



# ADHD in the Classroom

Because students with ADHD may experience difficulties with attention, organisation, impulse control, emotional regulation, and sustaining effort over time, they are more likely to experience:

- incomplete homework
- academic underachievement
- classroom disruption
- difficulties with peer relationships
- organisational challenges

*Research suggests that school environments can significantly influence outcomes for students with ADHD*

## What actually helps?

### Evidence-Based Classroom Supports

#### Behavioural Classroom Management

Use positive reinforcement systems, such as Daily Report Cards, to increase engagement and support on-task behaviour.

#### Organisational Skills Support

Teach students structured systems for managing homework, materials, and planning tasks.

#### Classroom Accommodations

Break assignments into smaller, manageable steps and provide clear, structured instructions.

#### School-Family Collaboration

Create consistent goals and communication between parents and teachers to support the student across settings.



*Book your place now for "ADHD in the Classroom: Accommodations and Behavioural Supports" with Dr Erin Schoenfelder Gonzalez*