



Minutes of the Annual General Meeting of Members at 1.30pm on 18 November 2022 via Zoom meeting

1 Chair's welcome

Members were welcomed to the meeting by Dr. Gordana Milavić, ACAMH Chair.

2 Minutes of the AGM 4 November 2021

The Minutes of the 2021 AGM, as circulated to members prior to the meeting, were accepted.

3. Board appointments and retirements

Dr. Gordana Milavić introduced Professor Prathiba Chitsabesan, Dr Cornelius Ani, Dr Soumitra Datta, Dr Tina Rae and Dr Eunice Ayodeji as proposed new members of the board and asked for approval of their appointment together with those current board members putting themselves forward for re-appointment.

The following people were appointed to the Board:

Professor Stephen Scott (President)	Professor Francesca Happé
Dr. Gordana Milavić (Chair)	Dr. Carol Homden
Professor Tamsin Ford (Deputy Chair)	Dr Dennis Ougrin
Professor Kathy Sylva (Honorary Treasurer)	Professor Prathiba Chitsabesan
Dr. Mark Lovell (Director of CPD and Training)	Doctor Cornelius Ani
Professor Samuele Cortese (Academic Secretary)	Dr Tina Rae
Mrs Laura Hanks (Branch Liaison Officer)	Dr Soumitra Datta
Mr Harold Bennison	Dr Eunice Ayodeji
Professor Barry Carpenter	

4. Finance report

Professor Kathy Sylva introduced the item and emphasised that ACAMH continued to be transparent about its finances. If any member had questions, they should contact her, or Martin Pratt and they would be happy to answer them.

Mrs Megan Archer delivered a financial report on behalf of the Treasurer for the year ended December 31, 2021. The figures presented were a summary of the figures found in the audited annual report and financial statement.



Income

	2021 £	2020 £
Membership	115,693	115,405
Conferences and Training	232,290	73,879
Publications	649,894	678,373
Other income	46,159	75,748
Total Income	£1,044,036	£943,405

Membership and publications income remained consistent between 2021 and 2020. Events income increased from £73,879 in 2020 to £232,290 in 2021. This reflected a full year of online events in 2021, compared with the transition from face-to-face events to online in 2020. Other income fell from £75,748 to £46,159. The financial impact of COVID on tenants resulted in them giving up their leases. This loss of income was offset by funding transferred to ACAMH from CAIPDN, a group of psychiatrists supporting children with intellectual disabilities. This group, led by ACAMH's Director of CPD and Training, Dr Mark Lovell, joined ACAMH as a new special interest group in the year.

Expenditure

	2021 £	2020 £
Membership	42,121	46,650
Conferences and Training	155,196	182,979
Resources and education	257,430	209,770
Publications	483,002	417,546
Total expenditure	£937,749	£856,945

Expenditure reported for each activity included both direct costs for ACAMH's activities and an allocation of overheads. Expenditure on events decreased from £182,979 in 2020 to £155,196 in 2021 despite a full year of online events in 2021. This change was a combination of the move from face-to-face events to online but also reflected the change in staffing levels of the events team. Publications costs increased from £417,546 to £483,002 and included costs associated with the new journal JCPP Advances. Resources and education costs increased from £209,770 to £257,430, reflecting an increase in the amount of free resource being made available on the website.



Net income

	2021 £	2020 £
Income	1,044,036	943,405
Expenditure	(937,749)	(856,945)
Investment gains/(losses)	13,031	149
Net income	£119,318	£86,609

Balance sheet

	2021 £	2020 £
Fixed assets and investments	1,231,352	1,255,662
Debtors	168,959	99,301
Cash and short-term investments	1,565,458	1,475,172
Creditors	(105,387)	(89,071)
	£2,860,382	£2,741,064

Total reserves at the end of 2021 were £2,860,382. Fixed assets of £1,231,352 included ACAMH's building in Union Street, London. Debtors of £168,959 included the final instalment of 2021 income from ACAMH's publishers which was calculated and received after the year end.

Reserves

	2021 £	2020 £
Unrestricted	1,178,042	1,056,795
Designated	1,631,165	1,652,411
Restricted	51,575	31,858
Total reserves	£2,860,382	£2,741,064

Restricted reserves of £51,575 included funding transferred on the creation of the CAIDPN special interest group and funding for the creation of an online research methodology course. Designated funds of £1,631,165 included provision for the funding of ACAMH Learn and maintenance of the building. Also included in designated funds was the value of ACAMH's building as this amount was not freely available to spend.



5. **CEO's report**

Mr Martin Pratt delivered a report on ACAMH's activities during 2021. He commented on the number of members joining the AGM from outside the UK, including, amongst others, members from Malta, Egypt, Cambodia, Belgium, and Pakistan. He reflected that this was a change and paid tribute to Dr Anula Nikapota, a former International Officer who was committed to supporting staff and services in lower and middle-income countries. He welcomed Dr Cornelius Ani and Dr Soumitra Datta who would each be taking up the mantle of International Officer.

He thanked ACAMH's staff and board members, the editors and editors-in-chief of ACAMH's journals and the members of the branch committees for their time and expertise.

He then introduced a short video giving a summary of ACAMH's activities and achievements in 2021.

6. **The Adverse Childhood Experiences Special Interest Group**

Professor Arnon Bentovim reported on the initiation of the Adverse Childhood Experiences Special Interest group. The group was established to help integrate, and increase the understanding of, the complex nature of adversity in childhood and the implication for practitioners. The group and the forum are completely free and can be joined by colleagues from around the world. A monthly newsletter had been developed including a review of research on adverse childhood experiences. A monthly programme of free seminars had been begun and a collaborative training course of trauma and looked after children was going to be delivered in April 2023.

7. **ACAMH Learn**

Dr. Guido Entenberg provided an update on the progress of ACAMH's learning portal. A working team had been set up including himself, members of staff and Douglas Badenoch from Minervation. The team had been working on gathering information about the needs and interests of future users of the portal. Discussion about the topics, style, and content of the resources to be created and the process that will be used to produce, review, and index this content were ongoing. A framework had been created to develop content for each topic and a process for contacting potential speakers had been developed. A video production company had been commissioned to ensure videos were of good quality. Production of the first videos was expected to take place by the end of 2022.

8. **ACAMH International**

A presentation was made by Dr Cornelius Ani and Dr Soumitra Datta, newly appointed International Officers. ACAMH offers free membership to professionals in low-income countries as identified by OECD classification. Important because it allows professionals in these countries to access ACAMH content and journals.



Dr Ani had started working with colleagues in the African Association of Child and Adolescent Mental Health to raise awareness of ACAMH and its work.

There was a plan to develop locally applicable evidence-based activities in low- and middle-income countries. Many of the evidence practices and approaches used in developed countries may not be deliverable in many of these countries, where there may only be one practicing psychiatrist or psychologist to a million members of the population. Work is being done to think about how these practices could be better applied to low- and middle-income countries.

The ACAMH India hub was launched in October 2021, with a successful inaugural event featuring speakers from both the UK and India. 2022 events included an event on 'The future of CAMHS - exploring a career in child and adolescent mental health', followed by a second meeting on Paediatric Psychopharmacology, with participants from around the World joining the meeting.

9. ACAMH Publications

Professor Edmund Sonuga-Barke delivered an update on ACAMH's three journals. The journals operated in an increasingly crowded and competitive market and in an uncertain publishing environment with a strong push towards open access. The ACAMH portfolio of complementary titles was well positioned to meet those challenges. The focus was on appointing the brightest and best editors from around the world and providing the highest quality offer possible to authors, reviewers, and readers.

JCPP, the flagship journal, continued in its aim to publish the highest quality clinically relevant research. 2021 there were 773 submissions with 165 papers published, including editorials and commentaries. There were 1.9m downloads during that year. The most highly cited paper was on the impact on adolescent mental health in the digital age. The impact factor for 2021 was 8.265 and the journal continued to be one of the top journals in its field. There was a special issue on "Genetics and Genomics of Autism Spectrum Disorders". The international editorial group had increased to 21 and there had been an expansion in the use of editorial perspectives and commentaries.

JCPP Advances was published for the first time in 2021 and was perhaps the most exciting event in the year. The journal is an important element of the strategy to respond to the challenges of open access. It is a fully gold open access journal and was an extraordinary success, much of which was down to the editor in chief Professor Henrik Larsson. It published 21 papers in 2021 and top three cited papers in the period were on COVID. The journal was indexed in DOAJ and applications made for indexing on PubMedCentral and American Psychological Association's PsyncINFO database. A Special Issue section on "Physical Health of Children and Adolescents with Mental Disorders" was published. Citations for papers were growing with the top 5 gaining an average of 19 citations each.



CAMH plays a vital part in the portfolio with an aim of fostering evidence based clinical practice and clinically oriented research among clinicians and mental health services researchers. It is led by Professor Bernadka Dubicka and had undergone a renaissance under her leadership. There were 402 submissions in 2021 with 85 papers published and nearly half a million downloads. Mainly UK based in the past it is now looking more broadly across the world. The top cited paper focussed on loneliness and there had been an increase in the number of review papers published. The impact factor for 2021 had increased to over 4 and CAMH focussed on topical issues such as the climate crisis and mental health. The debate section which allows for many perspectives, including those from service users, had proven popular with readers and they counted amongst the most highly downloaded papers.

Professor Sonuga-Barke paid tribute to the hard work of the publications team, the editors and the reviewers and thanked them and the Board for their support on behalf of the Editors in chief.

10. **Questions from Members**

Members were invited to ask questions. Questions discussed included:

How often are news releases sent out by ACAMH on publication of a paper? Professor Edmund Sonuga-Barke commented that this was an area where ACAMH could be stronger, - but it could be difficult in terms of working with universities comms teams. Matthew Kempen, ACAMH Marketing Manager, explained that Wiley, ACAMH's publisher, oversees media activities and they would coordinate with universities if there was a paper that was likely to be of interest in the mainstream media. ACAMH supported the dissemination of the research through podcasts and blogs and social media.

Was it ACAMH policy to continue to offer free membership to those who have left Branch committees? Mrs Megan Archer explained that this was not the case and if someone were still receiving free membership and was no longer on a committee, they should get in touch with her.

Could ACAMH produce a family guide to mental health titles and responsibilities? Dr Mark Lovell responded that it may be possible to create something on the website along the lines of ACAMH's topic guides. One of the challenges would be the number of titles that existed for people doing the same job. And people having the same title but having different roles.

11. **Any other business**

There being no further business, the meeting ended at 2.15 pm.