- free to

### **Key Annual Dates:**







can provide support with mental health. Overall, our Citi'd affer allows us to support students to be happy, healthy and safe; equipping them for life as adults in British Society as well

as ensuring they are respectful global citizens.



# CLUBS AND ACTIVITIES Spring 2023



GET INVOLVED!

## MONDAY

### **Before School**

Time	Activity	Year Group	Where	DofE
8:00-8:30	Free Breakfast	All	Restaurant	N/A
8.40-9.05	Big Sing	All	73	S

### Lunchtime

Time	Activity	Year Group	Where	DofE
1:10 - 1:45pm	Big Sing	All	72	S
1:10 - 1:45pm	Basketball	11	Sports Hall	Р
1:10 - 1:45pm	Music Sequencing & Production	All	72	S
1:10 - 1:45pm	Kit Car	All	Lock-up	S

### **After School**

WEDNESDAY

HDS Wellbeing

Maths Academi PE Aspire

Mock Trial competition All

**Before School** 

1:10 - 1:45pm

1:10 - 1:45pm After School

3:00 - 4:15pm

3:00 - 4:15pm 3:00 - 4:15pm

3:00 - 4:15pm

Time	Activity	Year group	Where	DofE
3:00 - 4:15pm	Science Academic Support	10 &11	Science	S
3:00 - 4:15pm	Band of Fiasco	Band Members	72	S
3:00 - 4:15pm	Homework Club	All	Learning Zone	
3:00 - 4:15pm	Dance for All	All	77	P
3:00 - 4:15pm	Badminton	All	Sports Hall	P
3:00 - 4:15pm	Anime Club	All	75	S
3:00 - 4:15pm	Impact Choir	Invite	73	S

## TUESDAY Before School

Time	Activity	Year group	Where	
8:00-8:30	Free Breakfast	All	Restaurant	N/A

### **Lunchtime**

Time	Activity	Year group	Where	DofE
1:10 - 1:45pm	Basketball	10	Sports Hall	Р
1:10 - 1:45pm	Musical Theatre	All	73	S
1:10 - 1:45pm	Music Theory	All	72	S
1:10 - 1:45pm	Kit Car	All	Lock-up	S
1:10 - 1:45pm	Languages Club	All	62	S

### After School

Allel School	<u>!</u>			
Time	Activity	Year group	Where	DofE
3:00 - 4:15pm	Humanities Academic Support	10&11	Humanities	S
3:00 - 4:15pm	Applied Academic Support	10&11	Applied	S
3:00 - 4:15pm	New Notes Jazz Band	ALL	73	S
3:00 - 4:15pm	Music GCSE Support	10 & 11	Studio	S
3:00 - 4:15pm	Netball	All	Netball Courts	P
3:00 - 4:15pm	Boys Football	All	Field	Р
3:00 - 4:15pm	Practical Design	Y10 Design pupils	Workshop	S
3:00 - 4:15pm	Homework Club	All	Learning Zone	
3:00 - 4:15pm	Film Club	7,8&9	16	S

## BELONGING **ENRICHMENT**

THURSDAY

					perore school				
8:00-8:30	Free Breakfast	All	Restaurant	N/A	Deloie School				
8.40-9.05	Sonic Uke	All	73	S	Time	Activity	Year group	Where	
<u>Lunchtime</u>					8:00-8:30	Free Breakfast	All	Restaurant	N
Time	Activity	Year group	Where	DofE					_
1:10 - 1:45pm	Wellbeing ambassa-	All	Learning Zone	٧	Lunchtime				

Time	Activity	Year group	Where	Dof E
1:10 - 1:45pm	Scholars Workshop	Scholars	73	S
1:10 - 1:45pm	Basketball	8	Sports Hall	S
1:10 - 1:45pm	Interact Club	7,8&9	16	٧
1:10 - 1:45pm	Cipher Club	All	21	S

### After School

Time	Activity	Year	Where	DofE
3:00 - 4:15pm	Drama Academic Support	10&11	33	s
3:00 - 4:15pm	English Academic Support	10&11	English	S
3:00 - 4:15pm	French Academic Support	10&11	62	S
3:00 - 4:15pm	Mock Trial competition (week B)	All	34	S
3:00 - 4:15pm	Girls Football	All	Field	P
3:00 - 4:15pm	Music GCSE Support (Week B)	10 & 11	Studio	S
3:00 - 4:15pm	Year 10 Band	Year 11	73	S
3:00 - 4:15pm	Year 9 Band	9	72	S
3:00 - 4:15pm	Spanish Club	7,8&9	62	S
3:00 - 4:15pm	Lego Engineering	All	24	S
3:00 - 4:15pm	Homework Club	All	Learning Zone	

## FRIDAY

### **Before School**

Time	Activity	Year group	Where	Dof
8:00-8:30	Free Breakfast	All	Restaurant	N/A

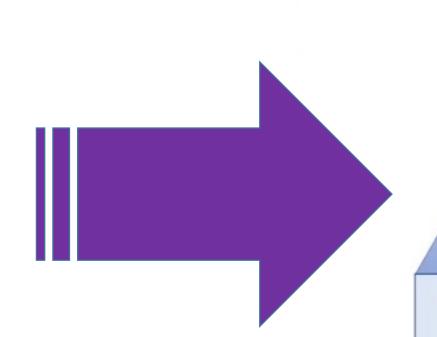
### Lunchtime

Time	Activity	Year group	Where	DofE
1:10 - 1:45pm	Reward Shop Collection	All	Learning Zone	
1:10 - 1:45pm	Sampa Samba	All	73	S
1:10 - 1:45pm	Basketball	7	Sports Hall	S
1:10 - 1:45pm	Brasstronauts	All	72	S

### After School

ime	Activity	Year group	Where	DofE
:00 - 4:15pm	Creative Arts Academic Support	10&11	Creative Arts	S
:00 - 4:15pm	Applied Academic Support	10&11	Applied	S
:00 - 4:15pm	Fitness Suite( Please use sign up sheet on fitness suite door)	All	Fitness Suite	P
:00 - 4:15pm	Music GCSE Support	10 & 11	Studio	S
:00 - 4:15pm	Jewellery Making	Y8	41	S
:00 - 4:15pm	Hockey Club	All	Meet in PE	P
:00 - 4:15pm	Cheerleading	All	Gym	S







X no. High risk (likely known to you already)

## Interventions

High level intervention e.g. lead adult, focusing on developing relationship and sticking with them

X no. Medium risk (prevent escalation)

Medium level intervention; e.g. step up to more individual support, monitoring etc. – raise awareness of others in school

X no. Risk indicated (keep an eye on and focus prevention activity here)

Low level intervention e.g. watchful tutor; develop rapport and belonging

Rest of the school (embed Fostering Academic Resilience culture )

Curriculum opportunities. Modelling the approach

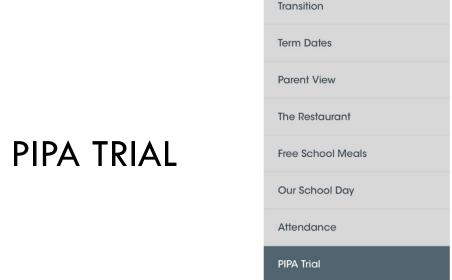












A Home / Parents / PIPA Trial

Parentmail & Parent Pay

**Parents** 

Uniform

Parent Portal

Satchel:One



## **PIPA Trial**

Mental health during childhood and adolescence is very important. Difficulties like anxiety and depression can start when people are young and it is important for young people and their families to understand these difficulties and get support when needed.

The PIPA Trial is exploring the effectiveness of an online resource for parents/carers to help reduce depression and anxiety in young people. The trial is being coordinated by the University of Warwick and involves families of young people aged 11-15 years from schools in the UK.

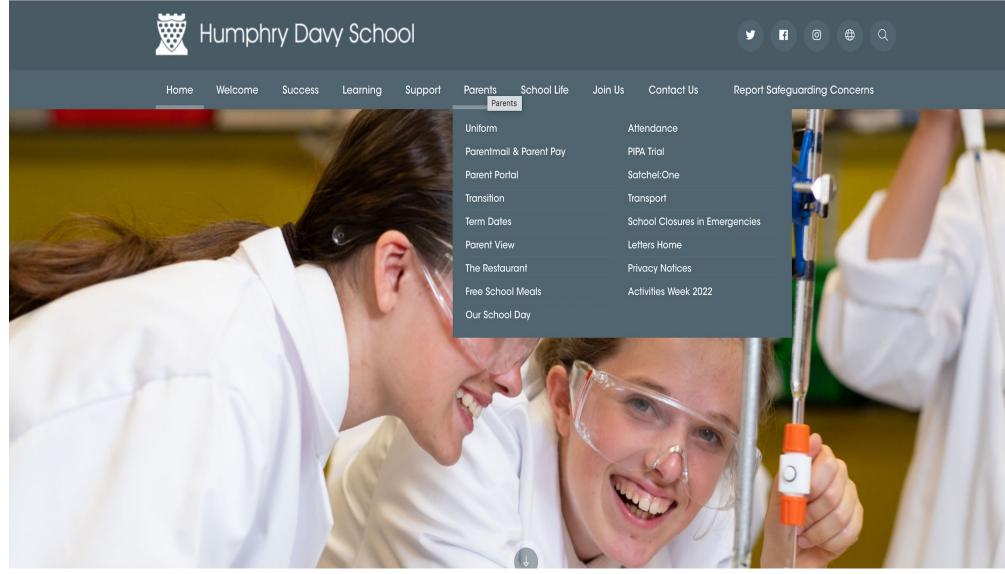
The trial is free and conducted completely online. Eligible parents/carers and young people will be asked to complete some questionnaires. Parents/carers will then receive access to some online parenting resources: either the standard educational package of fact sheets or the personalised programme with up to nine modules. Parents/carers and young people will also be asked to complete some follow-up questionnaires.

Please see the letter below which gives further about how to sign up.

If you have any questions, please speak to Mrs K Oliver or contact the PIPA trial team at PIPA@warwick.ac.uk or 02476 574316 / 02476 575078.







PIPA TRIAL