Anxiety Genetics:
What do we know and how might that help?

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edit lab

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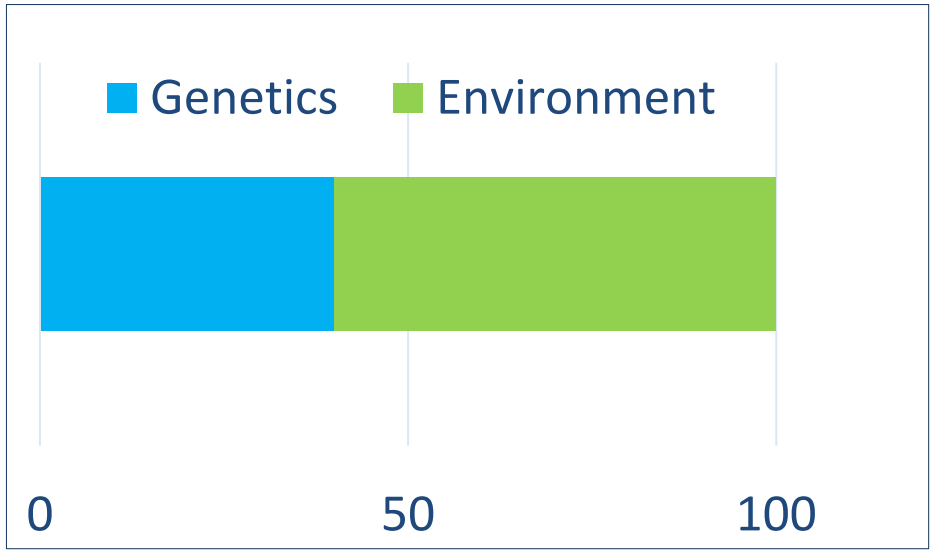
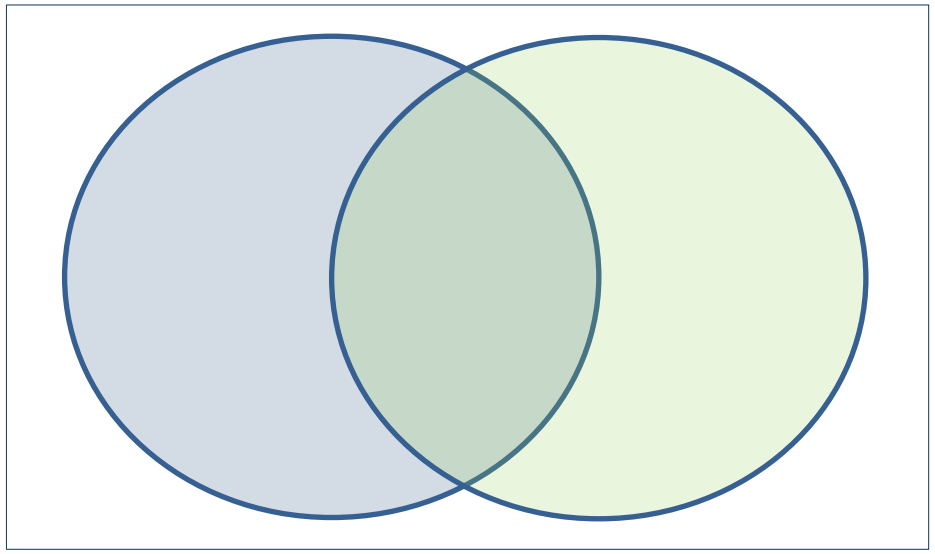
Anxiety genetics: what we know



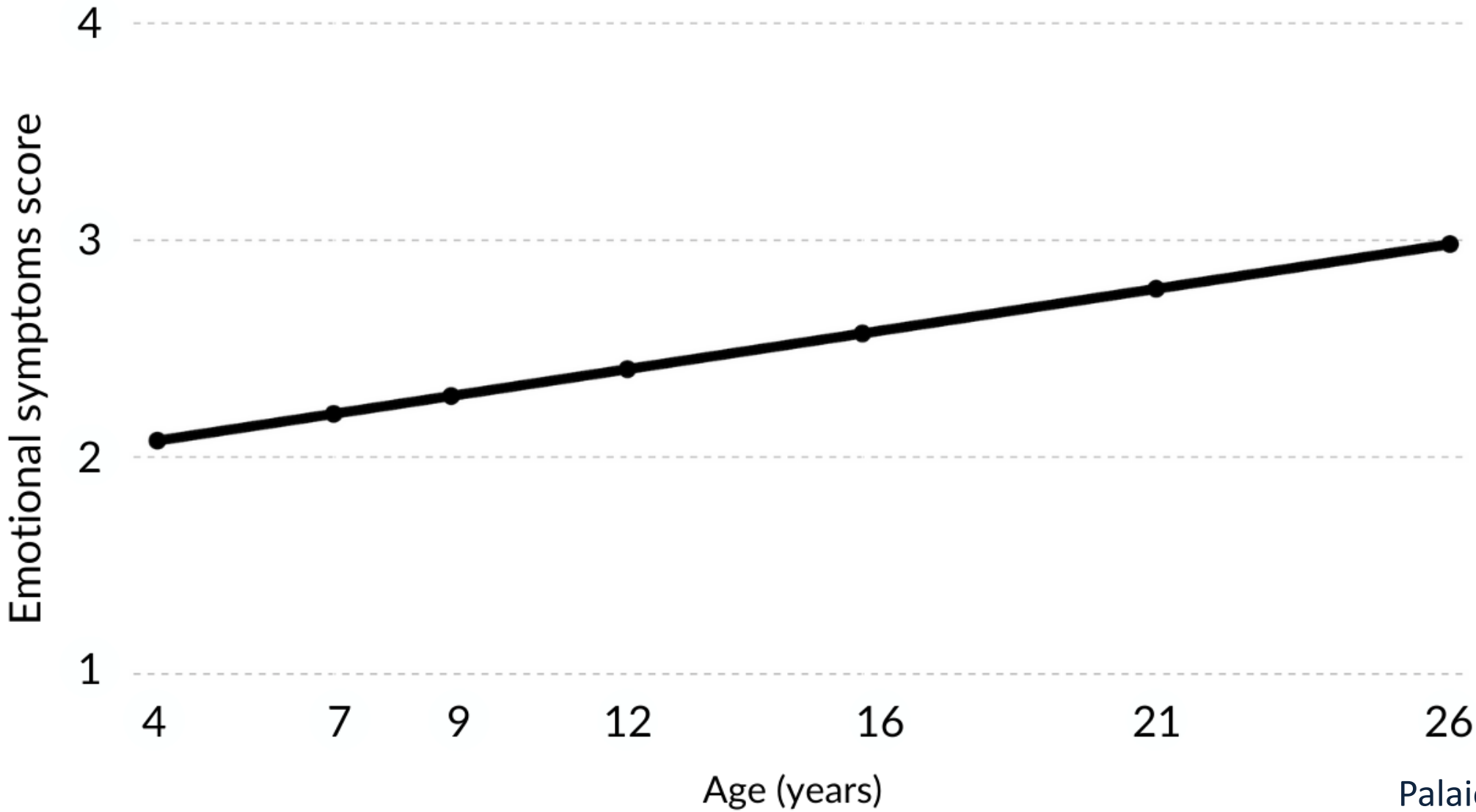


Anxiety genetics

Anxiety genetics: predicting outcomes

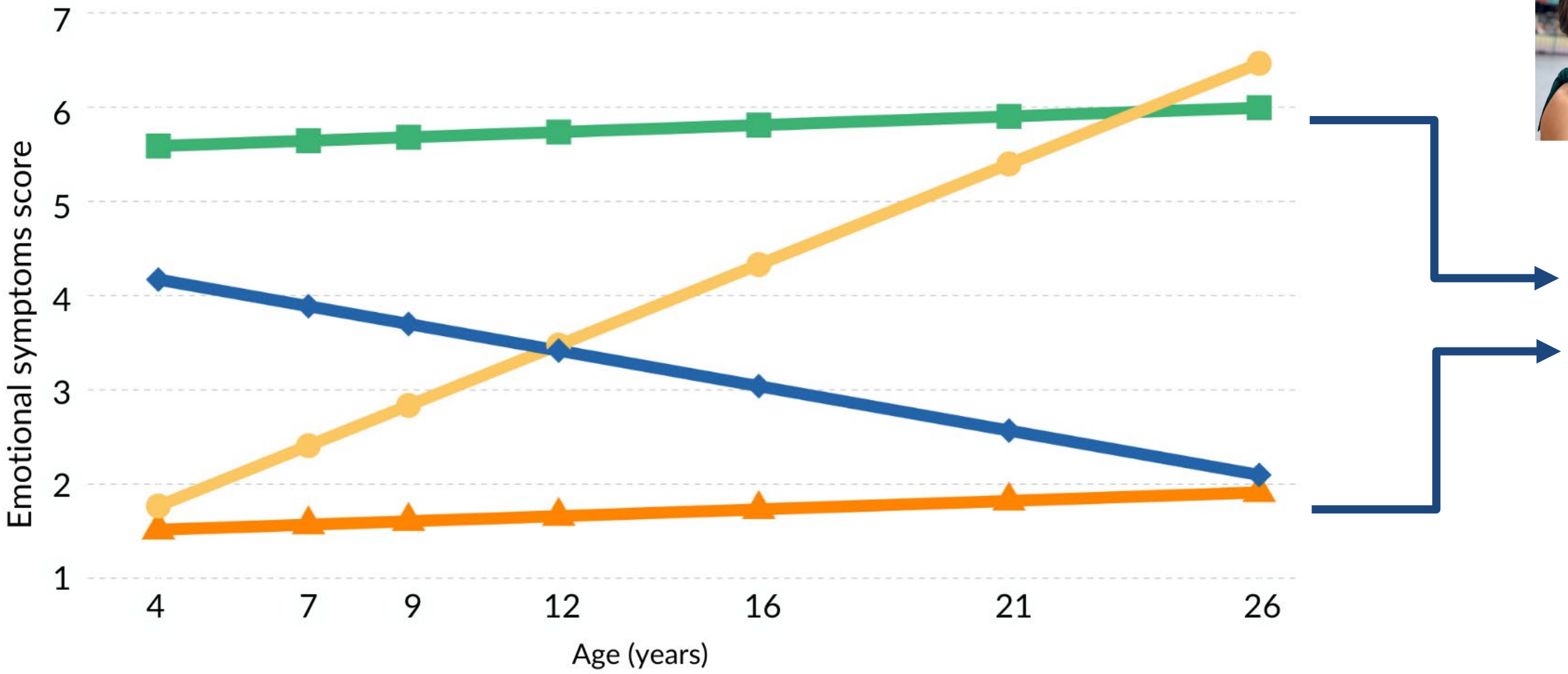
Predicting outcomes: developmental trajectories

Emotional symptoms across development



Palaiologou et al (in prep)

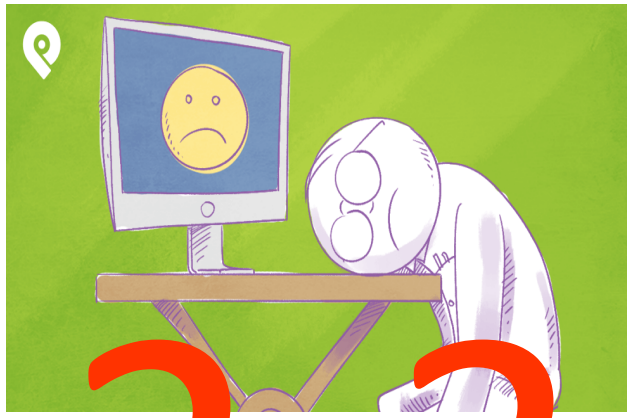
Emotional symptoms across development



Paiaiologou et al (in prep)

Age 26 outcomes of emotional symptom trajectories

3-4



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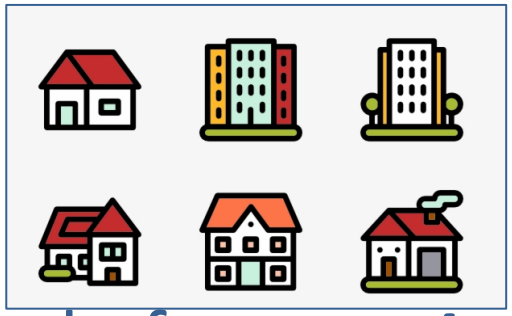
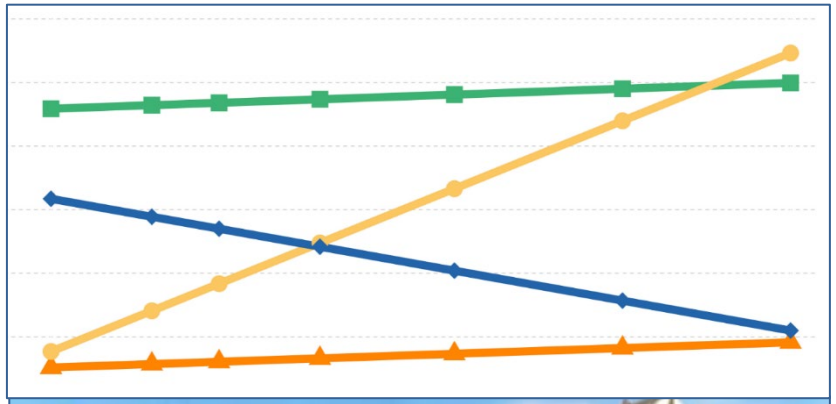
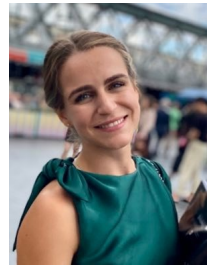
Palaiologou et al (in prep)

Predicting emotional symptom trajectories



before age 4





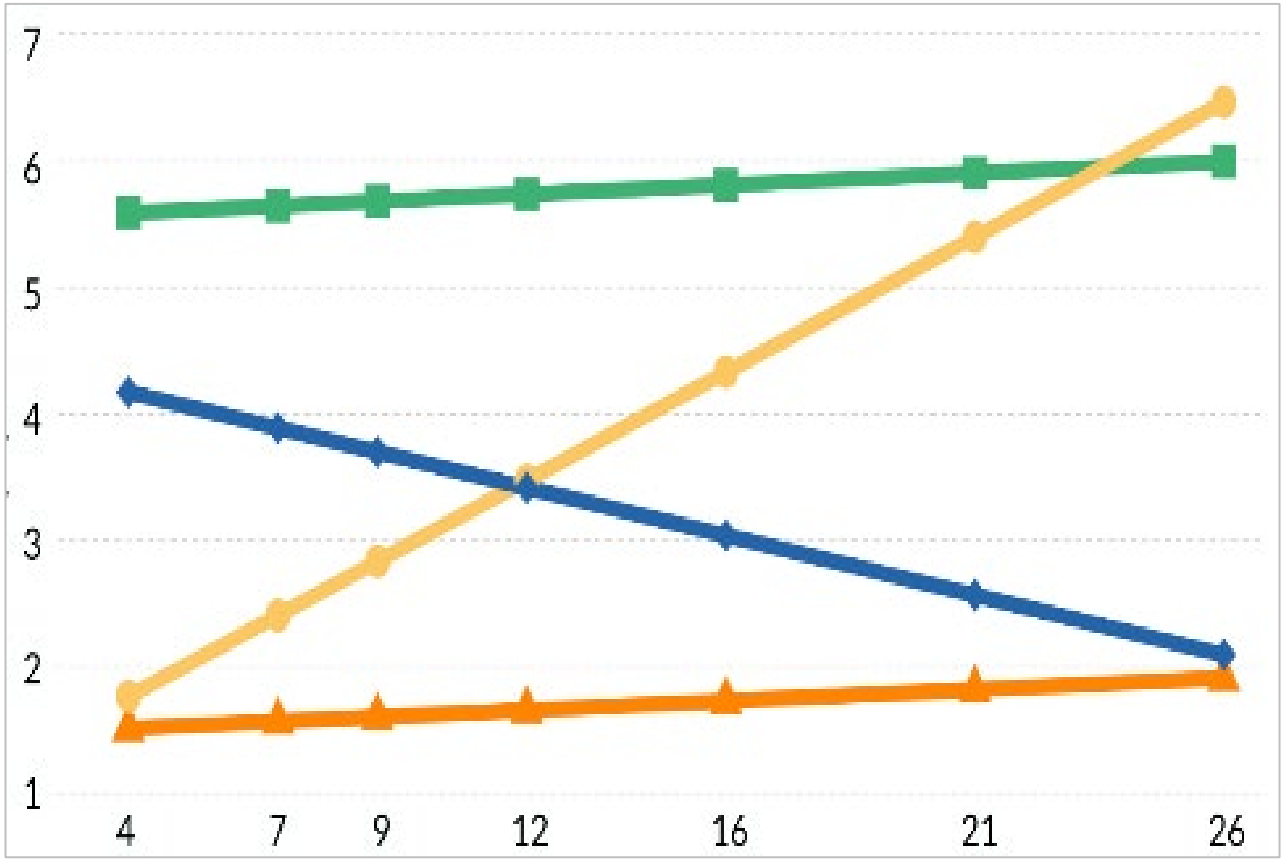
60-80%

Palaiologou et al (in prep)

Selected predictors of emotional symptom trajectories

Neuroticism PRS
Bipolar PRS
Female sex
Townsend deprivation
Parental discipline age 4
Chaos in home age 4

IQ PRS
Number medications PRS
Neuroticism PRS
Male sex
Peer problems age 4
Conduct problems age 4
Chaos in home age 3



Broad depression PRS
Neuroticism PRS
Ever depressed PRS
Pain medication PRS
Female sex
Conduct probs age 4

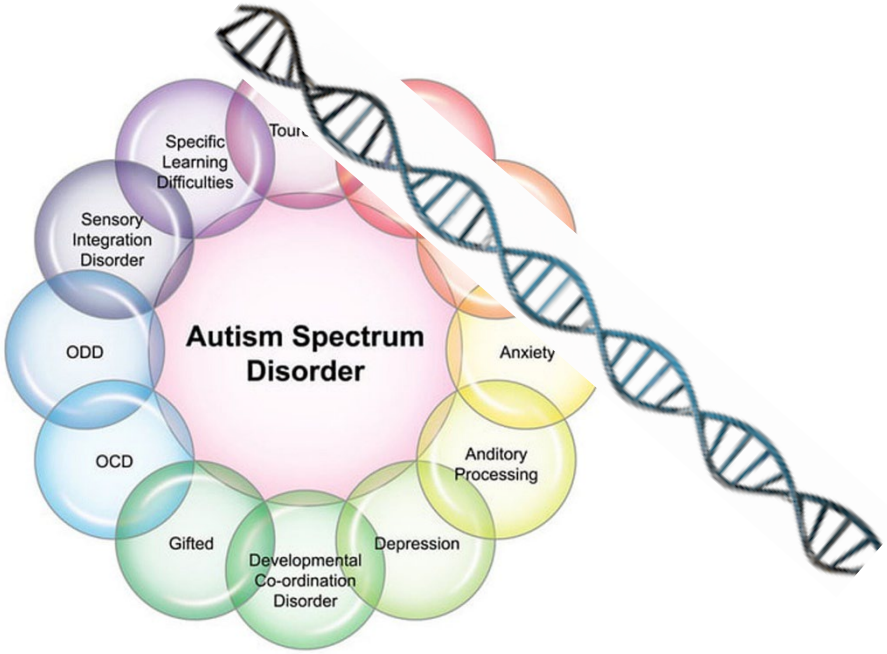
Low internalising PRS
Low worry PRS
Low Neuroticism PRS
Male sex
Low peer probs age 4
Low conduct probs age 4
Low home chaos age 4

Palaiologou et al (in prep)

Predicting outcomes: psychological treatment response

Polygenic scores and psychological treatment response

Keers et al., (2016)
Psychotherapy and Psychosomatics

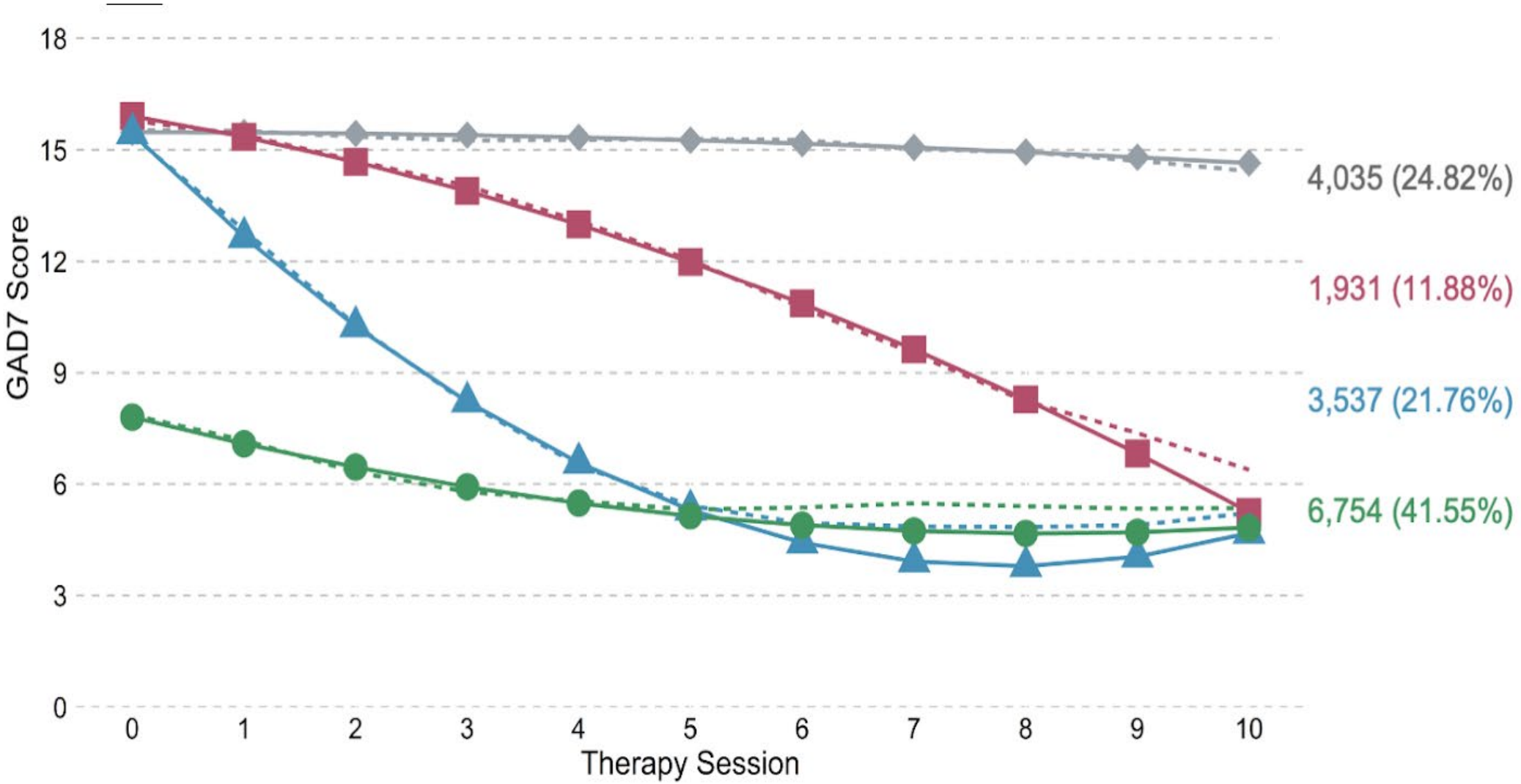


Andresson et al., (2018)
Molecular Psychiatry

Psychological treatment outcome

NHS Talking Therapies

NHS South London and Maudsley NHS Foundation Trust



Skelton et al (2022) Psych. Med.

Predicting psychological treatment outcome

NHS Talking Therapies

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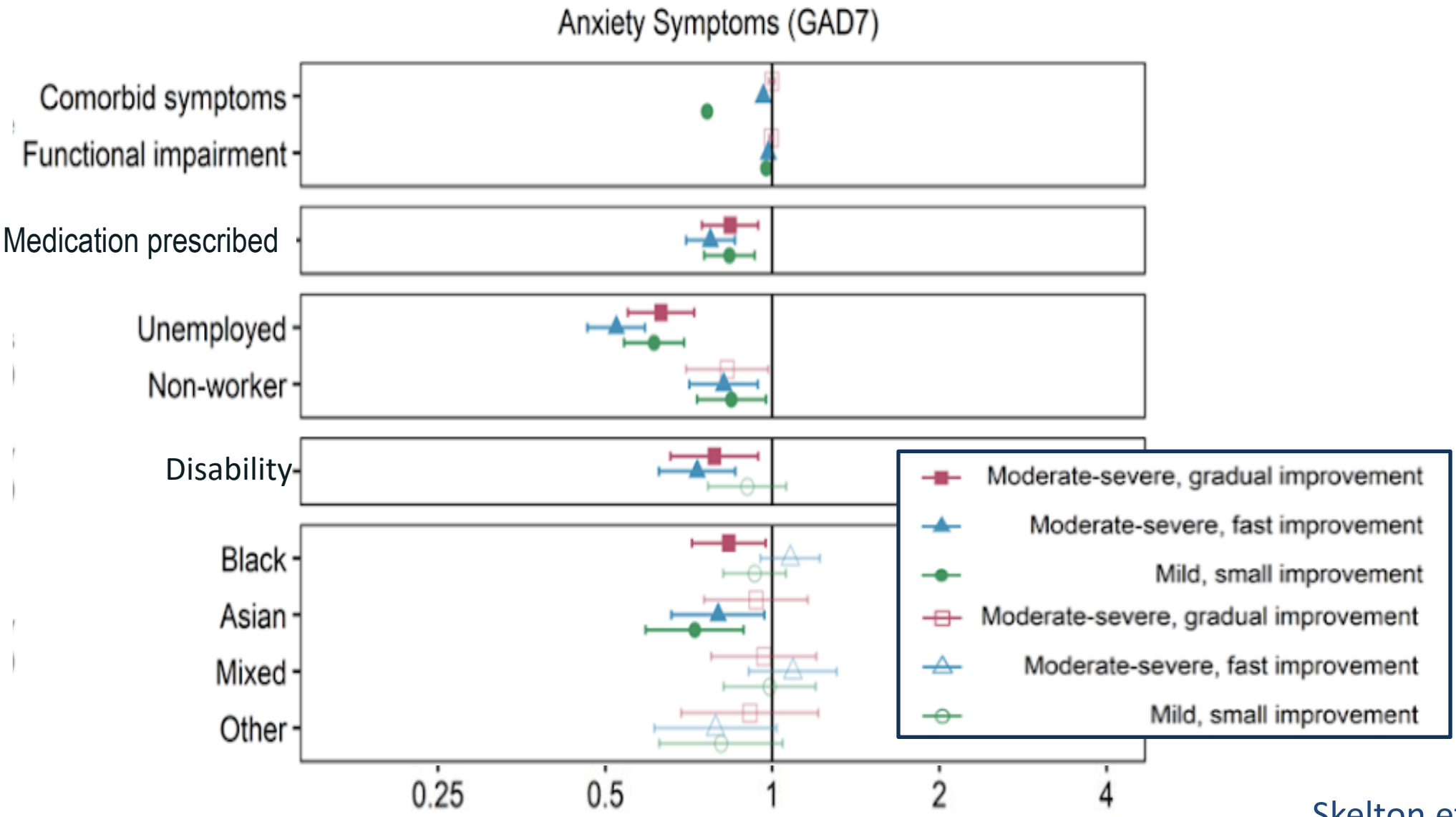
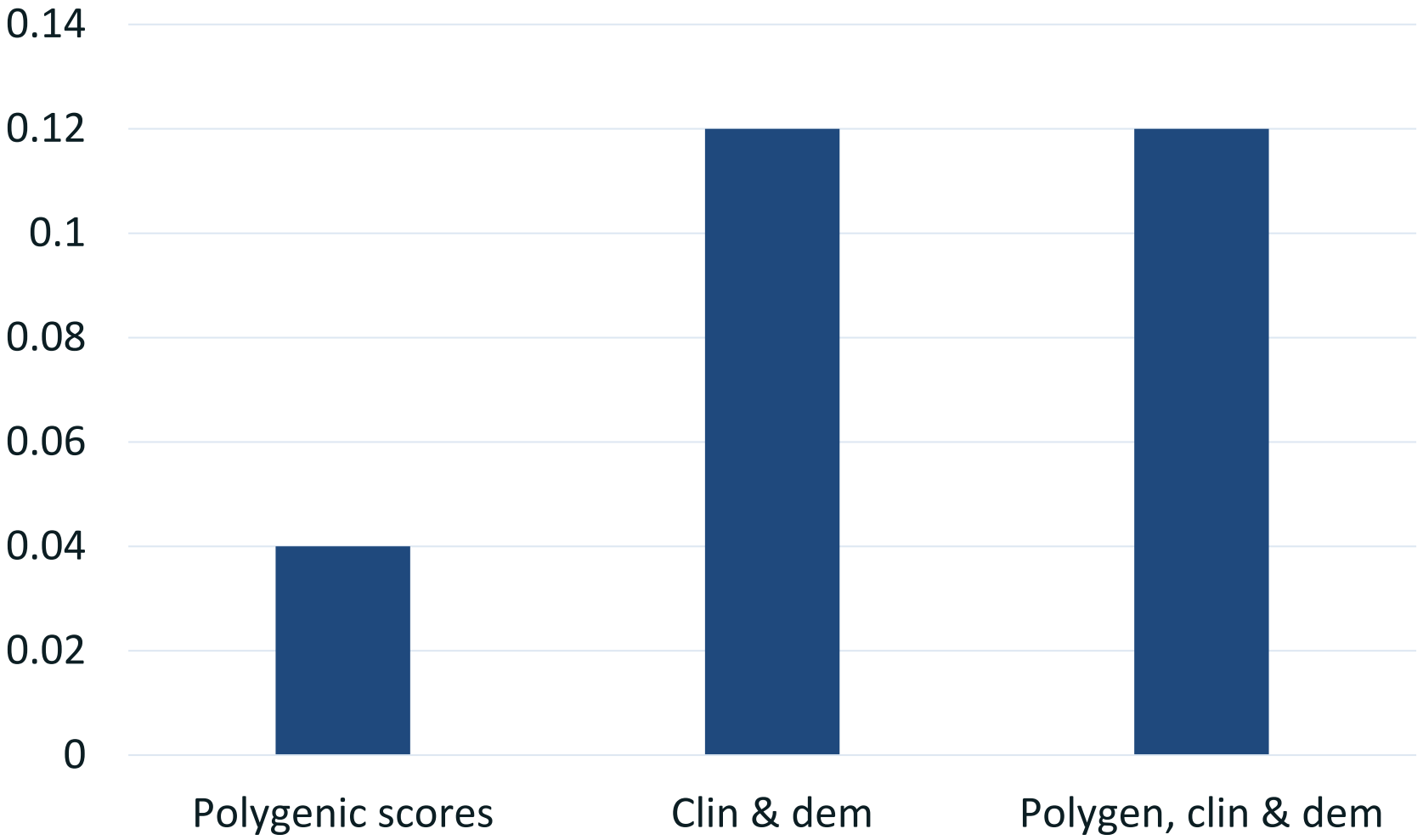


Skelton et al (2022) Psych. Med.

Predicting self-reported psychological treatment outcome



GENETIC LINKS TO GLAD ANXIETY & DEPRESSION

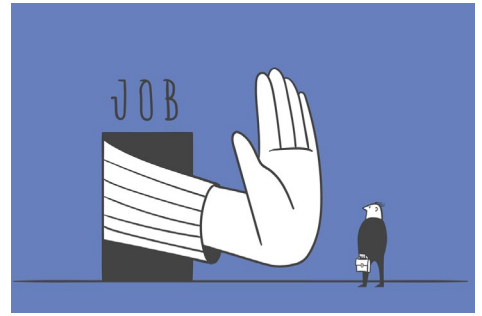
COPING COVID-19 Psychiatry and Neurological Genetics study

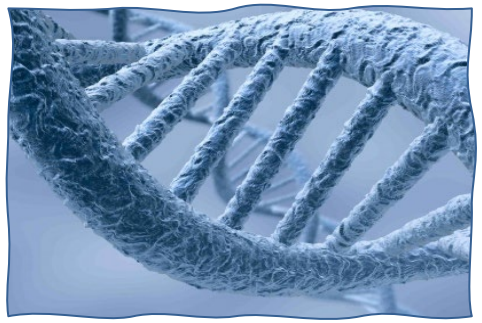
Australian Genetics of Depression Study

QSKIN Sun & Health Study

Peel*, ter Kuile* et al (in prep)

Predicting outcomes





Anxiety genetics: how can it help?

Acknowledgements

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NIH National Institute of Mental Health

UKRI Economic and Social Research Council

UKRI Medical Research Council

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