



The Association
for Child and Adolescent
Mental Health

Regulating Social Media Use in Children and Young People: What Is Actually Being Debated?

Should children under 16 be kept off social media? A recent debate in *Child and Adolescent Mental Health* brought together a range of authors to consider the question, drawing on different perspectives and areas of evidence

"The burden of proof should lie with definitive evidence of its safety"

Skinner & Foljambe

"The complexity of determining causality should not delay action"

Wesley-Smith & Fleming

"Universal bans risk undermining potential benefits while being difficult to enforce"

Redlich et al.

"Prohibition alone is unlikely to be effective"

Champion et al.

"Blanket bans fail to address unsafe design features"

Fatt & Fardouly

Upcoming Debate:
Regulating Social Media Use in Children &
Young People – Are bans justified?

[Click here](#) to register for
the Debate